

Place	Name	Club	AgeClass	Course	Time
M10A (3)				2.9 km 140 m	16 C
1	Angus Laird	INVOC	M10	17	34:08
2	David Ivory	INT	M10	17	39:42
3	Finlay Jenkins	MAROC	M10	17	47:12
M10B (8)				2.2 km 60 m	13 C
1	Finlay McLuckie	MOR	M10	18	17:57
2	Ben Ross	INT	M10	18	20:05
3	Calum Robertson	ESOC	M10	18	23:18
4	Noah Griffin	GRAMP	M10	18	25:30
5	Oliver Robertson	GRAMP	M10	18	26:43
6	Yann Newey	MAROC	M10	18	27:39
7	Rowan Lawlor	ESOC	M10	18	30:20
8	Robert Main	MOR	M10	18	34:18
M12A (16)				3.2 km 95 m	11 C
1	Ewan Musgrave	MAROC	M12	16	27:58
2	Joel Gooch	MAROC	M12	16	29:29
3	Sam Griffin	GRAMP	M12	16	32:01
4	Finlay Raynor	INVOC	M12	16	32:03
5	Jamie Goddard	FVO	M12	16	34:38
6	David Spencer	MOR	M12	16	35:03
7	Benjamin Squire	NOC	M12	16	41:01
8	Oscar Shepherd	INVOC	M12	16	41:03
9	Bruce Evans	MOR	M12	16	46:59
10	Joseph Jackson	LOC	M12	16	49:53
11	Angus Ivory	INT	M12	16	54:15
12	Sam Bartlett	INT	M12	16	57:04
13	Robin Purves	FVO	M12	16	59:35
14	Angus Thom	SOLWAY	M12	16	1:10:03
15	Alexander Niland	BASOC	M12	16	1:18:53
	Adam Barrie	MAROC	M12	16	mp
M12B (10)				2.9 km 140 m	16 C
1	Thomas Ross	INT	M12	17	27:00
2	Jonas Newey	MAROC	M12	17	28:24
3	Adam Clark	ESOC	M12	17	29:16
4	Craig Smith	MAROC	M12	17	29:21
5	Calum Smith	MAROC	M12	17	31:37
6	Ewen Bennett	MAROC	M12	17	38:15
7	Piotr Weychan	MAROC	M12	17	42:37
8	Gregor Mailer	ECKO	M12	17	45:58
	Joseph Lawlor	ESOC	M12	17	mp
	Connor Whitelaw	GRAMP	M12	17	mp
M14A (16)				3.9 km 170 m	14 C
1	Matthew Gooch	MAROC	M14	14	35:34
2	Louis Macmillan	ECKO	M14	14	45:13
3	Peter Molloy	FVO	M14	14	46:41
4	Daniel Campbell	MOR	M14	14	50:16
5	Pierre Lardet	FVO	M14	14	56:08

Place	Name	Club	AgeClass	Course	Time
M14A (16)				3.9 km 170 m	14 C
6	Ronan Blackwood	INVOC	M14	14	1:02:21
7	Eric Todd	INVOC	M14	14	1:09:16
8	David Hall	INVOC	M14	14	1:18:33
9	Ben Dempsey	MDOC	M14	14	1:24:19
10	Matthew Haddow	LOC	M14	14	1:27:07
11	Harry O'Donovan	LOC	M14	14	1:29:12
12	Aidan McCann	INVOC	M14	14	1:39:09
13	Matthew Ross	INT	M14	14	2:14:50
	Ellis Hunter	ECKO	M14	14	mp
	Ewan Purves	FVO	M14	14	mp
	Sorley Todd	INVOC	M14	14	dnf
M14B (7)				3.2 km 95 m	11 C
1	Ben McMorran	INVOC	M14	16	49:08
2	Logan Mailer	ECKO	M14	16	54:45
3	Liam Woodend	LOC	M14	16	1:00:29
4	Toby Cody	LOC	M14	16	1:02:46
5	Fenton Wilson	LOC	M14	16	1:18:36
	Sean Glendinning	MAROC	M14	16	mp
	Jamie Lawlor	ESOC	M14	16	dnf
M16A (13)				6.0 km 320 m	17 C
1	Alastair Thomas	WCOC	M16	5	48:04
2	Jake Chapman	MAROC	M16	5	53:02
3	Alistair Chapman	MAROC	M16	5	1:02:57
4	Benjamin Parkinson	FVO	M16	5	1:16:42
5	John Getliff	MAROC	M16	5	1:28:51
6	Alasdair Raynor	INVOC	M16	5	1:33:32
7	Ewan Shearer	ECKO	M16	5	1:49:30
8	Alasdair Lilley	ECKO	M16	5	1:50:45
9	Peter Collins	MAROC	M16	5	2:18:14
	Joseph Wright	MAROC	M16	5	mp
	Luke Graham	MAROC	M16	5	mp
	Fraser Haig	MOR	M16	5	mp
	Max Provan	MOR	M16	5	dnf
M16B (4)				3.9 km 170 m	14 C
1	Logan McIntyre	INT	M16	14	56:42
2	Lachlan Kirk	GRAMP	M18	14	1:04:40
3	Ben Brown	ESOC	M16	14	1:47:55
4	Joseph Bartlett	INT	M16	14	1:56:25
M18E (11)				8.2 km 460 m	18 C
1	Harrison McCartney	OD	M18	2	59:28
2	Tom Lines	ECKO	M18	2	1:06:52
3	Aidan Rigby	CLOK	M18	2	1:06:55
4	Matthew Fellbaum	MDOC	M18	2	1:08:13
5	Ewan McMillan	MAROC	M18	2	1:11:47
6	Freddie Carcas	INT	M18	2	1:13:38
7	James Ackland	INT	M18	2	1:16:25

