

# Results for Scottish Junior Cup R3 - Anagach Woods - 19 Sep 2021 - Provisional

## Short Brown

6.8km 170m

Pos	Name	Club	Age	Time	Behind	Award	1 162	2 154	3 163	4 175	5 164	6 189	7 152	8 161	9 156	10 159	11 165	12 151	13 185	F
			Class				L T	L T	L T	L T	L T	L T	L T	L T	L T	L T	L T	L T	L T	L T
1st	Joel Gooch	MAROC	M18	57:57		Short Brown standard	2:04 5th 2:04 5th	1:59 2nd 4:03 3rd	3:18 2nd 7:21 2nd	10:24 2nd 17:45 1st	1:48 2nd 19:33 1st	4:30 2nd 24:03 1st	4:48 2nd 28:51 1st	4:17 1st= 33:08 1st	4:38 1st= 37:46 1st	6:00 1st 43:46 1st	2:33 3rd 46:19 1st	3:35 4th 49:54 1st	5:57 1st 55:51 1st	2:06 3rd 57:57 1st
2nd	Angus Ivory	INT	M18	61:02	+3:05	Short Brown standard	1:41 2nd= 1:41 2nd=	4:00 5th 5:41 5th	4:15 4th 9:56 4th	10:02 1st 19:58 3rd	1:32 1st 21:30 3rd	4:56 3rd 26:26 3rd	4:30 1st 30:56 3rd	4:17 1st= 35:13 3rd	4:38 1st= 39:51 3rd	6:20 2nd 46:11 2nd	2:31 2nd 48:42 2nd	3:27 2nd 52:09 2nd	6:55 3rd 59:04 2nd	1:58 2nd 61:02 2nd
3rd	Finlay Raynor	INVOC	M18	62:44	+4:47	Short Brown standard	1:41 2nd= 1:41 2nd=	2:04 3rd 3:45 2nd	3:16 1st 7:01 1st	10:50 3rd 17:51 2nd	2:07 3rd 19:58 2nd	4:28 1st 24:26 2nd	4:54 3rd 29:20 2nd	4:21 3rd 33:41 2nd	5:07 3rd 38:48 2nd	7:42 4th 46:30 3rd	2:52 4th 49:22 3rd	3:34 3rd 52:56 3rd	7:51 4th 60:47 3rd	1:57 1st 62:44 3rd
4th	Oscar Shepherd	INVOC	M18	70:15	+12:18	Short Brown standard	1:48 4th 1:48 4th	2:17 4th 4:05 4th	3:48 3rd 7:53 3rd	13:42 5th 21:35 4th	2:09 4th 23:44 4th	6:25 4th 30:09 4th	5:11 4th 35:20 4th	6:40 4th 42:00 4th	5:40 4th 47:40 4th	7:38 3rd 55:18 4th	2:25 1st 57:43 4th	3:25 1st 61:08 4th	6:44 2nd 67:52 4th	2:23 4th 70:15 4th
	Ewan Musgrave	MAROC	M18	rtd			1:30 1st 1:30 1st	1:50 1st 3:20 1st	7:39 5th 10:59 5th	11:17 4th 22:16 5th										

Short Brown standard: 86:56

## Blue

5.825km 165m

Pos	Name	Club	Age	Time	Behind	Award	1 155	2 154	3 167	4 151	5 175	6 171	7 170	8 161	9 172	10 166	11 168	F
							L T	L T	L T	L T	L T	L T	L T	L T	L T	L T	L T	L T
			Class															
1st	Adam Barrie	MAROC	M16	45:55		Blue standard	2:12 3rd 2:12 3rd	3:27 2nd 5:39 2nd	2:22 1st 8:01 2nd	5:41 2nd 13:42 2nd	5:29 1st 19:11 2nd	5:03 2nd 24:14 2nd	4:13 1st 28:27 2nd	3:25 1st 31:52 2nd	4:22 1st 36:14 1st	5:49 2nd 42:03 2nd	2:09 3rd 44:12 2nd	1:43 1st 45:55 1st
2nd	James Hammond	FVO	M16	46:26	+0:31	Blue standard	1:31 1st 1:31 1st	3:09 1st 4:40 1st	3:18 4th 7:58 1st	5:12 1st 13:10 1st	5:32 2nd 18:42 1st	4:56 1st 23:38 1st	4:17 2nd 27:55 1st	3:37 2nd 31:32 1st	4:43 2nd 36:15 2nd	5:42 1st 41:57 1st	1:58 1st 43:55 1st	2:31 7th 46:26 2nd
3rd	Jonas Newey	MAROC	M16	58:15	+12:20	Blue standard	2:45 4th= 2:45 4th=	6:03 7th 8:48 5th	2:39 2nd 11:27 4th	6:01 3rd 17:28 4th	5:33 3rd 23:01 3rd	6:25 3rd 29:26 3rd	5:07 3rd 34:33 3rd	4:32 3rd 39:05 3rd	8:31 7th 47:36 3rd	6:27 3rd 54:03 3rd	2:19 4th 56:22 3rd	1:53 2nd 58:15 3rd
4th	Sam Hunt	FVO	M16	61:01	+15:06	Blue standard	2:10 2nd 2:10 2nd	3:58 3rd 6:08 3rd	2:54 3rd 9:02 3rd	7:23 5th 16:25 3rd	7:30 5th 23:55 4th	7:35 5th 31:30 4th	5:34 4th 37:04 4th	5:07 4th 42:11 4th	6:48 3rd 48:59 4th	6:58 4th 55:57 4th	2:37 5th 58:34 4th	2:27 5th= 61:01 4th
5th	Michael Bishenden	MOR	M16	73:18	+27:23		4:42 8th 4:42 8th	4:12 4th 8:54 6th	3:43 6th 12:37 6th	7:07 4th 19:44 5th	7:15 4th 26:59 5th	7:16 4th 34:15 5th	12:39 8th 46:54 5th	5:21 6th 52:15 5th	6:55 4th 59:10 5th	8:35 5th 67:45 5th	3:30 8th 71:15 5th	2:03 3rd 73:18 5th
6th	Fiona Eades	INT	W18	82:25	+36:30		3:06 6th 3:06 6th	4:58 5th 8:04 4th	4:04 7th 12:08 5th	9:43 6th 21:51 6th	13:01 6th 34:52 6th	7:54 6th 42:46 6th	8:28 6th 51:14 6th	8:20 7th 59:34 6th	7:28 5th 67:02 6th	9:21 6th 76:23 6th	2:50 6th 79:13 6th	3:12 8th 82:25 6th
7th	Callum Hudson	INVOC	M18	83:45	+37:50		4:14 7th 4:14 7th	5:59 6th 10:13 7th	4:20 8th 14:33 7th	10:12 7th 24:45 7th	13:22 7th 38:07 7th	9:36 7th 47:43 7th	9:08 7th 56:51 7th	5:16 5th 62:07 7th	7:31 6th 69:38 7th	9:54 7th 79:32 7th	2:06 2nd 81:38 7th	2:07 4th 83:45 7th
8th	Ben Polwart	FVO	M18	128:11	+82:16		2:45 4th= 2:45 4th=	14:35 8th 17:20 8th	3:42 5th 21:02 8th	22:25 8th 43:27 8th	18:16 8th 61:43 8th	20:42 8th 82:25 8th	7:57 5th 90:22 8th	12:34 8th 102:56 8th	8:34 8th 111:30 8th	10:51 8th 122:21 8th	3:23 7th 125:44 8th	2:27 5th= 128:11 8th

