

PI	Name	Time	2.9 km 140 m 16 C													
			1(147) 15(206)	2(142) 16(218)	3(201) Finish	4(194)	5(203)	6(232)	7(124)	8(233)	9(207)	10(204)	11(191)	12(195)	13(119)	14(200)
1	Angus Laird INVOC	34:08	3:42 3:40 32:30 2:20	6:41 2:59 3:25 0:55	9:12 2:31 3:08 0:43	10:40 1:28	13:12 2:32	14:49 1:37	16:23 1:34	18:26 2:03	20:50 2:24	23:42 2:52	25:45 2:03	26:58 1:13	28:28 1:30	30:10 1:42
2	David Ivory INT	39:42	3:06 3:06 37:48 2:24	5:31 2:25 38:55 1:07	9:34 4:03 39:42 0:47	10:35 1:01	12:34 1:59	14:40 2:06	16:04 1:24	22:27 6:23	25:03 2:36	28:58 3:55	31:00 2:02	32:23 1:23	33:56 1:33	35:24 1:28
3	Finlay Jenkins MAROC	47:12	4:28 4:28 44:50 2:37	12:55 8:27 46:29 1:39	15:19 2:24 47:12 0:43	16:43 1:24	19:51 3:08	21:20 1:29	22:58 1:38	24:52 1:54	27:52 3:00	33:22 5:30	36:01 2:39	37:52 1:51	40:11 2:19	42:13 2:02
M10B (8)			2.2 km 60 m 13 C													
			1(148)	2(147)	3(223)	4(142)	5(192)	6(194)	7(191)	8(195)	9(119)	10(200)	11(224)	12(206)	13(218)	Finish
1	Finlay McLuckie MOR	17:57	0:46 0:46	2:38 1:52	4:13 1:35	4:56 0:43	5:56 1:00	7:08 1:12	8:32 1:24	9:33 1:01	10:44 1:11	11:56 1:12	15:12 3:16	16:16 1:04	17:15 0:59	17:57 0:42
2	Ben Ross INT	20:05	1:00 1:00	3:06 2:06	5:15 2:09	6:14 0:59	7:27 1:13	8:52 1:25	10:40 1:48	11:49 1:09	13:54 2:05	15:20 1:26	17:06 1:46	18:12 1:06	19:23 1:11	20:05 0:42
3	Calum Robertson ESOC	23:18	1:18 1:18	4:26 3:08	6:39 2:13	7:37 0:58	9:10 1:33	10:54 1:44	12:58 2:04	15:16 2:18	16:57 1:41	18:45 1:48	20:02 1:17	21:31 1:29	22:31 1:00	23:18 0:47
4	Noah Griffin GRAMP	25:30	1:08 1:08	3:50 2:42	6:20 2:30	7:33 1:13	9:22 1:49	11:24 2:02	14:09 2:45	16:05 1:56	17:53 1:48	19:33 1:40	21:03 1:30	23:21 2:18	24:41 1:20	25:30 0:49
5	Oliver Robertson GRAMP	26:43	1:27 1:27	4:56 3:29	7:20 2:24	8:22 1:02	10:00 1:38	11:54 1:54	14:23 2:29	16:41 2:18	18:44 2:03	20:31 1:47	22:26 1:55	24:05 1:39	25:39 1:34	26:43 1:04
6	Yann Newey MAROC	27:39	1:06 1:06	3:38 2:32	5:41 2:03	6:46 1:05	8:01 1:15	13:00 4:59	18:31 5:31	19:47 1:16	21:41 1:54	23:10 1:29	24:28 1:18	26:02 1:34	27:02 1:00	27:39 0:37
7	Rowan Lawlor ESOC	30:20	0:57 0:57	3:11 2:14	9:39 6:28	11:05 1:26	13:02 1:57	18:25 5:23	20:06 1:41	21:32 1:26	23:58 2:26	25:45 1:47	26:59 1:14	28:26 1:27	29:43 1:17	30:20 0:37