Place	Name	Club	AgeClass	Course	Time
M18E (11)				8.2 km 460 m	18 C
8	Finlay Todd	INVOC	M18	2	1:19:43
9	Alex Carcas	INT	M18	2	1:20:34
10	Callum Hunter	ECKO	M18	2	1:29:11
	Samuel Galloway	INT	M18	2	mp
M18L (1)				6.6 km 340 m	18 C
1	Tom Nichol	AYROC	M18	4	1:28:58
M18S (1)				4.8 km 240 m	12 C
1	Fergus Smith	AYROC	M18	8	1:12:11
M20E (12)				8.2 km 460 m	18 C
1	Alexander Chepelin	EUOC	M20	2	1:01:22
2	William Rigg	EUOC	M20	2	1:02:08
3	Michael Adams	EUOC	M20	2	1:08:11
4	Tim Morgan	EUOC	M20	2	1:08:51
5	Alistair Masson	EUOC	M20	2	1:10:43
6	Thomas Wilson	EUOC	M20	2	1:11:16
7	Andrew Barr	MOR	M20	2	1:15:49
8	Matthew Galloway	INT	M20	2	1:17:09
9	Alistair Walker	MAROC	M20	2	1:24:50
	Callum White	EUOC	M20	2	dnf
	Daniel Stansfield	FVO	M20	2	dnf
	Dane Blomquist	BAOC	M20	2	dnf
M21E (16)				12.2 km 610 m	34 C
1	Marcus Pinker	FVO	M40	1	1:41:38
2	Anthony Squire	NOC	M35	1	1:47:59
3	Andrew Lindsay	EUOC	M21	1	2:11:21
4	Andrew Llewellyn	NOC	M21	1	2:11:31
5	Simon Gardner	CLYDE	M21	1	2:12:17
6	Calum McLeod	EUOC	M21	1	2:15:40
7	Joe Taunton	NOC	M21	1	2:20:10
8	Janne Heikkinen	AUOC	M21	1	2:26:49
9	Tim Gomersall	GRAMP	M21	1	2:32:12
10	Clement Claret	EUOC	M21	1	2:33:10
	Richard Robinson	NOC	M35	1	mp
	Duncan Coombs	AROS	M21	1	mp
	Jamie Stevenson	FVO	M21	1	dnf
	Ed Nicholas	AROS	M21	1	dnf
	Alasdair McLeod	CLYDE	M21	1	dnf
	Craig Nolan	ESOC	M21	1	dnf
M21L (3)				8.2 km 460 m	18 C
1	Arnis Saltums	CLYDE	M21	2	1:29:50
2	Gordon Hale	CLYDE	M21	2	1:34:41
3	Martin Young	MAROC	M21	2	1:44:09

Place	Name	Club	AgeClass	Course	Time
M21S (2)				6.6 km 340 m	18 C
1	Dominykas Kardokas	KFO	M21	4	1:13:16
2	Jonathan Cronk	WAOC	M21	4	1:23:44
M21V (3)				4.9 km 280 m	14 C
1	Mark Nixon	FVO	M21	7	35:16
2	Colin McArthur	MOR	M21	7	1:15:05
3	Neil McMillan	ELO	M21	7	2:03:33
M35L (7)				8.2 km 460 m	18 C
1	Will Hensman	FVO	M35	2	1:08:17
2	Steve Feltbower	FVO	M35	2	1:08:46
3	Laurence Cload	INVOC	M35	2	1:24:21
4	Mark Stockton	GRAMP	M35	2	1:31:38
5	Ross McLennan	FVO	M35	2	1:33:32
6	Gordon Urquhart	GRAMP	M35	2	1:35:29
	Johannes Felter	BASOC	M35	2	mp
M40L (12)				8.2 km 460 m	18 C
1	David Godfree	FVO	M40	2	1:07:42
2	Roger Goddard	FVO	M40	2	1:13:43
3	Drew Tivendale	MAROC	M40	2	1:21:48
4	Brian Corbett	CORK O	M55	2	1:26:04
5	Alec Keith	INVOC	M50	2	1:29:12
6	Gavin Miles	BASOC	M40	2	1:30:41
7	Graeme Ross	INT	M40	2	1:38:34
8	Mark Johnston	FVO	M40	2	1:39:28
9	John McLuckie	ECKO	M40	2	1:49:27
10	Alastair Dunlop	CLYDE	M40	2	1:56:59
11	Edward Niland	BASOC	M40	2	2:06:44
12	Paul Hornsey	ESOC	M40	2	2:15:39
M40S (4)				5.0 km 300 m	14 C
1	Walter Clark	ESOC	M40	6	1:01:19
2	Warwick Taylor	MOR	M40	6	1:10:37
3	Frank Popham	KFO	M40	6	1:18:18
4	Simon Firth	ESOC	M40	6	2:06:57
M45L (23)				7.2 km 365 m	16 C
1	Patrick Walder	CLYDE	M45	3	1:03:43
2	Ben Stansfield	FVO	M45	3	1:03:53
3	Fraser Purves	FVO	M45	3	1:06:08
4	Jason Inman	FVO	M45	3	1:10:13
5	Jon Cross	FVO	M45	3	1:11:16
6	Andrew McMurtrie	MAROC	M45	3	1:12:44
7	Andy Dale	ECKO	M45	3	1:13:52
8	Kenneth Milton	CLYDE	M45	3	1:16:07
9	Ross Lilley	ECKO	M45	3	1:17:31
10	Iain Smith-ward	LOC	M45	3	1:20:50
11	James Laird	INVOC	M45	3	1:22:02
12	Andrew Campbell	MOR	M45	3	1:26:38