Blue standard: 68:53

# Light Green

3.9km 115m

Pos	Name	Club	Age	Time	Behind	Award	1 173	L	T	2 157	L	T	3 174	L	T	4 176	L	T	5 179	L	T	6 180	L	T	7 159	L	T	8 172	L	T	9 151	L	T	10 165	L	T	11 184	L	T	12 185	L	T	13 168	L	T	F	L	T
Class																																																
1st	Finlay McLuckie	MOR	M14	35:21		Light Green standard	1:36	1st		2:14	1st		2:08	4th		1:58	4th		1:34	2nd		3:10	1st		1:27	1st		3:04	1st		6:01	10th=		4:16	2nd		2:18	2nd		2:45	2nd		0:59	5th		1:51	2nd	
							1:36	1st		3:50	1st		5:58	1st		7:56	1st		9:30	1st		12:40	1st		14:07	1st		17:11	1st		23:12	1st		27:28	1st		29:46	1st		32:31	1st		33:30	1st		35:21	1st	
2nd	Finn Selmer Duguid	TAY	M14	41:12	+5:51	Light Green standard	1:59	2nd		4:23	19th		2:05	3rd		1:52	2nd=		1:40	4th=		3:40	3rd=		1:55	6th		3:31	3rd		3:43	1st		3:24	1st		2:11	1st		8:16	13th=		0:49	2nd		1:44	1st	
							1:59	2nd		6:22	8th		8:27	5th		10:19	3rd		11:59	3rd		15:39	3rd		17:34	3rd		21:05	3rd		24:48	2nd		28:12	2nd		30:23	2nd		38:39	2nd		39:28	2nd		41:12	2nd	
3rd	Laurence Ward	INT	M14	41:47	+6:26	Light Green standard	2:15	5th		2:19	2nd		1:44	1st		1:50	1st		1:26	1st		3:30	2nd		2:58	16th		3:56	4th=		5:53	9th		5:46	8th		4:16	17th		3:01	3rd		0:50	3rd		2:03	6th	
							2:15	5th		4:34	2nd		6:18	2nd		8:08	2nd		9:34	2nd		13:04	2nd		16:02	2nd		19:58	2nd		25:51	3rd		31:37	3rd		35:53	3rd		38:54	3rd		39:44	3rd		41:47	3rd	
4th	Ellie Darlow	RR	W14	46:48	+11:27	Light Green standard	2:30	7th		2:50	6th		3:15	9th		2:20	7th		2:00	8th		4:19	8th		2:25	12th		4:19	8th		6:13	13th=		6:09	10th=		3:18	10th		3:19	5th		1:08	10th		2:43	15th	
							2:30	7th		5:20	3rd		8:35	6th		10:55	5th		12:55	5th		17:14	4th		19:39	4th		23:58	4th		30:11	4th		36:20	5th		39:38	5th		42:57	4th		44:05	4th		46:48	4th	
5th	Ruth Gooch	MAROC	W14	48:24	+13:03	Light Green standard	2:09	3rd		4:00	17th		2:17	5th		3:48	20th		2:24	16th		4:33	9th		1:54	4th=		5:05	10th=		4:19	2nd		5:16	5th		3:14	8th=		6:35	11th		0:52	4th		1:58	3rd	
							2:09	3rd		6:09	7th		8:26	4th		12:14	8th		14:38	8th		19:11	5th		21:05	5th=		26:10	7th		30:29	5th		35:45	4th		38:59	4th		45:34	5th		46:26	5th		48:24	5th	
6th	Rory Black	INVOC	M14	50:23	+15:02	Light Green standard	2:36	8th		2:45	4th		1:58	2nd		3:19	15th		1:44	6th		13:12	21st		2:24	11th		3:59	6th		5:06	3rd		5:08	3rd		2:32	3rd		2:36	1st		1:03	7th=		2:01	4th=	
							2:36	8th		5:21	4th		7:19	3rd		10:38	4th		12:22	4th		25:34	13th		27:58	12th		31:57	10th		37:03	10th		42:11	9th		44:43	9th		47:19	7th		48:22	7th		50:23	6th	
7th	Ruari Cottier	ECKO	M14	50:40	+15:19	Light Green standard	2:29	6th		2:54	7th=		3:22	10th		2:21	8th		2:10	12th		6:20	14th		1:46	2nd		6:16	12th		5:18	4th		6:04	9th		3:14	8th=		3:21	6th		2:37	21st		2:28	12th=	
							2:29	6th		5:23	5th		8:45	7th		11:06	6th		13:16	6th		19:36	8th		21:22	7th		27:38	8th		32:56	8th		39:00	8th		42:14	8th		45:35	6th		48:12	6th		50:40	7th	
8th	Ranolph Whitehead	MAROC	M14	53:25	+18:04	Light Green standard	3:33	16th		2:57	9th		3:07	8th		2:29	9th=		2:07	10th		5:08	11th		2:04	8th		4:32	9th		5:34	6th		6:48	15th		2:50	5th		8:23	15th		1:04	9th		2:49	16th=	
							3:33	16th		6:30	10th		9:37	9th		12:06	7th		14:13	7th		19:21	7th		21:25	8th		25:57	6th		31:31	6th		38:19	7th		41:09	6th		49:32	8th		50:36	8th		53:25	8th	
9th	Sophie Howard	MOR	W14	53:31	+18:10	Light Green standard	2:48	9th		7:43	23rd		3:04	6th=		3:45	19th		2:38	18th		5:11	12th		2:09	9th=		3:28	2nd		6:01	10th=		6:41	14th		3:21	12th		3:14	4th		1:23	15th		2:05	7th	
							2:48	9th		10:31	20th		13:35	14th		17:20	12th		19:58	14th		25:09	11th		27:18	11th		30:46	9th		36:47	9th		43:28	11th		46:49	11th		50:03	9th		51:26	9th		53:31	9th	
10th	Jamie Connor	FVO	M14	56:58	+21:37	Light Green standard	6:52	21st		2:54	7th=		5:29	17th		2:15	6th		2:11	13th=		4:11	7th		3:20	17th		6:40	15th		5:47	8th		6:36	13th		2:54	6th=		4:40	10th		1:02	6th		2:07	8th	
							6:52	21st		9:46	19th		15:15	15th		17:30	13th		19:41	13th		23:52	10th		27:12	10th		33:52	13th		39:39	12th		46:15	12th		49:09	12th		53:49	10th		54:51	10th		56:58	10th	
11th	Iona Scott	INVOC	W14	59:07	+23:46	Light Green standard	3:18	13th		3:59	16th		3:40	12th		2:46	12th		1:40	4th=		3:50	5th		1:52	3rd		4:15	7th		7:11	17th		5:14	4th		3:34	15th		14:35	18th		1:03	7th=		2:10	9th	
							3:18	13th		7:17	13th		10:57	11th		13:43	10th		15:23	9th		19:13	6th		21:05	5th=		25:20	5th		32:31	7th		37:45	6th		41:19	7th		55:54	11th		56:57	11th		59:07	11th	
12th	Scarlett Kelly	FVO	W14	60:44	+25:23	Light Green standard	2:10	4th		3:18	10th		3:25	11th		15:04	21st		2:19	15th		6:52	15th		2:09	9th=		3:56	4th=		5:37	7th		5:44	7th		2:48	4th		3:55	7th		1:09	11th		2:18	11th	
							2:10	4th		5:28	6th		8:53	8th		23:57	21st		26:16	20th		33:08	19th		35:17	19th		39:13	15th		44:50	15th		50:34	14th		53:22	13th		57:17	12th		58:26	12th		60:44	12th	
13th	Blair Hudson	INVOC	M14	62:42	+27:21		6:19	20th		2:35	3rd		6:56	19th		1:52	2nd=		1:37	3rd		3:40	3rd=		1:59	7th		7:01	19th		5:26	5th		5:26	6th		3:31	14th		13:35	17th		0:44	1st		2:01	4th=	
							6:19	20th		8:54	18th		15:50	17th		17:42	14th		19:19	12th		22:59	9th		24:58	9th		31:59	11th		37:25	11th		42:51	10th		46:22	10th		59:57	13th		60:41	13th		62:42	13th	
14th	Louis Chapoy	FVO	M16	65:53	+30:32		14:23	23rd		2:47	5th		3:04	6th=		2:14	5th		2:09	11th		3:55	6th		1:54	4th=		6:48	17th=		6:22	15th		6:50	16th		3:19	11th		8:00	12th		1:19	14th		2:49	16th=	
							14:23	23rd		17:10	23rd		20:14	22nd		22:28	18th		24:37	18th		28:32	15th		30:26	14th		37:14	14th		43:36	14th		50:26	13th		53:45	14th		61:45	14th		63:04	14th		65:53	14th	
15th	Rebecca Hammond	FVO	W14	69:10	+33:49		3:07	12th		3:29	12th		9:43	22nd		2:52	13th		2:02	9th		4:53	10th		2:28	13th		5:05	10th=		7:39	18th		15:53	21st		2:54	6th=		4:08	8th		2:02	19th		2:55	19th	
							3:07	12th		6:36	11th		16:19	19th		19:11	16th		21:13	15th		26:06	14th		28:34	13th		33:39	12th		41:18	13th		57:11	16th		60:05	16th		64:13	15th		66:15	15th		69:10	15th	
16th	Rosie McNamara	AYROC	W14	77:52	+42:31		4:14	18th		3:32	14th		3:48	13th		2:29	9th=		2:11	13th=		9:01	19th		7:33	21st		7:54	20th		8:50	21st		6:09	10th=		3:24	13th		15:18	19th		1:14	12th=		2:15	10th	