8	Robert Main MOR	34:18	0:57 0:57 17:45 *201	11:48 10:51	13:58 2:10	15:01 1:03	16:54 1:53	22:20 5:26	24:13 1:53	25:32 1:19	27:59 2:27	29:35 1:36	30:50 1:15	32:21 1:31	33:39 1:18	34:18 0:39
M12A (16)			3.2 km 95 m 11 C													
			1(222)	2(125)	3(201)	4(203)	5(221)	6(122)	7(233)	8(204)	9(195)	10(129)	11(218)	Finish		
1	Ewan Musgrave MAROC	27:58	3:13 3:13	6:02 2:49	7:12 1:10	9:23 2:11	11:27 2:04	13:21 1:54	17:11 3:50	19:06 1:55	22:56 3:50	26:13 3:17	27:28 1:15	27:58 0:30		
2	Joel Gooch MAROC	29:29	3:04 3:04	6:21 3:17	7:32 1:11	10:14 2:42	12:48 2:34	15:12 2:24	19:56 4:44	22:07 2:11	24:27 2:20	28:03 3:36	29:29 0:56	29:29 0:30		
3	Sam Griffin GRAMP	32:01	3:18 3:18	6:06 2:48	7:27 1:21	9:58 2:31	11:50 1:52	14:59 3:09	19:43 4:44	22:08 2:25	24:17 2:09	30:25 6:08	31:28 1:03	32:01 0:33	32:01 0:33	18:24 *124
4	Finlay Raynor INVOC	32:03	3:41 3:41	6:54 3:13	8:34 1:40	11:37 3:03	14:25 2:48	17:06 2:41	22:12 5:06	24:24 2:12	26:41 2:17	30:27 3:46	31:27 1:00	32:03 0:36	32:03 0:36	21:09 *124
5	Jamie Goddard FVO	34:38	3:17 3:17	6:18 3:01	7:43 1:25	10:18 2:35	12:44 2:26	16:25 3:41	21:31 5:06	23:56 2:25	26:45 2:49	32:38 5:53	33:56 1:18	34:38 0:42		
6	David Spencer MOR	35:03	4:20 4:20	7:00 2:40	10:14 3:14	12:45 2:31	14:46 2:01	18:10 3:24	23:36 5:26	26:11 2:35	28:36 2:25	33:18 4:42	34:31 1:13	35:03 0:32		
7	Benjamin Squire NOC	41:01	3:32 3:32	7:49 4:17	13:56 6:07	16:45 2:49	19:00 2:15	25:32 6:32	31:05 5:33	33:09 2:04	35:32 2:23	39:21 3:49	40:24 1:03	41:01 0:37		
8	Oscar Shepherd INVOC	41:03	9:56 9:56	13:20 3:24	14:54 1:34	17:17 2:23	19:52 2:35	23:10 3:18	28:36 5:26	31:28 2:52	33:55 2:27	38:55 5:00	40:30 1:35	41:03 0:33		
9	Bruce Evans MOR	46:59	5:37 5:37	10:06 4:29	11:38 1:32	21:23 9:45	24:38 3:15	31:51 7:13	36:56 5:05	39:20 2:24	41:31 2:11	45:29 3:58	46:26 0:57	46:59 0:33		
10	Joseph Jackson LOC	49:53	8:20 8:20	13:56 5:36	15:27 1:31	21:11 5:44	23:43 2:32	27:34 3:51	33:44 6:10	38:41 4:57	43:04 4:23	48:01 4:57	49:18 1:17	49:53 0:35		
11	Angus Ivory INT	54:15	3:35 3:35	8:56 5:21	10:40 1:44	13:40 3:00	16:22 2:42	30:00 13:38	35:47 5:47	38:42 2:55	41:28 2:46	51:54 10:26	53:42 1:48	54:15 0:33		
12	Sam Bartlett INT	57:04	3:45 3:45	7:27 3:42	12:20 4:53	15:47 3:27	18:14 2:27	27:27 9:13	34:41 7:14	42:30 7:49	49:44 7:14	55:06 5:22	56:24 1:18	57:04 0:40		