Place	Name	Club	AgeClass	Course	Time
M45L (23)					7.2 km 365 m 16 C
13	Alan Irving	WCOG	M45	3	1:29:54
14	John Emeleus	KFO	M45	3	1:31:58
15	Barry Veitch	RR	M45	3	1:35:28
16	Nick Collins	MAROC	M45	3	1:40:51
17	Max Carcas	INT	M45	3	1:41:40
18	David Kirk	GRAMP	M45	3	1:42:41
19	Pat Bartlett	INT	M45	3	1:44:45
20	Andy Paterson	CLYDE	M45	3	1:48:24
21	Stuart Graham	SOLWAY	M45	3	1:51:09
22	Chris Slattery	FINGAL		3	2:18:56
	David Eades	INT	M45	3	mp
M45S (7)					4.9 km 280 m 14 C
1	Brad Connor	FVO	M45	7	45:57
2	Paul Murgatroyd	LOG	M45	7	58:25
3	Pascal Lardet	FVO	M45	7	1:06:11
4	Mark Wood	ESOC	M45	7	1:08:49
5	Jonathan Molloy	FVO	M45	7	1:09:37
6	Jim O'Donoghue	STAG	M45	7	1:42:55
	Scott Reynolds	MAROC	M45	7	dnf
M50L (29)					7.2 km 365 m 16 C
1	Quentin Harding	SROC	M50	3	1:02:53
2	Charlie Adams	SYO	M50	3	1:03:22
3	Dave Robertson	CLYDE	M50	3	1:06:28
4	Tim Griffin	GRAMP	M50	3	1:10:08
5	Graeme Ackland	INT	M50	3	1:13:20
6	Nicholas Lightfoot	SYO	M55	3	1:14:41
7	Colin Salisbury	INVOC	M50	3	1:18:34
8	Gareth Yardley	GRAMP	M50	3	1:19:16
9	Steve Wilson	CLYDE	M50	3	1:19:29
10	Rupert Parkinson	FVO	M50	3	1:24:29
11	Jari Pekkarinen	KFO	M50	3	1:25:04
12	Colin Smith	SYO	M50	3	1:26:11
13	Paul Fox	SN	M50	3	1:28:48
14	Iain Shepherd	INVOC	M50	3	1:29:49
15	Steve Dempsey	MDOC	M50	3	1:30:18
16	Iain Hope	INVOC	M50	3	1:32:12
17	John Lang	GRAMP	M50	3	1:39:45
18	Rupert Hornby	MOR	M50	3	1:40:05
19	Trevor Hindle	MDOC	M50	3	1:46:46
20	Keith Brown	ESOC	M50	3	1:47:40
21	Andy McCann	INVOC	M50	3	1:48:19
22	Donald Barrie	MAROC	M50	3	1:55:00
23	Murray Anderson	GRAMP	M50	3	1:57:56
24	Ian Rowland	ELO	M50	3	2:01:34
25	Jim Mailer	ECKO	M50	3	2:19:16
26	Tim Harding	ELO	M50	3	2:20:23
	Robin Skinner	MAROC	M50	3	mp
	Julian Hall	ELO	M50	3	mp
	David Robertson	ESOC	M50	3	dnf

Place	Name	Club	AgeClass	Course	Time
M50S (8)				4.8 km 240 m	12 C
1	Pete Lawrence	GRAMP	M50	8	54:06
2	Phil Smith	AYROC	M50	8	1:00:21
3	Ken Daly	INT	M50	8	1:02:36
4	Robert Cranston	RR	M50	8	1:11:30
5	Ian McIntyre	INT	M50	8	1:12:51
6	Alan Bennett	MAROC	M50	8	1:23:02
7	David Anderson	TAY	M50	8	1:23:32
	Martin Pritchett	MAROC	M50	8	disq
M55L (27)				6.6 km 340 m	18 C
1	Martin Bagness	WAROC	M55	4	1:04:50
2	Mark Saunders	BOK	M55	4	1:09:37
3	Robert Daly	GRAMP	M55	4	1:09:39
4	Evgueni Chepelin	GRAMP	M55	4	1:09:51
5	Donald Petrie	CLYDE	M55	4	1:11:54
6	Michael Billinghamurst	WCOC	M55	4	1:12:14
7	Nick Hale	SN	M55	4	1:12:50
8	John Tullie	RR	M55	4	1:14:33
9	Roger Coombs	MAROC	M55	4	1:18:21
10	Sam Gomersall	GRAMP	M55	4	1:18:49
11	Duncan Francis	BASOC	M55	4	1:19:40
12	Bob Cherry	AYROC	M55	4	1:23:18
13	Gary Longhurst	FVO	M55	4	1:23:24
14	Ian Maxwell	RR	M55	4	1:28:39
15	David Weir	MOR	M55	4	1:33:58
16	Edmund Rooney	RR	M55	4	1:34:16
17	Iain McLeod	GRAMP	M55	4	1:35:37
18	Davie Frame	TAY	M55	4	1:37:13
19	Keith Roberts	MAROC	M55	4	1:38:04
20	Chris Low	MAROC	M55	4	1:38:38
21	Paul Bradbury	SYO	M55	4	1:41:46
22	Ian Teasdale	WCOC	M55	4	1:50:13
23	Douglas Craig	WCH	M55	4	2:02:26
24	David Summers	INVOC	M55	4	2:23:45
25	Mark Kassyk	ESOC	M55	4	2:50:16
	Amjad Khursheed	RR	M55	4	mp
	Patrick Smyth	NATO	M55	4	dnf
M55S (14)				4.8 km 240 m	12 C
1	Martin Dean	FVO	M55	8	46:36
2	Graham McIntyre	INT	M55	8	55:09
3	Richard Oxlade	GRAMP	M55	8	1:02:07
4	Blair Young	TINTO	M55	8	1:05:11
5	Steve Smirthwaite	MOR	M55	8	1:10:22
6	Mike Rodgers	MOR	M55	8	1:12:19
7	Terry O'Brien	STAG	M55	8	1:14:00
8	Roger Thomas	WCOC	M55	8	1:16:19
9	Jonathan Lenton	MAROC	M55	8	1:22:02
10	Stephen Fellbaum	MDOC	M55	8	1:25:00
11	Paul Frost	BASOC	M55	8	1:25:18
12	Ian Addis	MOR	M55	8	1:29:00
13	Kenneth Anderson	MOR	M55	8	1:37:06
14	David Nichol	AYROC	M55	8	1:45:14