Green

4.975km 155m

Pos	Name	Club	Age	Time	Behind	Award	1 157	L	T	2 154	L	T	3 185	L	T	4 163	L	T	5 151	L	T	6 171	L	T	7 170	L	T	8 172	L	T	9 159	L	T	10 165	L	T	11 166	L	T	12 168	L	T	F	L	T
							Class																																						
1st	Isobel Howard	MOR	W16	44:27		Green standard	3:10	2nd		1:29	1st		3:05	1st		2:53	1st		5:13	1st		6:00	1st		5:42	1st		3:01	1st		2:45	1st		2:26	1st		3:15	3rd		2:34	2nd		2:54	5th	
							4:39	1st		7:44	1st		10:37	1st		15:50	1st		21:50	1st		27:32	1st		30:33	1st		33:18	1st		35:44	1st		38:59	1st		41:33	1st		44:27	1st		2:36	3rd=	
2nd	Alice Kemsley	BASOC	W16	51:00	+6:33	Green standard	3:06	1st		1:42	2nd		3:24	2nd		3:13	2nd		7:34	3rd		6:52	2nd		5:47	2nd		3:28	2nd		3:31	3rd		2:53	2nd		3:53	6th		3:01	4th		2:36	3rd=	
							3:06	1st		4:48	2nd		8:12	2nd		11:25	2nd		18:59	2nd		25:51	2nd		31:38	2nd		35:06	2nd		38:37	2nd		41:30	2nd		45:23	2nd		48:24	2nd		51:00	2nd	
3rd	Faith Kenyon	MOR	W16	56:36	+12:09	Green standard	4:03	3rd		2:14	3rd		3:54	3rd		4:18	4th		7:50	4th		8:09	4th		6:06	3rd		4:03	4th		4:14	4th		3:11	4th		3:06	2nd		2:52	3rd		2:36	3rd=	
							4:03	3rd		6:17	3rd		10:11	3rd		14:29	3rd		22:19	3rd		30:28	3rd		36:34	3rd		40:37	3rd		44:51	3rd		48:02	3rd		51:08	3rd		54:00	3rd		56:36	3rd	
4th	Daisy McNamara	AYROC	W16	62:06	+17:39	Green standard	4:05	4th		3:05	5th		14:09	10th		3:14	3rd		6:54	2nd		7:15	3rd		6:07	4th		4:07	5th		2:52	2nd		3:02	3rd		2:55	1st		2:13	1st		2:08	1st	
							4:05	4th		7:10	4th		21:19	8th		24:33	7th		31:27	6th		38:42	4th		44:49	4th		48:56	4th		51:48	4th		54:50	4th		57:45	4th		59:58	4th		62:06	4th	
5th	Ida Oikkonen	MOR	W16	79:24	+34:57	Green standard	6:05	8th		5:18	8th		5:06	5th		6:28	6th		12:52	8th		11:11	6th=		8:34	6th		3:57	3rd		5:50	6th		3:43	5th		3:36	5th		3:44	6th		3:00	6th	
							6:05	8th		11:23	8th		16:29	7th		22:57	6th		35:49	7th		47:00	7th		55:34	7th		59:31	7th		65:21	6th		69:04	6th		72:40	5th		76:24	5th		79:24	5th	
6th	Lucy Hensman	FVO	W16	80:08	+35:41		5:40	7th		4:16	7th		4:53	4th		6:36	7th		9:24	5th		10:31	5th		9:27	7th		5:06	6th		7:27	8th		5:00	8th=		5:34	7th		3:50	7th		2:24	2nd	
							5:40	7th		9:56	7th		14:49	6th		21:25	5th		30:49	5th		41:20	5th		50:47	5th		55:53	5th		63:20	5th		68:20	5th		73:54	6th		77:44	7th		80:08	6th	
7th	Eilidh Simpson	INVOC	W16	80:45	+36:18		5:23	6th		2:50	4th		5:29	6th		11:26	9th		12:05	7th		11:32	8th		8:01	5th		5:13	7th		5:09	5th		3:48	6th		3:34	4th		3:13	5th		3:02	7th	
							5:23	6th		8:13	6th		13:42	5th		25:08	8th		37:13	8th		48:45	8th		56:46	8th		61:59	8th		67:08	8th		70:56	8th		74:30	7th		77:43	6th		80:45	7th	
8th	Andrew Twigg	FVO	M16	84:45	+40:18		4:45	5th		3:11	6th		5:32	7th=		6:09	5th		10:14	6th		12:29	9th		11:20	8th		5:47	8th		6:13	7th		4:23	7th		5:44	8th		4:47	8th		4:11	10th	
							4:45	5th		7:56	5th		13:28	4th		19:37	4th		29:51	4th		42:20	6th		53:40	6th		59:27	6th		65:40	7th		70:03	7th		75:47	8th		80:34	8th		84:45	8th	
9th	Heidi Elise Eik Maxwell	FVO	W18	123:48	+79:21		10:32	10th		15:58	10th		5:32	7th=		15:10	10th		14:13	9th		11:11	6th=		15:40	10th		6:06	9th		8:02	9th		5:00	8th=		7:24	9th		5:05	9th		3:55	9th	
							10:32	10th		26:30	10th		32:02	10th		47:12	10th		61:25	10th		72:36	9th		88:16	9th		94:22	9th		102:24	9th		107:24	9th		114:48	9th		119:53	9th		123:48	9th	
10th	Kirsten Robertson	CLYDE	W18	134:34	+90:07		8:39	9th		12:52	9th		8:34	9th		9:14	8th		19:58	10th		17:28	10th		14:17	9th		7:01	10th		10:00	10th		7:11	10th		8:42	10th		7:02	10th		3:36	8th	
							8:39	9th		21:31	9th		30:05	9th		39:19	9th		59:17	9th		76:45	10th		91:02	10th		98:03	10th		108:03	10th		115:14	10th		123:56	10th		130:58	10th		134:34	10th	