13	Robin Purves FVO	59:35	9:47 9:47	14:08 4:21	15:45 1:37	18:07 2:22	20:45 2:38	24:14 3:29	33:59 9:45	39:22 5:23	45:17 5:55	57:27 12:10	58:52 1:25	59:35 0:43		
14	Angus Thom SOLWAY	1:10:03	6:21 6:21	12:42 6:21	14:53 2:11	19:24 4:31	24:06 4:42	34:24 10:18	45:08 10:44	53:46 8:38	1:00:30 6:44	1:07:26 6:56	1:09:21 1:55	1:10:03 0:42		
15	Alexander Niland BASOC	1:18:53	6:26 6:26	14:56 8:30	17:15 2:19	21:11 3:56	25:18 4:07	40:02 14:44	58:10 18:08	1:00:51 2:41	1:04:38 3:47	1:16:08 11:30	1:18:10 2:02	1:18:53 0:43	1:03:32 *191	
	Adam Barrie MAROC	mp	23:58 23:58	28:06 4:08	30:12 2:06	35:37 5:25	39:33 3:56	-----	1:02:50 23:17	1:07:39 4:49	1:11:37 3:58	1:20:14 8:37	1:23:01 2:47	1:23:55 0:54		

M12B (10)			2.9 km 140 m 16 C													
			1(147) 15(206)	2(142) 16(218)	3(201) Finish	4(194)	5(203)	6(232)	7(124)	8(233)	9(207)	10(204)	11(191)	12(195)	13(119)	14(200)
1	Thomas Ross INT	27:00	3:02 3:02 25:33 2:05	5:47 2:45 26:20 0:47	7:43 1:56 27:00 0:40	8:55 1:12	11:03 2:08	12:08 1:05	12:45 0:37	13:49 1:04	15:27 1:38	18:18 2:51	19:58 1:40	20:51 0:53	22:11 1:20	23:28 1:17

Pl	Name	Time														
M14A (16)			3.9 km 170 m				14 C				<i>(cont.)</i>					
			1(225) Finish	2(128)	3(153)	4(210)	5(116)	6(217)	7(221)	8(122)	9(123)	10(127)	11(222)	12(126)	13(143)	14(218)
10	Matthew Haddow LOC	1:27:07	3:09 3:09 1:27:07 0:36	8:23 5:14	11:51 3:28	18:48 6:57	30:19 11:31	35:32 5:13	37:51 2:19	48:26 10:35	58:43 10:17	1:04:33 5:50	1:11:26 6:53	1:20:29 9:03	1:24:05 3:36	1:26:31 2:26
11	Harry O'Donovan LOC	1:29:12	3:21 3:21 1:29:12 0:38	8:10 4:49	14:30 6:20	24:01 9:31	48:03 24:02	52:08 4:05	54:46 2:38	1:01:29 6:43	1:10:09 8:40	1:14:37 4:28	1:16:40 2:03	1:24:10 7:30	1:27:08 2:58	1:28:34 1:26
12	Aidan McCann INVOC	1:39:09	17:19 17:19 1:39:09 0:31	26:43 9:24	31:14 4:31	37:18 6:04	49:17 11:59	1:03:35 14:18	1:06:54 3:19	1:09:46 2:52	1:18:10 8:24	1:24:50 6:40	1:26:58 2:08	1:33:15 6:17	1:37:15 4:00	1:38:38 1:23
13	Matthew Ross INT	2:14:50	13:20 13:20 2:14:50 0:40	20:34 7:14	28:09 7:35	44:19 16:10	56:36 12:17	1:02:24 5:48	1:06:23 3:59	1:09:22 2:59	1:18:06 8:44	1:23:59 5:53	1:26:50 2:51	1:59:54 33:04	2:10:54 11:00	2:14:10 3:16
	Ellis Hunter ECKO	mp	4:00 4:00 44:35 0:35	----- -----	----- 7:25 *127	----- 10:18 *211	----- 15:47 *213	19:30 15:30 36:43 *125	21:44 2:14 43:09 *129	24:28 2:44	----- -----	----- -----	40:00 15:32	----- -----	44:00 4:00	