Place	Name	Club	AgeClass	Course	Time
M60L (11)				6.0 km 320 m	17 C
1	Eddie Harwood	MOR	M60	5	1:07:53
2	Robert Hickling	GRAMP	M60	5	1:11:50
3	Paul Duley	GRAMP	M60	5	1:12:30
4	Callum Scott	BASOC	M60	5	1:21:13
5	Derek Fryer	LOC	M60	5	1:26:07
6	Crawford Lindsay	ESOC	M60	5	1:31:29
7	David Rosen	SROC	M60	5	1:36:57
8	Douglas McKeith	INVOC	M60	5	1:39:36
9	Grant Carstairs	TAY	M60	5	1:39:50
10	Mark Holliday	FVO	M60	5	1:44:25
11	Pete Younger	ELO	M60	5	2:03:08
M60S (5)				4.7 km 215 m	12 C
1	Alan Halliday	MOR	M60	9	57:26
2	Gerry Thomson	STAG	M60	9	1:14:58
3	William Bruce	RR	M60	9	1:17:31
4	Brian Miller	ESOC	M60	9	2:04:58
nc	Donald Grassie	MOR	M60	9	59:29
M65L (27)				4.9 km 280 m	14 C
1	Andy Tivendale	MAROC	M70	7	54:23
2	Martin Wilson	BKO	M65	7	55:29
3	Mike Smithard	DEE	M65	7	56:29
4	John Simmons	BOK	M65	7	58:25
5	Dave Armitage	GRAMP	M65	7	58:32
6	Mike Godfree	DVO	M65	7	1:00:42
7	Phil Smithard	KFO	M65	7	1:01:26
8	Brian Johnson	WIM	M65	7	1:03:27
9	Peter Halling	CLYDE	M65	7	1:06:30
10	Guy Seaman	INVOC	M65	7	1:07:44
11	Peter Guillaume	SYO	M65	7	1:12:35
12	Geoffrey Hensman	FVO	M65	7	1:12:38
13	Phill Thompson	MOR	M65	7	1:13:01
14	John Coon	ECKO	M65	7	1:17:39
15	Dougie Condy	AYROC	M65	7	1:18:45
16	Alastair Lessells	ESOC	M65	7	1:20:20
16	Robin Strain	ELO	M65	7	1:20:20
18	Ian Turner	SOLWAY	M65	7	1:21:38
19	Brian Bullen	FVO	M65	7	1:23:00
20	Donald Smith	TAY	M65	7	1:23:51
21	Pat Squire	INT	M65	7	1:24:33
22	Roger Scrutton	ESOC	M65	7	1:24:50
23	Chris Aust	GRAMP	M65	7	1:26:00
24	John Nash	LOC	M65	7	1:29:25
25	Dave Neild	LOC	M65	7	1:33:02
26	Dick Carmichael	TINTO	M65	7	1:46:10
	Bill Stevenson	ESOC	M65	7	mp
M65S (3)				4.1 km 180 m	10 C
1	Jim Moffat	KFO	M65	10	1:14:01
2	George Esson	GRAMP	M65	10	1:56:50
3	Steve Buckley	LOC	M65	10	2:23:33