Green standard: 79:24










Orange

3.275km 135m

Pos	Name	Club	Age	Time	Behind	Award	1 186		2 187		3 157		4 177		5 178		6 179		7 181		8 188		9 182		10 165		11 184		12 183		13 150		F	
			Class				L	T	L	T	L	T	L	T	L	T	L	T	L	T	L	T	L	T	L	T	L	T	L	T	L	T	L	T
1st	Alexander Hunt	FVO	M12	48:28		Orange standard	4:11	3rd	2:48	4th	2:47	7th	2:19	12th	3:09	7th	4:29	8th	5:08	9th	4:12	7th	2:56	4th	4:13	5th	6:08	11th	3:26	5th	1:07	7th=	1:35	10th=
							4:11	3rd	6:59	2nd	9:46	1st	12:05	2nd	15:14	2nd	19:43	2nd	24:51	2nd	29:03	1st	31:59	1st	36:12	1st	42:20	1st	45:46	1st	46:53	1st	48:28	1st
2nd	Douglas McDonald	INVOC	M12	48:45	+0:17	Orange standard	12:44	14th	3:17	5th=	3:09	8th	1:44	8th	2:59	5th	4:07	7th	3:16	5th	4:21	9th	1:58	1st	3:30	2nd	2:53	1st=	2:34	2nd	0:52	1st	1:21	6th=
							12:44	13th	16:01	8th	19:10	8th	20:54	8th	23:53	7th	28:00	8th	31:16	7th	35:37	6th	37:35	5th	41:05	4th	43:58	3rd	46:32	2nd	47:24	2nd	48:45	2nd
3rd	Matthew Inman	FVO	M12	49:18	+0:50	Orange standard	2:16	1st	2:15	2nd	5:40	15th	1:42	6th	3:05	6th	3:41	6th	4:26	8th	7:28	16th	3:00	6th	3:47	3rd	5:27	9th	3:46	9th	1:10	10th=	1:35	10th=
							2:16	1st	4:31	1st	10:11	2nd	11:53	1st	14:58	1st	18:39	1st	23:05	1st	30:33	2nd	33:33	2nd	37:20	2nd	42:47	2nd	46:33	3rd	47:43	3rd	49:18	3rd
4th	Henrik Borrowman	INVOC	M12	50:33	+2:05	Orange standard	5:26	5th	11:45	16th	2:15	4th	1:31	2nd	3:26	8th	3:25	5th	2:47	3rd	3:28	5th	3:12	7th	4:39	8th	3:08	4th	3:01	3rd	1:09	9th	1:21	6th=
							5:26	5th	17:11	9th=	19:26	9th	20:57	9th	24:23	9th	27:48	7th	30:35	5th	34:03	5th	37:15	4th	41:54	5th	45:02	4th	48:03	4th	49:12	4th	50:33	4th
5th	Rachael Scott	INVOC	W12	57:37	+9:09	Orange standard	11:00	11th	1:53	1st	1:46	1st	1:06	1st	8:11	17th	2:52	1st	7:15	13th	3:46	6th	7:48	16th	4:27	6th	2:53	1st=	2:24	1st	0:57	3rd	1:19	4th=
							11:00	10th	12:53	7th	14:39	5th	15:45	4th	23:56	8th	26:48	5th	34:03	9th	37:49	9th	45:37	9th	50:04	9th	52:57	9th	55:21	6th	56:18	6th	57:37	5th
6th	Anna Howard	MOR	W12	58:00	+9:32	Orange standard	14:26	15th	8:36	13th	1:59	2nd=	1:43	7th	2:53	3rd	2:58	3rd	2:45	2nd	3:17	3rd	4:23	11th=	4:28	7th	3:56	7th	3:21	4th	1:20	13th	1:55	13th
							14:26	14th	23:02	14th	25:01	13th	26:44	13th	29:37	11th	32:35	11th	35:20	10th	38:37	10th	43:00	8th	47:28	7th	51:24	6th	54:45	5th	56:05	5th	58:00	6th
7th	Evan Sime	INVOC	M12	59:28	+11:00	Orange standard	6:07	6th	3:40	7th	3:24	10th	2:25	13th	5:02	12th	5:01	9th	5:10	10th	6:02	13th	3:22	8th	5:24	11th	5:38	10th	4:28	11th	1:16	12th	2:29	15th
							6:07	6th	9:47	5th	13:11	3rd	15:36	3rd	20:38	4th	25:39	4th	30:49	6th	36:51	7th	40:13	7th	45:37	6th	51:15	5th	55:43	7th	56:59	7th	59:28	7th
8th	Calum Robertson	ESOC	M12	59:33	+11:05	Orange standard	5:10	4th	2:29	3rd	5:49	17th	2:30	14th	2:27	2nd	5:30	11th	3:42	7th	3:24	4th	3:25	9th	3:02	1st	14:37	18th	5:17	12th	0:54	2nd	1:17	3rd
							5:10	4th	7:39	4th	13:28	4th	15:58	5th	18:25	3rd	23:55	3rd	27:37	3rd	31:01	3rd	34:26	3rd	37:28	3rd	52:05	8th	57:22	8th	58:16	8th	59:33	8th
9th	Esme Kelly	FVO	W12	63:09	+14:41	Orange standard	8:31	9th	3:17	5th=	4:14	14th	1:57	9th	3:45	10th	8:29	17th	2:59	4th	4:20	8th	2:09	2nd	8:44	16th	3:38	5th	8:42	17th	1:05	5th	1:19	4th
							8:31	8th	11:48	6th	16:02	7th	17:59	7th	21:44	5th	30:13	9th	33:12	8th	37:32	8th	39:41	6th	48:25	8th	52:03	7th	60:45	9th	61:50	9th	63:09	9th
10th	Eilidh Connor	FVO	W12	66:15	+17:47	Orange standard	9:19	10th	8:50	14th	1:59	2nd=	1:40	5th	2:55	4th	2:56	2nd	2:41	1st	3:11	2nd	17:42	17th	5:18	9th=	3:40	6th	3:32	6th	1:07	7th=	1:25	9th
							9:19	9th	18:09	12th	20:08	10th	21:48	10th	24:43	10th	27:39	6th	30:20	4th	33:31	4th	51:13	11th	56:31	10th	60:11	10th	63:43	10th	64:50	10th	66:15	10th
11th	Sky Simpson	INVOC	W12	77:22	+28:54		16:10	17th	4:53	9th	3:59	13th	2:14	11th	8:06	16th	6:17	13th	7:37	16th	5:10	10th	2:59	5th	7:32	15th	6:13	12th	3:59	10th	1:01	4th	1:12	1st
							16:10	16th	21:03	13th	25:02	14th	27:16	14th	35:22	15th	41:39	15th	49:16	14th	54:26	14th	57:25	14th	64:57	14th	71:10	14th	75:09	11th	76:10	11th	77:22	11th
12th	Penny Capewell	INVOC	W14	80:07	+31:39		3:28	2nd	3:49	8th	7:38	18th	2:50	15th=	5:41	15th	6:49	14th	6:28	12th	8:31	17th	5:15	14th	6:50	14th	11:00	17th	7:29	16th	1:37	15th	2:42	17th
							3:28	2nd	7:17	3rd	14:55	6th	17:45	6th	23:26	6th	30:15	10th	36:43	11th	45:14	11th	50:29	10th	57:19	11th	68:19	11th	75:48	14th	77:25	12th	80:07	12th
13th	Matthew Black	INVOC	M12	80:20	+31:52		12:10	12th	5:01	11th	3:51	11th=	3:07	18th	5:40	14th	7:03	16th	7:34	15th	6:18	14th	4:23	11th=	5:43	12th	8:26	13th	6:04	15th	2:56	17th	2:04	14th
							12:10	11th	17:11	9th=	21:02	11th	24:09	11th	29:49	12th	36:52	12th	44:26	13th	50:44	12th=	55:07	12th=	60:50	12th	69:16	12th	75:20	12th	78:16	13th=	80:20	13th
14th	Grace Polwart	FVO	W14	80:28	+32:00		15:17	16th	8:04	12th	3:12	9th	2:13	10th	4:02	11th	5:25	10th	15:10	17th	5:53	12th	3:53	10th	3:49	4th	5:11	8th	5:57	13th	1:06	6th	1:16	2nd
							15:17	15th	23:21	15th	26:33	15th	28:46	15th	32:48	14th	38:13	14th	53:23	15th	59:16	15th	63:09	15th	66:58	15th	72:09	15th	78:06	15th	79:12	15th	80:28	14th
15th	Tara Black	INVOC	W50	80:55	+32:27		12:25	13th	4:55	10th	3:51	11th=	3:02	17th	5:38	13th	7:02	15th	7:32	14th	6:19	15th	4:24	13th	5:47	13th	8:28	14th	6:01	14th	2:52	16th	2:39	16th
							12:25	12th	17:20	11th	21:11	12th	24:13	12th	29:51	13th	36:53	13th	44:25	12th	50:44	12th=	55:08	13th	60:55	13th	69:23	13th	75:24	13th	78:16	13th=	80:55	15th
	Finlay Cottier	ECKO	M12	m1							2:41	6th	1:39	4th	2:11	1st	3:24	4th	3:21	6th	2:52	1st	2:51	3rd	5:18	9th=	3:04	3rd	7:54	7th	1:10	10th=	1:22	8th
											15:55		17:34		19:45		23:09		26:30		29:22		32:13		37:31		40:35		44:15		45:25		46:47	
	Malin Hayes	BASOC	W12	m7-9 m12			6:35	7th	24:44	18th	2:25	5th	1:33	3rd	8:56	18th	10:40	18th									9:26	16th					2:46	18th
							6:35	7th	31:19	16th	33:44	16th	35:17	16th	44:13	16th	54:53	16th							81:03		90:29						101:41	
	Rosie Burke	FVO	W14	m10			7:16	8th	10:17	15th	5:45	16th	13:31	19th	3:39	9th	6:08	12th	5:46	11th	5:44	11th	6:02	15th					3:42	8th	1:30	14th	1:37	12th
							7:16	n/c	17:33	n/c	23:18	n/c	36:49	n/c	40:28	n/c	46:36	n/c	52:22	n/c	58:06	n/c	64:08	n/c			98:25		102:07		103:37		105:14	
	Lana Kernahan	INVOC	W10	m7-9 m12			34:09	18th	17:32	17th	11:27	19th	2:50	15th=	9:18	19th	10:41	19th							112:37		8:58	15th					2:48	19th
							34:09	17th	51:41	17th	63:08	17th	65:58	17th	75:16	17th	85:57	17th									121:35						132:40	