	Ewan Purves FVO	mp	2:45 2:45 1:14:56 0:37	7:23 4:38	10:45 3:22	15:43 4:58	23:50 8:07	29:38 5:48	31:54 2:16	34:30 2:36	44:00 9:30	49:24 5:24	51:42 2:18	----- -----	1:12:18 20:36	1:14:19 2:01
	Sorley Todd INVOC	dnf	31:29 31:29	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----

M14B (7)			3.2 km 95 m				11 C									
			1(222)	2(125)	3(201)	4(203)	5(221)	6(122)	7(233)	8(204)	9(195)	10(129)	11(218)	Finish		
1	Ben McMorran INVOC	49:08	5:21 5:21	8:58 3:37	11:32 2:34	15:05 3:33	20:10 5:05	26:05 5:55	34:31 8:26	37:54 3:23	41:26 3:32	46:29 5:03	48:35 2:06	49:08 0:33		
2	Logan Mailer ECKO	54:45	4:39 4:39	9:22 4:43	11:22 2:00	14:51 3:29	18:12 3:21	21:41 3:29	39:05 17:24	42:55 3:50	46:16 3:21	52:10 5:54	54:04 1:54	54:45 0:41		
3	Liam Woodend LOC	1:00:29	4:07 4:07	8:11 4:04	9:40 1:29	21:45 12:05	24:44 2:59	28:25 3:41	41:50 13:25	46:59 5:09	51:18 4:19	58:12 6:54	59:48 1:36	1:00:29 0:41		
4	Toby Cody LOC	1:02:46	7:43 7:43	14:42 6:59	17:07 2:25	24:37 7:30	28:03 3:26	34:35 6:32	44:04 9:29	47:28 3:24	50:35 3:07	1:00:51 10:16	1:02:12 1:21	1:02:46 0:34		
5	Fenton Wilson LOC	1:18:36	5:59 5:59	16:01 10:02	17:18 1:17	34:53 17:35	38:04 3:11	56:27 18:23	1:04:22 7:55	1:07:33 3:11	1:10:38 3:05	1:16:39 6:01	1:18:02 1:23	1:18:36 0:34		
	Sean Glendinning MAROC	mp	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	16:59 *225
	Jamie Lawlor ESOC	dnf	11:17 11:17	18:08 6:51	22:51 4:43	34:14 11:23	41:43 7:29	----- -----	----- -----	----- -----	----- -----	----- -----	1:32:55 51:12	1:34:46 1:51		

M16A (13)			6.0 km 320 m				17 C									
			1(205) 15(146)	2(112) 16(149)	3(193) 17(218)	4(190) Finish	5(113)	6(196)	7(197)	8(144)	9(210)	10(122)	11(217)	12(213)	13(214)	14(114)
1	Alastair Thomas WCOC	48:04	2:28 2:28 44:31 0:46	4:35 2:07 46:51 2:20	9:39 5:04 47:31 0:40	11:22 1:43 48:04 0:33	12:34 1:12	16:06 3:32	17:55 1:49	20:16 2:21	26:49 6:33	33:11 6:22	36:33 3:22	39:03 2:30	40:14 1:11	43:45 3:31
2	Jake Chapman MAROC	53:02	3:05 3:05 49:56 0:39	7:00 3:55 51:55 1:59	12:26 5:26 52:34 0:39	14:08 1:42 53:02 0:28	15:33 1:25	19:04 3:31	21:53 2:49	24:00 2:07	31:03 7:03	37:56 6:53	41:51 3:55	44:09 2:18	45:36 1:27	49:17 3:41