Place	Name	Club	AgeClass	Course	Time
M70L (15)				4.8 km 240 m	12 C
1	Julian Lailey	SROC	M70	8	1:05:14
2	Neil McLean	GRAMP	M70	8	1:05:29
3	Richard Spendlove	EPOC	M70	8	1:07:50
4	Michael Pearson	WCOC	M70	8	1:13:27
5	Dave McQuillen	SOLWAY	M70	8	1:16:20
6	Ian Pyrah	ESOC	M70	8	1:16:32
7	Robert Philp	KFO	M70	8	1:16:45
8	Tim Sowood	INVOC	M70	8	1:18:48
9	George Reynolds	INVOC	M70	8	1:18:53
10	Peter Craig	MAROC	M70	8	1:27:04
11	Tony Wagg	MDOC	M70	8	1:32:43
12	Keith Sykes	EPOC	M70	8	1:41:07
13	Steve Burge	LOC	M70	8	1:42:37
14	Mike Forsyth	GRAMP	M70	8	2:01:47
15	Brian Yates	ESOC	M70	8	2:31:35
M75L (5)				4.7 km 215 m	12 C
1	Barrie Speake	EBOR	M75	9	1:16:27
2	Dick Whitworth	BL	M75	9	1:26:37
3	Donald Macleod	FVO	M75	9	1:31:50
4	David Brook	NN	M75	9	1:32:43
5	David Mawdsley	MDOC	M75	9	1:33:08
M80 (2)				3.2 km 120 m	10 C
1	Stan Johnston	LOC	M80	11	1:11:36
2	Jim Clark	ESOC	M80	11	1:12:49
M85 (2)				2.8 km 100 m	8 C
1	Adrian Hope	BASOC	M85	12	1:47:07
2	Angus Aitken	GRAMP	M85	12	1:50:30
W10A (7)				2.9 km 140 m	16 C
1	Ella Rush	BOK	W10	17	29:41
2	Maja Robertson	ESOC	W10	17	37:12
3	Kate McLuckie	MOR	W10	17	44:40
4	Megan Pekkarinen	KFO	W10	17	45:08
5	Ruth Gooch	MAROC	W10	17	47:33
6	Sophie Howard	MOR	W10	17	59:26
7	Morven Thom	SOLWAY	W10	17	1:38:43
W10B (7)				2.2 km 60 m	13 C
1	Megan Brown	ESOC	W10	18	21:27
2	Kirsten Main	MOR	W10	18	27:24
3	Jasmine Owen	MOR	W10	18	29:31
4	Lianna Owen	MOR	W10	18	32:39
5	Erica Cload	INVOC	W10	18	35:15
6	Dara Tivendale	MAROC	W10	18	43:35
7	Bee Hendry	MAROC	W10	18	1:20:54

Place	Name	Club	AgeClass	Course	Time
W12A (12)				3.2 km 95 m	11 C
1	Hannah Kingham	MOR	W12	16	33:38
2	Isobel Howard	MOR	W12	16	39:04
3	Eva Wiseman	MOR	W12	16	44:28
4	Anna Cox	BASOC	W12	16	45:07
5	Gemma Collins	MAROC	W12	16	49:41
6	Fiona Eades	INT	W12	16	58:26
7	Iris Macmillan	ECKO	W12	16	1:00:16
8	Charlotte Reynolds	MAROC	W12	16	1:07:22
9	Kirsten Robertson	CLYDE	W12	16	1:08:52
10	Lizzie Hampshire	LOC	W12	16	1:10:21
11	Sarah Johnston	LOC	W12	16	1:23:22
12	Eliza Barrie	MAROC	W12	16	1:34:05
W12B (4)				2.9 km 140 m	16 C
1	Catriona Chapman	MAROC	W12	17	40:21
2	Lucy Hensman	FVO	W12	17	44:53
3	Rebecca O'Donovan	LOC	W12	17	47:47
4	Iona Kellas	MAROC	W12	17	48:20
W14A (15)				3.4 km 210 m	11 C
1	Lizzie Stansfield	FVO	W14	15	36:53
2	Alice Wilson	CLYDE	W14	15	38:02
3	Megan Keith	INVOC	W14	15	44:19
4	Isobel Cox	BASOC	W14	15	48:42
5	Caitlin Irving	WCOC	W14	15	50:53
6	Carys Thomas	WCOC	W14	15	51:32
7	Ellie Simmonds	LOC	W14	15	57:21
8	Amber Graham	MAROC	W14	15	59:21
9	Rona Shearer	ECKO	W14	15	1:03:29
10	Rachel Brown	ESOC	W14	15	1:03:32
11	Pippa Carcas	INT	W14	15	1:09:33
12	Holly Craig	WCH	W14	15	1:12:55
13	Sophie Evans	LOC	W14	15	1:13:55
14	Lucy Gibson	LOC	W14	15	1:16:33
15	Leah Bartlett	INT	W14	15	1:17:01
W14B (3)				3.2 km 95 m	11 C
1	Alice Wood	LOC	W14	16	46:51
2	Fiona Smith	AYROC	W14	16	1:00:31
3	Kirsty Owen	INT	W14	16	1:01:19
W16A (15)				4.8 km 240 m	12 C
1	Grace Molloy	FVO	W16	8	48:17
2	Naomi Lang	GRAMP	W16	8	55:07
3	Jenny Blackwood	INVOC	W16	8	59:50
4	Eilidh Campbell	MAROC	W16	8	1:02:18
5	Mairi Weir	MOR	W16	8	1:04:23
6	Kirsty Campbell	MAROC	W16	8	1:05:55
7	Zoe Graham	SOLWAY	W16	8	1:06:53
8	Mairi Eades	INT	W16	8	1:09:26
9	Jura Macmillan	ECKO	W16	8	1:10:15