7.1km 215m




Page 10

Pos	Name	Club	Age	Time	Behind	1 157		2 163		3 175		4 160		5 171		6 152		7 170		8 161		9 156		10 172		11 159		12 151		13 184		14 168		F			
						L	T	L	T	L	T	L	T	L	T	L	T	L	T	L	T	L	T	L	T	L	T	L	T	L	T	L	T	L	T	L	T
			Class			1st	2nd	3rd	1st	2nd	3rd	1st	2nd	3rd	1st	2nd	3rd	1st	2nd	3rd	1st	2nd	3rd	1st	2nd	3rd	1st	2nd	3rd	1st	2nd	3rd	1st	2nd	3rd		
1st	Will Hensman	     	FVO	M40	55:26	2:51	1st	4:23	3rd	9:32	1st	0:57	1st	4:16	1st	2:38	2nd	1:43	1st	3:37	3rd	3:47	1st=	5:23	4th	2:50	4th	5:07	1st	4:22	3rd	2:02	2nd	1:58	4th		
						2:51	1st	7:14	1st	16:46	1st	17:43	1st	21:59	1st	24:37	1st	26:20	1st	29:57	1st	33:44	1st	39:07	1st	41:57	1st	47:04	1st	51:26	1st	53:28	1st	55:26	1st		
2nd	Andrew Llewellyn		FVO	M21	55:42	+0:16	3:14	4th	4:08	1st	9:52	2nd	1:02	3rd	4:31	2nd	2:24	2nd	3:33	1st	3:47	1st=	5:00	2nd	2:46	3rd	5:21	2nd	4:17	2nd	2:24	5th	1:48	1st	1:44	1st	
							3:14	4th	7:22	3rd	17:14	2nd	18:16	2nd	22:47	2nd	25:21	2nd	27:26	2nd	30:59	2nd	34:46	2nd	39:46	2nd	42:32	2nd	47:53	2nd	52:10	2nd	53:58	2nd	55:42	2nd	
3rd	Daniel Gooch		MAROC	M50	58:00	+2:34	3:05	3rd	4:41	5th	10:15	3rd	1:00	2nd	5:00	3rd	2:51	4th	2:12	3rd	3:36	2nd	4:02	3rd	4:51	1st	5:44	3rd	4:14	1st	2:05	3rd	2:03	8th			
							3:05	3rd	7:46	4th	18:01	4th	19:01	3rd	24:01	3rd	26:52	3rd	29:04	3rd	32:40	3rd	36:42	3rd	41:33	3rd	43:54	3rd	49:38	3rd	53:52	3rd	55:57	3rd	58:00	3rd	
4th	Fraser Purves		FVO	M50	61:33	+6:07	3:02	2nd	4:17	2nd	10:28	4th	1:26	9th	5:10	4th	2:48	3rd	2:19	5th	3:56	4th	5:01	4th	5:19	3rd	2:40	2nd	6:01	4th	4:40	4th	2:24	5th	2:02	6th=	
							3:02	2nd	7:19	2nd	17:47	3rd	19:13	4th	24:23	4th	27:11	4th	29:30	4th	33:26	4th	38:27	4th	43:46	4th	46:26	4th	52:27	4th	57:07	4th	59:31	4th	61:33	4th	
5th	Dave Robertson		CLYDE	M55	69:06	+13:40	3:33	5th	6:20	13th	10:38	5th	1:29	11th=	5:48	7th	3:20	7th	2:35	7th	4:20	5th	5:17	6th	5:53	7th	3:06	6th	6:38	7th	5:18	6th	3:01	7th	1:50	2nd	
							3:33	5th	9:53	10th	20:31	6th	22:00	6th	27:48	6th	31:08	6th	33:43	5th	38:03	5th	43:20	5th	49:13	5th	52:19	5th	58:57	5th	64:15	5th	67:16	5th	69:06	5th	
6th	William Ivory		INT	M45	69:57	+14:31	3:34	6th	5:26	9th	13:41	10th	1:09	4th	5:36	5th	3:03	6th	2:15	4th	4:36	7th	5:30	8th	5:50	6th	3:20	9th	6:06	5th	4:51	5th	3:07	9th	1:53	3rd	
							3:34	6th	9:00	8th=	22:41	10th	23:50	9th	29:26	7th	32:29	7th	34:44	6th	39:20	6th	44:50	6th	50:40	6th	54:00	6th	60:06	6th	64:57	6th	68:04	6th	69:57	6th	
7th	Tim Darlow		RR	M45	73:27	+18:01	4:53	13th	6:21	14th	12:56	8th	1:20	6th	5:46	6th	3:21	8th	2:22	6th	4:35	6th	5:26	7th	6:16	8th	3:02	5th	6:34	6th	5:23	7th	3:06	8th	2:06	9th	
							4:53	13th	11:14	14th	24:10	12th	25:30	12th	31:16	11th	34:37	10th	36:59	10th	41:34	8th	47:00	8th	53:16	8th	56:18	7th	62:52	7th	68:15	7th	71:21	7th	73:27	7th	
8th	David Eades		INT	M50	75:11	+19:45	4:09	10th	4:38	4th	11:09	6th	1:29	11th=	6:01	8th	3:39	5th	5:21	14th	5:04	9th	5:08	5th	6:36	11th	3:18	8th	7:15	9th	6:09	11th	2:15	4th	3:00	14th	
							4:09	10th	8:47	6th	19:56	5th	21:25	5th	27:26	5th	31:05	5th	36:26	8th	41:30	7th	46:38	7th	53:14	7th	56:32	8th	63:47	8th	69:56	8th	72:11	8th	75:11	8th	
9th	Dan Whitehead		MAROC	M45	79:10	+23:44	4:36	12th	6:07	12th	11:23	7th	1:25	8th	6:49	10th	2:53	5th	3:02	10th	7:23	16th	7:14	13th	6:27	9th=	3:15	7th	7:20	11th	6:14	12th	3:00	6th	2:02	6th=	
							4:36	12th	10:43	12th	22:06	8th	23:31	8th	30:20	9th	33:13	8th	36:15	7th	43:38	10th	50:52	10th	57:19	10th	60:34	10th	67:54	10th	74:08	11th	77:08	9th	79:10	9th	
10th	Paul Hammond		FVO	M45	79:27	+24:01	3:45	8th	5:13	8th	13:00	9th	1:22	7th	6:32	9th	3:59	11th	2:50	8th	5:52	12th	5:56	10th	5:41	5th	4:00	12th	7:23	12th	5:41	8th	6:14	16th	1:59	5th	
							3:45	8th	8:58	7th	21:58	7th	23:20	7th	29:52	8th	33:51	9th	36:41	9th	42:33	9th	48:29	9th	54:10	9th	58:10	9th	65:33	9th	71:14	9th	77:28	11th	79:27	10th	
11th	Steven Scott	  	INVOC	M45	79:37	+24:11	3:36	7th	5:03	7th	13:59	11th	1:19	5th	6:54	11th	3:58	10th	3:50	11th	6:31	14th	5:45	9th	6:27	9th=	3:28	10th	7:18	10th	5:51	10th	3:21	11th	2:17	10th=	
							3:36	7th	8:39	5th	22:38	9th	23:57	10th	30:51	10th	34:49	11th	38:39	11th	45:10	11th	50:55	11th	57:22	11th	60:50	11th	68:08	11th	73:59	10th	77:20	10th	79:37	11th	
12th	Robert Daly		GRAMP	M60	91:12	+35:46	4:29	11th	6:05	11th	14:21	12th	1:41	14th=	7:11	12th	4:20	15th	2:56	9th	5:27	10th	6:18	11th	6:57	13th	4:27	14th	9:30	14th	6:34	13th	8:14	17th	2:42	13th	
							4:29	11th	10:34	11th	24:55	13th	26:36	13th	33:47	12th	38:07	12th	41:03	12th	46:30	12th	52:48	12th	59:45	12th	64:12	12th	73:42	12th	80:16	12th	88:30	12th	91:12	12th	
13th	Iain Sime		INVOC	M50	101:02	+45:36	3:59	9th	5:01	6th	14:40	13th	1:27	10th	9:21	14th	4:04	13th	18:46	16th	6:02	13th	6:25	12th	6:37	12th	4:41	13th	6:51	8th	5:44	9th	5:47	15th	2:17	10th=	
							3:59	9th	9:00	8th=	23:40	11th	25:07	11th	34:28	13th	38:32	13th	57:18	15th	63:20	15th	69:45	14th	76:22	14th	80:23	14th	87:14	13th	92:58	13th	98:45	13th	101:02	13th	
14th	Jonathan Molloy		FVO	M50	104:54	+49:28	5:01	14th	5:57	10th	15:27	14th	1:38	13th	16:59	16th	4:00	12th	3:56	12th	5:45	11th	13:22	16th	8:18	14th	3:35	11th	8:02	13th	6:58	14th	3:17	10th	2:39	12th	
							5:01	14th	10:58	13th	26:25	14th	28:03	14th	45:02	15th	49:02	15th	52:58	14th	58:43	14th	72:05	15th	80:23	15th	83:58	15th	92:00	15th	98:58	15th	102:15	15th	104:54	14th	
15th	Andy McNamara		AYROC	M45	105:34	+50:08	6:09	16th	8:32	16th	16:24	15th	1:41	14th=	7:32	13th	4:19	14th	4:45	13th	4:52	8th	7:24	14th	10:29	15th	5:01	15th	11:33	15th	7:19	15th	3:59	13th	3:35	16th	
							6:09	16th	14:41	16th	31:05	15th	32:46	15th	40:18	14th	44:37	14th	49:22	13th	54:14	13th	61:38	13th	74:07	13th	79:08	13th	90:41	14th	98:00	14th	101:59	14th	105:34	15th	
16th	Rachel Scott		GRAMP	W55	148:32	+93:06	5:08	15th	8:38	17th	25:51	16th	2:25	16th	11:42	15th	5:52	16th	6:02	15th	7:21	15th	8:02	15th	28:11	16th	5:35	16th	12:32	16th	13:29	16th	4:13	14th	3:31	15th	
							5:08	15th	13:46	15th	39:37	16th	42:02	16th	53:44	16th	59:36	16th	65:38	16th	72:59	16th	81:01	16th	109:12	16th	114:47	16th	127:19	16th	140:48	16th	145:01	16th	148:32	16th	
	Jason Inman		FVO	M50	m3-12		18:24	17th			8:19	15th																						3:37	12th	4:30	17th
							18:24	17th			26:43	17th																						34:28		38:58	






Medium

5.675km 150m

Pos	Name	Club	Age	Time	Behind	1 162	2 154	3 163	4 151	5 175	6 164	7 171	8 152	9 170	10 161	11 172	12 166	13 168	F	
			Class			L T	L T	L T	L T	L T	L T	L T	L T	L T	L T	L T	L T	L T	L T	
1st	Jo Shepherd	INVOC	W21	45:42		1:34 1st 1:34 1st	1:58 1st 3:32 1st	3:05 1st 6:37 1st	4:19 1st 10:56 1st	5:59 1st 16:55 1st	1:34 1st 18:29 1st	3:46 1st 22:15 1st	2:37 1st 24:52 1st	1:47 1st 26:39 1st	3:35 1st 30:14 1st	5:52 1st 36:06 1st	5:46 1st 41:52 1st	2:03 1st 43:55 1st	1:47 1st 45:42 1st	
2nd	Claire Ward	INT	W40	57:22	+11:40	2:05 4th 2:05 4th	2:56 9th 5:01 7th	3:51 5th 8:52 5th	6:25 4th 15:17 5th	7:17 3rd= 22:34 3rd	2:01 2nd 24:35 3rd	4:21 2nd 28:56 2nd	2:56 2nd 31:52 2nd	2:19 2nd 34:11 2nd	4:33 2nd 38:44 2nd	7:02 6th= 45:46 2nd	5:50 2nd 51:36 2nd	3:19 13th 54:55 2nd	2:27 12th= 57:22 2nd	
3rd	Jon Hollingdale	MOR	M55	61:07	+15:25	2:17 6th= 2:17 6th=	2:35 3rd 4:52 4th	4:15 8th 9:07 6th	6:26 5th 15:33 6th	7:02 2nd 22:35 4th	2:22 5th 24:57 4th	4:44 3rd 29:41 4th	3:16 3rd 32:57 4th	5:16 22nd 38:13 5th	4:44 4th 42:57 5th	6:19 3rd 49:16 5th	7:11 4th 56:27 4th	2:39 2nd 59:06 3rd	2:01 2nd 61:07 3rd	
4th	Robert Hickling	BASOC	M65	62:27	+16:45	2:17 6th= 2:17 6th=	2:39 4th 4:56 5th	3:46 3rd 8:42 4th	5:55 2nd 14:37 3rd	8:02 6th 22:39 5th	2:19 4th 24:58 5th	5:40 8th 30:38 5th	3:32 6th 34:10 5th	2:25 3rd 36:35 3rd	5:33 7th= 42:08 3rd	7:02 6th= 49:10 4th	8:01 10th 57:11 5th	2:57 5th 60:08 4th	2:19 6th 62:27 4th	
5th	Rozy Shepherd	INVOC	W21	64:28	+18:46	2:00 3rd 2:00 3rd	2:05 2nd 4:05 2nd	3:37 2nd 7:42 2nd	6:12 3rd 13:54 2nd	7:17 3rd= 21:11 2nd	2:30 9th 23:41 2nd	5:22 7th 29:03 3rd	3:18 4th 32:21 3rd	5:31 24th 37:52 4th	4:52 5th 42:44 4th	6:17 2nd 49:01 3rd	7:13 5th 56:14 3rd	5:56 30th 62:10 5th	2:18 4th= 64:28 5th	
6th	Colin Salisbury	INVOC	M55	67:32	+21:50	2:26 9th 2:26 9th	5:56 29th 8:22 24th	3:54 6th 12:16 19th	6:40 9th 18:56 12th	8:00 5th 26:56 11th	2:40 13th 29:36 11th	5:18 6th 34:54 8th	4:00 11th 38:54 8th	3:21 12th 42:15 8th	4:41 3rd 46:56 7th	6:57 5th 53:53 6th	8:12 14th 62:05 6th	3:25 16th 65:30 7th	2:02 3rd 67:32 6th	
7th	Alistair Duguid	TAY	M45	68:24	+22:42	1:53 2nd 1:53 2nd	2:43 5th 4:36 3rd	3:48 4th 8:24 3rd	6:48 11th 15:12 4th	10:25 21st 25:37 7th	2:28 8th 28:05 7th	4:55 4th 33:00 6th	3:26 5th 36:26 6th	2:50 6th 39:16 6th	5:44 12th 45:00 6th	10:23 24th 55:23 7th	7:17 6th 62:40 7th	2:46 3rd 65:26 6th	2:58 21st 68:24 7th	
8th	Morag McLuckie	MOR	W45	70:50	+25:08	2:36 13th 2:36 13th	2:58 12th= 5:34 10th	4:27 12th 10:01 9th	6:38 7th 16:39 8th	9:21 16th 26:00 8th	2:36 12th 28:36 8th	5:03 5th 33:39 7th	3:55 10th 37:34 7th	4:19 18th= 41:53 7th	7:56 23rd= 49:49 9th	7:23 13th 57:12 9th	7:45 7th 64:57 9th	3:28 17th= 68:25 10th	2:25 10th= 70:50 8th	
9th	Keith Brown  	ESOC	M55	71:00	+25:18	2:35 12th 2:35 12th	2:57 10th= 5:32 9th	4:13 7th 9:45 8th	10:01 25th 19:46 15th	8:06 7th 27:52 13th	2:16 3rd 30:08 13th	6:58 16th= 37:06 11th	3:35 7th 40:41 10th	3:47 14th 44:28 11th	5:33 7th= 50:01 11th	7:02 6th= 57:03 8th	8:06 12th 65:09 10th	3:07 8th 68:16 9th	2:44 19th 71:00 9th	
10th	Simon Hunt	FVO	M55	71:01	+25:19	2:19 8th 2:19 8th	2:57 10th= 5:16 8th	5:07 18th 10:23 10th	7:39 15th 18:02 10th	8:28 8th 26:30 10th	2:50 15th 29:20 10th	7:36 20th 36:56 10th	4:20 15th 41:16 11th	2:58 10th 44:14 10th	5:46 13th 50:00 10th	7:13 11th 57:13 10th	6:57 3rd 64:10 8th	3:10 9th 67:20 9th	3:41 29th 71:01 10th	
11th	Rona Molloy	FVO	W50	71:15	+25:33	5:05 27th 5:05 27th	2:44 6th 7:49 23rd	4:25 11th 12:14 19th	6:58 12th 19:12 14th	9:03 13th 28:15 15th	2:54 16th 31:09 15th	7:15 18th 38:24 12th	4:18 14th 42:42 12th	2:42 5th 45:24 12th	5:38 9th= 51:02 12th	6:48 4th 57:50 12th	8:05 11th 65:55 11th	2:49 4th 68:44 11th	2:31 14th= 71:15 11th	
12th	Iain Shepherd	INVOC	M55	71:21	+25:39	2:11 5th 2:11 5th	2:48 8th 4:59 6th	4:22 10th 9:21 7th	6:44 10th 16:05 7th	8:49 10th 24:54 6th	2:45 14th 27:39 6th	7:59 24th 35:38 9th	4:11 13th 39:49 9th	3:12 11th 43:01 9th	6:03 14th 49:04 8th	8:15 14th= 57:19 11th	8:07 13th 65:26 11th	3:28 17th= 68:54 12th	2:27 12th= 71:21 12th	
13th	Dagmar Borrowman	INVOC	W45	74:09	+28:27	3:29 21st 3:29 21st	3:53 23rd 7:22 20th	5:57 22nd 13:19 22nd	8:13 16th 21:32 18th	9:33 17th 31:05 18th	2:27 7th 33:32 16th	5:57 9th 39:29 14th	3:52 9th 43:21 14th	3:49 15th 47:10 15th	6:12 15th 53:22 15th	7:07 9th 60:29 13th	7:57 9th 68:26 13th	3:23 15th 71:49 13th	2:20 7th 74:09 13th	
14th	Finlay Ross	ESOC	M55	76:19	+30:37	7:58 31st 7:58 31st	2:45 7th 10:43 29th	4:21 9th 15:04 25th	6:39 8th 21:43 21st	9:19 15th 31:02 17th	2:35 11th 33:37 17th	9:24 27th 43:01 20th	4:09 12th 47:10 20th	2:53 7th 50:03 17th	5:38 9th= 55:41 17th	7:15 12th 62:56 15th	7:49 8th 70:45 15th	3:16 11th 74:01 14th	2:18 4th= 76:19 14th	
15th	Vicky Thornton	FVO	W60	79:06	+33:24	2:33 11th 2:33 11th	3:02 14th 5:35 11th	5:02 17th 10:37 12th	6:33 6th 17:10 9th	9:18 14th 26:28 9th	2:33 10th 29:01 9th	10:33 28th 39:34 15th	3:46 8th 43:20 13th	2:56 8th 46:16 14th	5:40 11th 51:56 13th	9:15 20th 61:11 14th	9:30 21st 70:41 14th	5:46 29th 76:27 16th	2:39 18th 79:06 15th	
16th	Katherine Ivory	INT	W45	79:50	+34:08	4:03 25th 4:03 25th	3:12 17th 7:15 19th	4:44 13th 11:59 17th	7:03 14th 19:02 13th	8:56 12th 27:58 14th	2:59 17th 30:57 16th	9:01 26th 39:58 16th	4:25 16th 44:23 16th	2:57 9th 47:20 16th	7:43 22nd 55:03 16th	8:17 16th= 63:20 16th	9:45 22nd 73:05 16th	3:20 14th 76:25 15th	3:25 25th 79:50 16th	