Place	Name	Club	AgeClass	Course	Time
W16A (15)				4.8 km 240 m	12 C
10	Eilidh Shearer	ECKO	W16	8	1:18:40
11	Josie Gomersall	GRAMP	W16	8	1:19:41
12	Kerry Wood	ESOC	W16	8	1:24:01
13	Ailsa Anderson	GRAMP	W16	8	1:28:34
14	Katrina McGougan	BASOC	W16	8	1:34:44
15	Jennifer Spencer	MOR	W16	8	1:41:21
W16B (2)				3.4 km 210 m	11 C
1	Eloise Lardet	FVO	W16	15	1:22:40
2	Harriet Wood	LOC	W16	15	1:30:55
W18E (9)				5.0 km 300 m	14 C
1	Fiona Bunn	TVOC	W18	6	52:38
2	Pippa Dakin	SYO	W18	6	57:09
3	Lindsay Robertson	CLYDE	W18	6	59:26
4	Emma Wilson	CLYDE	W18	6	59:32
5	Abigail Mason	MAROC	W18	6	1:02:06
6	Kathryn Barr	MOR	W18	6	1:05:22
7	Clare Stansfield	FVO	W18	6	1:09:16
8	Roanne Lilley	ECKO	W18	6	1:13:24
9	Megan Ricketts	MAROC	W18	6	1:16:50
W18L (1)				4.8 km 240 m	12 C
1	Rosie Getliff	MAROC	W18	8	1:43:55
W20E (6)				5.0 km 300 m	14 C
1	Beth Hanson	EUOC	W20	6	51:28
2	Fay Walsh	EUOC	W20	6	54:31
3	Jennifer Ricketts	EUOC	W20	6	55:19
4	Carolyn Hindle	MDOC	W20	6	1:16:46
5	Bronwyn Matthews	MAROC	W20	6	1:48:10
	Sarah Jones	EUOC	W20	6	dnf
W20L (1)				4.8 km 240 m	12 C
1	Victoria Graham	GUOC	W20	8	1:58:58
W20S (1)				3.2 km 120 m	10 C
1	Rachel Hendrie	FVO	W20	11	54:51
W21E (10)				8.2 km 460 m	18 C
1	Charlotte Watson	EUOC	W21	2	1:12:46
2	Tessa Strain	EUOC	W21	2	1:19:32
3	Rona Lindsay	ESOC	W21	2	1:32:53
4	Chloe Haines	AROS	W21	2	1:35:17
5	Hazel Wright	MAROC	W21	2	1:37:17
6	Katrina McLeod	EUOC	W21	2	1:41:23
7	Rozy Shepherd	EUOC	W21	2	1:50:31
8	Jo Smith	EUOC	W21	2	1:56:26
9	Isla Simmons	EUOC	W21	2	1:57:53

Place	Name	Club	AgeClass	Course	Time
W21E (10)				8.2 km 460 m	18 C
	Zoe Harding	EUOC	W21	2	dnf
W21L (7)				6.6 km 340 m	18 C
1	Gemma Karatay	BASOC	W21	4	1:30:20
2	Sarah McAdam	RR	W21	4	1:33:08
3	Fiona Berrow	FVO	W21	4	1:38:16
4	Rachel Scott	GRAMP	W50	4	2:05:55
5	Elizabeth Loffill	STAG	W21	4	2:12:05
6	Michaela Kolistanikova	AUOC	W21	4	2:31:49
	Alison Fryer	MDOC	W21	4	dnf
W21S (3)				4.8 km 240 m	12 C
1	Kirsty McArthur	MOR	W21	8	1:08:20
2	Lucy Fryer	AROS	W21	8	2:05:08
	Emma Young	TINTO	W21	8	mp
W21V (2)				3.2 km 120 m	10 C
1	Laura Hendrie	FVO	W21	11	58:23
2	Lynsey Thomson	STAG	W21	11	1:51:51
W35L (2)				5.0 km 300 m	14 C
1	Janine Inman	FVO	W35	6	59:51
2	Kathy Taylor	MOR	W35	6	2:03:15
W35S (2)				4.7 km 215 m	12 C
1	Iryna Bogachova	AYROC	W35	9	1:05:12
2	Tereza maria Rush	BOK	W35	9	1:38:03
W40L (6)				5.0 km 300 m	14 C
1	Heather Thomson	ESOC	W40	6	1:06:56
2	Mary Ross	INT	W40	6	1:07:49
3	Alice Bedwell	BOK	W55	6	1:10:41
4	Beccy Osborn	FVO	W40	6	1:13:02
5	Esther Gooch	MAROC	W40	6	1:47:53
6	Alison Wiseman	MOR	W40	6	1:54:00
W40S (5)				4.1 km 180 m	10 C
1	Morag McLuckie	MOR	W40	10	59:53
2	Nikki Howard	MOR	W40	10	1:03:34
3	Anita Laidlaw	KFO	W40	10	1:09:45
	Katherine Hunter	ECKO	W40	10	dnf
nc	Jane Pottie	BASOC	W21	10	57:59
W45L (15)				4.9 km 280 m	14 C
1	Sarah Dunn	MAROC	W45	7	47:14
2	Susan Blackwood	INVOC	W45	7	57:34
3	Jen Leonard	FVO	W45	7	1:02:32