17th	Marsela McLeod	INVOC	W55	80:19	+34:37	2:40 15th 2:40 15th	3:50 22nd 6:30 16th	5:19 19th 11:49 16th	7:00 13th 18:49 11th	8:40 9th 27:29 12th	2:24 6th 29:63 12th	8:52 25th 38:45 13th	4:50 18th 43:35 15th	2:40 4th 46:15 13th	6:25 17th 52:40 14th	11:26 29th 64:06 17th	9:08 17th 73:14 17th	3:39 23rd 76:53 17th	3:26 26th= 80:19 17th	
18th	Brian Bullen	FVO	M70	83:09	+37:27	3:23 20th 3:23 20th	3:27 18th 6:50 18th	4:54 16th 11:44 15th	9:02 22nd 20:46 17th	11:00 24th 31:46 19th	3:04 18th 34:50 19th	6:24 11th 41:14 18th	4:47 17th 46:01 18th	4:19 18th= 50:20 18th	6:24 16th 56:44 18th	10:37 26th 67:21 18th	10:12 25th 77:33 19th	3:12 10th 80:45 18th	2:24 9th 83:09 18th	
19th	Nicola Howard	MOR	W45	84:23	+38:41	3:22 19th 3:22 19th	2:58 12th= 6:20 14th	4:48 15th 11:08 13th	9:00 20th= 20:08 16th	10:18 19th 30:26 16th	3:33 21st 33:59 18th	6:52 15th 40:51 17th	4:51 19th 45:42 17th	4:43 21st 50:25 19th	9:04 27th 59:29 19th	8:33 18th 68:02 19th	9:23 19th 77:25 18th	3:32 20th 80:57 19th	3:26 26th= 84:23 19th	
20th	Leslie Dalglish	ESOC	M70	85:56	+40:14	3:14 18th 3:14 18th	3:34 20th 6:48 17th	7:55 28th 14:43 24th	8:42 19th 23:25 22nd	10:36 22nd 34:01 23rd	3:39 23rd 37:40 23rd	7:44 21st= 45:24 23rd	4:52 20th 50:16 22nd	4:23 20th 54:39 20th	7:56 23rd= 62:35 21st	8:40 19th 71:15 20th	8:51 15th 80:06 20th	3:18 12th 83:24 20th	2:32 16th 85:56 20th	
21st	Heather Fellbaum	FVO	W55	88:51	+43:09	7:05 29th 7:05 29th	3:05 15th 10:10 27th	7:26 27th 17:36 28th	9:00 20th= 26:36 27th	8:53 11th 35:29 25th	7:02 30th 42:31 26th	6:40 13th 49:11 26th	5:19 22nd 54:30 26th	4:04 16th 58:34 22nd	7:09 19th 65:43 22nd	8:17 16th= 74:00 22nd	9:24 20th 83:24 22nd	3:04 7th 86:28 21st	2:23 8th 88:51 21st	
22nd	David Robertson	ESOC	M55	89:25	+43:43	2:43 16th 2:43 16th	4:57 28th 7:40 21st	5:28 21st 13:08 21st	8:29 18th 21:37 19th	12:14 27th 33:51 22nd	3:34 22nd 37:25 22nd	7:47 23rd 45:12 22nd	6:29 29th 51:41 23rd	3:27 13th 55:08 21st	7:14 20th 62:22 20th	9:34 22nd 71:56 21st	11:06 27th 83:02 21st	3:33 21st 86:35 22nd	2:50 20th 89:25 22nd	
23rd	Clare Kemsley	BASOC	W55	90:28	+44:46	2:31 10th 2:31 10th	3:08 16th 5:39 12th	4:47 14th 10:26 11th	13:01 30th 23:27 23rd	10:09 18th 33:36 21st	3:28 20th 37:04 21st	6:35 12th 43:39 21st	5:34 24th 49:13 21st	9:26 29th= 58:39 23rd	8:01 25th 66:40 23rd	8:15 14th= 74:55 23rd	9:01 16th 83:56 23rd	3:28 17th= 87:24 23rd	3:04 23rd 90:28 23rd	
24th	David Summers	INVOC	M60	94:41	+48:59	2:51 17th 2:51 17th	3:32 19th 6:23 15th	6:21 23rd 12:44 20th	10:55 28th 23:39 24th	11:41 25th 35:20 24th	3:54 24th 39:14 24th	7:44 21st= 46:58 25th	5:20 23rd 52:18 24th	7:21 28th 59:39 25th	7:27 21st 67:06 25th	9:54 23rd 77:00 24th	10:37 26th 87:37 24th	3:49 24th 91:26 24th	3:15 24th 94:41 24th	
25th	Donald Grassie 	MOR	M65	95:54	+50:12	2:37 14th 2:37 14th	3:42 21st 6:19 13th	5:23 20th 11:42 14th	9:59 24th 21:41 20th	10:19 20th 32:00 20th	3:11 19th 35:11 20th	6:18 10th 41:29 19th	5:04 21st 46:33 19th	13:31 31st 60:04 26th	6:48 18th 66:52 24th	10:43 28th 77:35 25th	11:39 29th 89:14 25th	3:38 22nd 92:52 25th	3:02 22nd 95:54 25th	
26th	Nicola Melville	FVO	W50	99:00	+53:18	3:33 22nd 3:33 22nd	4:51 27th 8:24 26th	6:45 24th 15:09 26th	10:07 26th 25:16 26th	10:47 23rd 36:03 26th	4:06 26th= 40:09 25th	6:41 14th 46:50 24th	5:35 25th 52:25 25th	6:37 27th 59:02 24th	9:34 28th 66:36 26th	12:40 30th 81:16 26th	9:57 23rd 91:13 26th	3:51 25th 95:04 26th	3:56 30th 99:00 26th	
27th	Scott Newey	MAROC	M50	101:59	+56:17	7:41 30th 7:41 30th	4:04 24th 11:45 31st	9:02 31st 20:47 31st	9:43 23rd 30:30 30th	12:12 26th 42:42 29th	4:06 26th= 46:48 29th	13:26 31st 60:14 30th	8:50 31st 69:04 30th	5:42 25th 74:46 30th	5:21 6th 80:07 29th	7:12 10th 87:19 29th	9:17 16th 96:36 27th	2:58 6th 99:34 27th	2:25 10th= 101:59 27th	
28th	Matthew Clark	KFO	M50	106:59	+61:17	3:40 24th 3:40 24th	4:43 26th 8:23 25th	7:01 26th 15:24 27th	8:21 17th 23:45 25th	15:06 29th 38:51 27th	6:50 29th 45:41 28th	11:27 29th 57:08 29th	6:03 28th 63:11 29th	4:05 17th 67:16 27th	10:06 29th 77:22 28th	9:28 21st 86:50 28th	10:08 24th 96:58 28th	7:30 31st 104:28 28th	2:31 14th= 106:59 28th	
29th	Geoffrey Hensman	FVO	M70	108:37	+62:55	3:36 23rd 3:36 23rd	4:12 25th 7:48 22nd	6:50 25th 14:38 23rd	12:09 29th 26:47 28th	14:09 28th 40:56 28th	3:59 25th 44:55 27th	7:17 19th 52:12 27th	5:57 26th 58:09 27th	9:26 29th= 67:35 28th	8:30 26th 76:05 27th	10:27 25th 86:32 27th	13:06 30th 99:38 29th	4:55 28th 104:33 29th	4:04 31st 108:37 29th	
30th	Jenny Hammond	FVO	W45	112:08	+66:26	4:09 26th 4:09 26th	6:13 30th= 10:22 28th	7:57 29th 18:19 29th	10:28 27th 28:47 29th	15:10 30th 43:57 30th	4:45 28th 48:42 30th	6:58 16th= 55:40 28th	6:57 30th 62:37 30th	5:28 23rd 68:05 29th	12:47 31st 80:52 30th	13:08 31st 94:00 30th	11:24 28th 105:24 30th	4:08 27th 109:32 30th	2:36 17th 112:08 30th	
31st	Marianne Eik	FVO	W45	129:16	+83:34	5:08 28th 5:08 28th	6:13 30th= 11:21 30th	8:27 30th 19:48 30th	17:32 31st 37:20 31st	15:59 31st 53:19 31st	8:33 31st 61:52 31st	11:31 30th 73:23 31st	6:02 27th 79:25 31st	6:11 26th 85:36 31st	11:30 30th 97:06 31st	10:42 27th 107:48				