Place	Name	Club	AgeClass	Course	Time
W45L (15)				4.9 km 280 m	14 C
4	Lorna Eades	INT	W45	7	1:04:43
5	Susannah Macmillan	ECKO	W45	7	1:05:42
6	Josie Stansfield	FVO	W45	7	1:06:17
7	Katy McNeil	MOR	W45	7	1:09:25
8	Lynne Thomas	WCOC	W45	7	1:14:09
9	Elizabeth Barr	MOR	W45	7	1:16:23
10	Lucy Shearer	ECKO	W45	7	1:17:38
11	Rachel Kirkland	INT	W45	7	1:18:48
12	Tracy Craig	No club	W45	7	1:23:06
13	Alison Matheson	INVOC	W45	7	1:27:57
14	Carol Burnapp	ECKO	W45	7	1:36:41
15	Jane Exley	WAROC	W45	7	2:41:23
W45S (8)				4.1 km 180 m	10 C
1	Fiona Weir	INT	W45	10	1:06:26
2	Judith Bell	ESOC	W45	10	1:08:25
3	Rachel Provan	MOR	W50	10	1:14:48
4	Julie Watson	ECKO	W45	10	1:24:35
5	Sheila McMurtrie	MAROC	W45	10	1:25:46
6	Leonne Hutchinson	ESOC	W45	10	1:43:57
7	Hanne Robertson	ESOC	W45	10	1:54:55
8	Diane Mailer	ECKO	W45	10	1:58:55
W50L (22)				4.9 km 280 m	14 C
1	Hazel Dean	FVO	W50	7	52:30
2	Carolyn McLeod	GRAMP	W50	7	1:00:25
3	Alison Cunningham	ESOC	W50	7	1:04:43
4	Marsela McLeod	INVOC	W50	7	1:07:06
5	Ann Haley	INT	W50	7	1:07:11
6	Lesley Gomersall	GRAMP	W50	7	1:07:12
7	Denise Wright	MAROC	W50	7	1:08:51
8	Jane Ackland	INT	W50	7	1:09:02
9	Helen Rowlands	GRAMP	W50	7	1:10:21
10	Denise Main	MOR	W50	7	1:10:31
11	Louise Longhurst	FVO	W50	7	1:12:00
12	Heather Fellbaum	MDOC	W50	7	1:16:26
13	Lucy Galloway	INT	W50	7	1:17:44
14	Helena Nolan	ESOC	W50	7	1:18:41
15	Roos Eisma	TAY	W50	7	1:20:12
16	Pippa Weir	MOR	W50	7	1:23:18
17	Sue Barrie	MAROC	W50	7	1:23:20
18	Rachel Wilson	CLYDE	W50	7	1:23:58
19	Jane Anderson	TAY	W50	7	1:33:09
20	Carol Graham	SOLWAY	W50	7	1:36:46
21	Frances Getliff	MAROC	W50	7	1:38:07
22	Angela Dixon	TAY	W50	7	1:46:14
W50S (7)				4.1 km 180 m	10 C
1	Clare Martin	MAROC	W50	10	1:06:39
2	Shona Spencer	MOR	W50	10	1:18:54
3	Jane Carcas	INT	W50	10	1:23:27
4	Margaret McMillan	MAROC	W50	10	1:23:57

Place	Name	Club	AgeClass	Course	Time
W50S (7)				4.1 km 180 m 10 C	
5	Andrea Lines	ECKO	W50	10	1:52:17
6	Catherine Todd	INVOC	W50	10	2:05:16
	Caroline Hornby	MOR	W50	10	mp
W55L (14)				4.8 km 240 m 12 C	
1	Lindsey Bayles	LOC	W55	8	1:07:29
2	Jane Halliday	MOR	W55	8	1:10:43
3	Judy Burge	LOC	W55	8	1:16:48
4	Fran Loots	TAY	W55	8	1:20:24
5	Sonia Armitage	GRAMP	W55	8	1:23:22
6	Anne Burbidge	WCOC	W55	8	1:23:53
7	Elizabeth Deane	CORK O	W55	8	1:31:22
8	Marcia Bradbury	SYO	W55	8	1:32:57
9	Morag McIntyre	INT	W55	8	1:40:32
10	Jacky Dakin	SYO	W55	8	1:52:32
11	Judy Leslie	MOR	W55	8	2:03:41
12	Fiona Johnston	RR	W55	8	2:07:14
	Gill Sharp	SN	W55	8	mp
nc	Janet Cronk	WAOC	W55	8	1:25:03
W55S (6)				3.2 km 120 m 10 C	
1	Penelope Smirthwaite	MOR	W55	11	58:03
2	Fiona Hendrie	FVO	W55	11	1:01:19
3	Sheelagh Nichol	AYROC	W55	11	1:20:04
4	Sue Harding	SROC	W50	11	1:20:24
5	Anne Hoy	GRAMP	W55	11	1:30:33
6	Lorna Young	TINTO	W55	11	1:35:11
W60L (12)				4.7 km 215 m 12 C	
1	Pauline McAdam	RR	W60	9	58:29
2	Gill Berrow	ECKO	W60	9	59:45
3	Alison Simmons	BOK	W60	9	1:03:11
4	Amelia Petrie	CLYDE	W60	9	1:03:56
5	Val Belton	CLYDE	W60	9	1:05:17
6	Hilary Quick	BASOC	W60	9	1:05:40
7	Janice Nisbet	ESOC	W60	9	1:13:00
8	Joyce Brunton	INVOC	W60	9	1:20:41
9	Sally Lindsay	ESOC	W60	9	1:20:59
10	Anne Hickling	GRAMP	W60	9	1:21:33
11	Hilary Scott	BASOC	W60	9	1:25:24
12	Elizabeth Furness	MOR	W60	9	1:36:37
W60S (6)				3.2 km 120 m 10 C	
1	Oonagh Grassie	GRAMP	W60	11	57:46
2	Lynne Walker	BASOC	W60	11	59:39
3	Pauline Smithard	DEE	W60	11	1:09:57
4	Judith Guillaume	SYO	W60	11	1:14:19
5	Annette Milburn	WCOC	W60	11	1:48:45
	Jayne Macgregor	GRAMP	W60	11	dnf

Place	Name	Club	AgeClass	Course	Time
W65L (19)				4.1 km 180 m	10 C
1	Miriam Rosen	SROC	W65	10	1:04:23
2	Mary Williams	ESOC	W65	10	1:07:45
3	Joan Noble	INVOC	W65	10	1:08:54
4	Sheila Strain	ELO	W65	10	1:15:21
5	Lindsey Hensman	FVO	W65	10	1:16:33
6	Trish Carmichael	TINTO	W65	10	1:20:28
7	Liz Godfree	DVO	W65	10	1:21:37
8	Margaret Dearman	MOR	W65	10	1:23:04
9	Trina Rogerson	ELO	W65	10	1:24:52
10	Janet Nash	LOC	W65	10	1:26:44
11	Marcella McLennan	TINTO	W65	10	1:28:18
12	Anne Stevenson	ESOC	W65	10	1:30:10
13	Valerie Springett	INVOC	W65	10	1:33:10
14	Margaret Fraser	MAROC	W65	10	1:40:59
15	Maureen Brown	ESOC	W65	10	1:41:20
16	Helen Neild	LOC	W65	10	1:47:43
17	Katy Lessells	ESOC	W65	10	1:50:41
18	Anne Thom	ESOC	W65	10	1:56:04
	Beryl Seaman	INVOC	W65	10	mp
W65S (5)				2.8 km 100 m	8 C
1	Chris Wood	FVO	W70	12	1:00:27
2	Margaret Aust	GRAMP	W65	12	1:10:56
3	Audrey Wilson hay	GRAMP	W65	12	1:17:28
4	Susan Coon	ECKO	W65	12	1:17:33
	Patricia McLaughlin	STAG	W65	12	mp
W70L (6)				4.1 km 180 m	10 C
1	Carol McNeill	LOC	W70	10	59:56
2	Eleanor Pyrah	ESOC	W70	10	1:14:48
3	Marion Maccormick	BASOC	W70	10	1:16:40
4	Karen Blackburn	BL	W70	10	1:19:27
5	Jo Cumming	BASOC	W70	10	2:08:34
6	Angela Whitworth	BL	W70	10	2:09:32
W70S (5)				2.8 km 100 m	8 C
1	Adrienne Sowood	INVOC	W70	12	1:08:14
2	Katharine Melville	TAY	W70	12	1:29:41
3	Jane McQuillen	SOLWAY	W70	12	1:31:48
4	Marjory Craig	MAROC	W70	12	1:43:27
	Rosie Pye	MOR	W70	12	mp
W75 (3)				3.2 km 120 m	10 C
1	Janet Clark	ESOC	W75	11	1:39:28
2	Sue Birkinshaw	MDOC	W75	11	1:48:13
3	Lucile Macleod	FVO	W75	11	1:56:07
W80 (1)				2.8 km 100 m	8 C
1	Verena Johnston	LOC	W80	12	1:17:07

Place	Name	Club	AgeClass	Course	Time
Lt Green (18)				3.4 km 210 m	11 C
1	Grant McMurtrie	MAROC	M14	15	44:59
2	Nicholas Barr	MOR	M55	15	48:23
3	Kate Robertson	GRAMP	W35	15	49:55
4	Peggy Purves	FVO	W40	15	50:52
5	William Ivory	INT	M40	15	58:44
6	Siobhan Evans	MOR	W40	15	59:21
7	Elaine Gillies	TAY	W50	15	1:11:26
8	Elizabeth Campbell	MOR	W50	15	1:14:15
9	Carolyn Cload	INVOC	W35	15	1:18:18
10	Bill Melville	TAY	M75	15	1:20:33
11	Kate Anderson	GRAMP	W50	15	1:21:08
12	Heather Martin	No club		15	1:28:51
13	Callum Tyler	FVO	M21	15	1:31:21
14	Jane Cox	BASOC	W55	15	1:59:11
15	Paul Lawlor	ESOC	M50	15	2:03:14
16	Su Twissell	INT	W45	15	2:18:01
	Katja Neumann	MAROC	W45	15	mp
	Peter McLuckie	MOR	M45	15	mp
Orange (11)				3.2 km 95 m	11 C
1	Paul Chapman	MAROC	M45	16	42:19
2	Katherine Ivory	INT	W40	16	45:02
3	Steven Owen	No club	M21	16	51:55
4	Scott Newey	MAROC	M45	16	56:38
5	Emily Hunter	ECKO	W16	16	57:52
6	Judy Smith	AYROC	W45	16	1:14:44
7	Hazel Clark	ESOC	W40	16	1:38:07
8	Callum McIntyre	INT	M18	16	1:59:29
9	Aileen Holliday	FVO	W55	16	2:45:53
	Patrick Lang	GRAMP	M12	16	mp
	Jacqueline Chapman	MAROC	W45	16	mp
Yellow (6)				2.9 km 140 m	16 C
1	Rosie Brown	No club		17	46:24
2	Owen Baxendale	LOC	M14	17	52:11
3	Michael Lyman	No club		17	53:50
4	Thomas Owen	INT	M12	17	59:34
5	Ian Hall	No club		17	1:23:53
	Alan Macgregor	GRAMP	M60	17	dnf
White (12)				2.2 km 60 m	13 C
1	Felice Evans	FVO	W14	18	23:52
2	Zoe+1 Clark	ESOC	W10	18	25:32
3	Jamie Connor	FVO	M10	18	31:04
4	Hanna Brindley	FVO	W10	18	31:27
5	Cameron Stuart	MAROC	M12	18	31:49
6	Florence Bond Butler	No club		18	32:27
7	Hazel Cload	INVOC	W10	18	32:52
8	Anna Howard	MOR	W10	18	34:23
nc	Hannah Wiseman	MOR	W10	18	29:11

Place	Name	Club	AgeClass	Course	Time
White (12)				2.2 km 60 m	13 C
nc	Andrew Popham	KFO	M10	18	30:10
nc	Eilidh Connor	FVO	W10	18	30:30
nc	Tom O'Donoghue	ESOC		18	45:51