## Short

4.075km 125m

Pos	Name	Club	Age	Time	Behind	1 173	L	T	2 157	L	T	3 179	L	T	4 167	L	T	5 163	L	T	6 151	L	T	7 170	L	T	8 159	L	T	9 166	L	T	10 168	L	T	F	L	T		
			Class																																					
1st	David Esson	GRAMP	M40	61:56		2:26	2nd		3:38	4th=		6:53	3rd		3:27	6th		1:53	3rd		8:48	5th		9:45	4th		7:55	6th		8:53	4th		4:06	8th		4:12	13th			
						2:26	2nd		6:04	2nd		<b>12:57</b>	<b>1st</b>		<b>16:24</b>	<b>1st</b>		<b>18:17</b>	<b>1st</b>		<b>27:05</b>	<b>1st</b>		<b>36:50</b>	<b>1st</b>		<b>44:45</b>	<b>1st</b>		<b>53:38</b>	<b>1st</b>		<b>57:44</b>	<b>1st</b>		<b>61:56</b>	<b>1st</b>			
2nd	Jen Leonard	FVO	W50	64:01	+2:05	3:23	10th		3:30	3rd		7:35	6th=		<b>3:16</b>	<b>1st</b>		2:08	11th=		9:37	7th		10:57	7th		8:22	10th		7:47	2nd		4:05	7th		3:21	10th			
						3:23	10th		6:53	6th		14:28	6th		17:44	3rd=		19:52	4th		29:29	4th		40:26	4th		48:48	5th		56:35	3rd		60:40	2nd		64:01	2nd			
3rd	Lorna Eades	INT	W50	65:06	+3:10	3:10	7th		3:58	11th		7:11	4th		3:25	4th		1:56	4th		8:28	3rd		10:20	5th		8:55	11th=		9:34	8th		3:54	5th		4:15	14th			
						3:10	7th		7:08	7th=		14:19	3rd		17:44	3rd=		19:40	3rd		28:08	2nd		38:28	2nd		47:23	2nd		56:57	4th		60:51	3rd		65:06	3rd			
4th	Penelope Smirthwaite	MOR	W60	65:16	+3:20	3:59	15th		3:13	2nd		9:26	13th		4:17	11th		2:22	14th		8:26	2nd		9:34	3rd		<b>6:50</b>	<b>1st</b>		<b>7:27</b>	<b>1st</b>		6:55	19th		2:47	4th			
						3:59	15th		7:12	9th		16:38	12th		20:55	12th		23:17	13th		31:43	8th		41:17	5th		48:07	4th		55:34	2nd		62:29	5th		65:16	4th			
5th	Paul Furness	MOR	M65	67:16	+5:20	3:02	6th		3:45	6th		9:31	14th		3:30	7th		2:01	8th		9:30	6th		8:38	2nd		7:52	4th		10:28	14th		3:32	3rd		5:27	19th			
						3:02	6th		6:47	3rd		16:18	11th		19:48	10th		21:49	9th=		31:19	6th		39:57	3rd		47:49	3rd		58:17	5th		61:49	4th		67:16	5th			
6th	Oonagh Grassie	MOR	W65	70:02	+8:06	4:20	19th		4:39	17th		8:02	9th		4:25	12th=		2:02	9th		10:18	11th		10:46	6th		8:09	8th		9:47	9th		4:14	10th		3:20	9th			
						4:20	19th		8:59	17th		17:01	13th		21:26	13th		23:28	14th		33:46	12th		44:32	6th		52:41	6th		62:28	7th		66:42	7th		70:02	6th			
7th	James Finlayson	INVOC	M50	71:10	+9:14	3:18	8th		4:14	13th		7:56	8th		4:25	12th=		2:44	20th		10:03	9th		12:27	11th		8:13	9th		8:55	5th		3:18	2nd		5:37	20th			
						3:18	8th		7:32	11th		15:28	8th		19:53	11th		22:37	11th		32:40	11th		45:07	7th		53:20	7th		62:15	6th		65:33	6th		71:10	7th			
8th	Colin Simpson 	INVOC	M55	72:49	+10:53	3:30	13th		3:38	4th=		9:01	11th		3:26	5th		<b>1:38</b>	<b>1st=</b>		10:48	14th		18:23	17th		8:07	7th		9:09	7th		<b>2:56</b>	<b>1st</b>		<b>2:13</b>	<b>1st</b>			
						3:30	13th		7:08	7th=		16:09	10th		19:35	9th		21:13	7th		32:01	9th		50:24	12th		58:31	11th		67:40	9th		70:36	8th		72:49	8th			
9th	Judith Bell	ESOC	W50	74:57	+13:01	3:00	5th		3:48	8th		7:32	5th		4:10	9th		2:04	10th		15:59	25th		14:31	13th		7:54	5th		9:02	6th		3:51	4th		3:06	6th			
						3:00	5th		6:48	4th		14:20	4th		18:30	6th		20:34	6th		36:33	17th		51:04	13th		58:58	12th		68:00	10th		71:51	10th		74:57	9th			
10th	Lynne Walker 	BASOC	W65	75:19	+13:23	3:29	12th		4:07	12th		10:35	18th		4:33	16th=		2:12	13th		10:11	10th		11:06	8th		9:17	13th		10:00	12th		5:48	15th		4:01	12th			
						3:29	12th		7:36	12th		18:11	16th		22:44	16th		24:56	16th		35:07	14th		46:13	8th		55:30	8th		65:30	8th		71:18	9th		75:19	10th			
11th	Neil Polwart	FVO	M40	77:05	+15:09	2:37	3rd		4:15	14th		7:35	6th=		4:33	16th=		2:36	19th		12:15	17th		12:23	10th		11:46	18th		11:46	18th		5:25	14th		3:12	7th			
						2:37	3rd		6:52	5th		14:27	5th		19:00	7th		21:36	8th		33:51	13th		46:14	9th		56:42	9th		68:28	13th		73:53	11th		77:05	11th			
12th	Pascal Lardet	FVO	M50	77:20	+15:24	2:56	4th		4:54	19th		6:50	2nd		3:22	3rd		1:59	5th=		8:35	4th		24:34	23rd		7:20	3rd		10:05	13th		4:01	6th		2:44	3rd			
						2:56	4th		7:50	14th		14:40	7th		18:02	5th		20:01	5th		28:36	3rd		53:10	15th		60:30	15th		70:35	14th		74:36	12th		77:20	12th			
13th	Jan Kersel	ECKO	W60	77:51	+15:55	4:36	21st		4:32	15th		9:20	12th		4:39	18th		2:08	11th=		10:27	12th		13:12	12th		11:01	19th		10:46	15th		4:08	9th		3:02	5th			
						4:36	21st		9:08	18th		18:28	17th		23:07	17th		25:15	17th		35:42	15th		48:54	10th		59:55	13th		70:41	15th		74:49	13th		77:51	13th			
14th	Frances Britain 	MOR	W50	80:06	+18:10	4:06	18th		3:52	9th		<b>6:16</b>	<b>1st</b>		3:20	2nd		1:59	5th=		12:31	18th		21:22	21st		6:56	2nd		7:53	3rd		9:11	24th		2:40	2nd			
						4:06	18th		7:58	15th		14:14	2nd		17:34	2nd		19:33	2nd		32:04	10th		53:26	16th		60:22	14th		68:15	12th		77:26	15th		80:06	14th			
15th	Richard Llewellyn		M65	81:20	+19:24	3:28	11th		3:53	10th		8:17	10th		3:38	8th		2:33	17th=		9:53	8th		19:42	18th		12:07	23rd		9:53	11th		4:39	11th		3:17	8th			
						3:28	11th		7:21	10th		15:38	9th		19:16	8th		21:49	9th=		31:42	7th		51:24	14th		63:31	16th		73:24	16th		78:03	16th		81:20	15th			
16th	Margaret Dalgleish	ESOC	W65	82:04	+20:08	4:38	22nd		6:41	27th		12:01	23rd		4:13	10th		2:24	15th		10:49	15th		<b>8:37</b>	<b>1st</b>		8:55	11th=		9:51	10th		8:12	23rd		5:43	22nd			
						4:38	22nd		11:19	25th		23:20	23rd		27:33	22nd		29:57	20th		40:46	20th		49:23	11th		58:18	10th		68:09	11th		76:21	14th		82:04	16th			
17th	Carol Burnapp	ECKO	W50	87:43	+25:47	3:22	9th		4:37	16th		9:33	15th		4:26	15th		2:26	16th		12:06	16th		17:58	16th		10:26	15th		11:24	16th		5:03	12th		6:22	24th			
						3:22	9th		7:59	16th		17:32	15th		21:58	15th		24:24	15th		36:30	16th		54:28	17th		64:54	17th		76:18	17th		81:21	17th		87:43	17th			
18th	Suzanne Robins-Bird	INVOC	W55	88:15	+26:19	4:23	20th		4:48	18th		9:46	17th		4:45	19th		3:16	24th		13:16	19th		15:04	14th		10:11	14th		11:34	17th		7:23	21st		3:49	11th			
						4:23	20th		9:11	20th		18:57	19th		23:42	18th		26:58	18th		40:14	19th		55:18	18th		65:29	18th		77:03	18th		84:26	18th		88:15	18th			
19th	Kate Kilpatrick	FVO	W45	96:28	+34:32	5:29	25th=		5:32	24th		14:19	26th		5:07	21st		2:33	17th=		14:44	23rd		12:01	9th		10:58	18th		15:26	22nd		5:22	13th		4:57	17th			
						5:29	25th=		11:01	24th		25:20	24th		30:27	24th		33:00	24th		47:44	24th		59:45	19th		70:43	19th		86:09	19th		91:31	19th		96:28	19th			
20th	Susan Hensman	FVO	W45	101:07	+39:11	4:04	17th		6:46	28th		11:45	20th		4:57	20th		2:56	23rd		14:40	22nd		20:07	19th		11:04	20th		13:16	19th		6:47	17th=		4:45	16th			
						4:04	17th		10:50	23rd		22:35	22nd		27:32	21st		30:28	21st		45:08	21st		65:15	21st		76:19	21st		89:35	20th		96:22	20th		101:07	20th			
21st	Les Smithard	KFO	M65	102:29	+40:33	3:50	14th		5:19	22nd		12:34	24th		5:45	23rd		5:12	28th		14:04	20th		17:22	15th		11:19	21st		14:37	20th		6:47	17th=		5:40	21st			
						3:50	14th		9:09	19th		21:43	21st		27:28	20th		32:40	23rd		46:44	23rd		64:06																