3	Alistair Chapman MAROC	1:02:57	8:34 8:34 59:50 0:35	13:09 4:35 1:01:53 2:03	18:51 5:42 1:02:28 0:35	20:52 2:01 1:02:57 0:29	23:53 3:01	27:33 3:40	29:39 2:06	31:56 2:17	40:13 8:17	47:24 7:11	51:17 3:53	54:09 2:52	55:40 1:31	59:15 3:35
4	Benjamin Parkinso FVO	1:16:42	3:03 3:03 1:12:21 0:59	7:39 4:36 1:15:30 3:09	15:01 7:22 1:16:06 0:36	16:56 1:55 1:16:42 0:36	21:44 4:48	26:05 4:21	30:49 4:44	34:35 3:46	43:52 9:17	54:25 10:33	59:26 5:01	1:03:12 3:46	1:05:06 1:54	1:11:22 6:16
5	John Getliff MAROC	1:28:51	8:33 8:33 1:24:26 0:38	11:13 2:40 1:27:45 3:19	23:47 12:34 1:28:23 0:38	28:54 5:07 1:28:51 0:28	30:46 1:52	36:22 5:36	39:39 3:17	42:47 3:08	53:52 11:05	1:03:38 9:46	1:09:45 6:07	1:14:23 4:38	1:16:38 2:15	1:23:48 7:10
6	Alasdair Raynor INVOC	1:33:32	3:24 3:24 1:28:18 1:20	7:27 4:03 1:32:11 3:53	17:52 10:25 1:33:00 0:49	20:23 2:31 1:33:32 0:32	27:28 7:05	33:22 5:54	37:17 3:55	41:36 4:19	54:28 12:52	1:06:30 12:02	1:13:26 6:56	1:17:11 3:45	1:19:27 2:16	1:26:58 7:31

PI Name	Time	6.0 km 320 m				17 C				<i>(cont.)</i>					
		1(205) 15(146)	2(112) 16(149)	3(193) 17(218)	4(190) Finish	5(113)	6(196)	7(197)	8(144)	9(210)	10(122)	11(217)	12(213)	13(214)	14(114)
M16A (13)															
7 Ewan Shearer ECKO	1:49:30	2:08 2:08 1:44:21 0:57	5:19 3:11 1:47:46 3:25	13:35 8:16 1:48:56 1:10	17:49 4:14 1:49:30 0:34	20:36 2:47	28:04 7:28	46:17 18:13	49:34 3:17	1:06:54 17:20	1:19:04 12:10	1:27:09 8:05	1:31:41 4:32	1:36:43 5:02	1:43:24 6:41
8 Alasdair Lilley ECKO	1:50:45	6:06 6:06 1:46:06 0:55	13:15 7:09 1:49:16 3:10	21:55 8:40 1:50:13 0:57	24:30 2:35 1:50:45 0:32	28:09 3:39	34:32 6:23	44:06 9:34	48:05 3:59	59:31 11:26	1:12:00 12:29	1:20:10 8:10	1:23:56 3:46	1:25:43 1:47	1:45:11 19:28
9 Peter Collins MAROC	2:18:14	10:36 10:36 2:11:55 0:53	17:43 7:07 2:16:43 4:48	33:12 15:29 2:17:42 0:59	36:10 2:58 2:18:14 0:32	38:44 2:34	46:25 7:41	49:38 3:13	53:52 4:14	1:10:21 16:29	1:45:04 34:43	1:52:26 7:22	1:58:12 5:46	2:04:54 6:42	2:11:02 6:08
Joseph Wright MAROC	mp	1:45 1:45 49:00 0:43	3:47 2:02 50:38 1:38	9:46 5:59 51:13 0:35	11:25 1:39 51:40 0:27	12:31 1:06	16:11 3:40	18:24 2:13	20:35 2:11	----- 15:01	35:36 4:12	39:48 3:10	42:58 3:10	44:12 1:14	48:17 4:05
Luke Graham MAROC	mp	9:48 9:48 1:35:15 0:51	15:57 6:09 1:38:25 3:10	26:20 10:23 1:39:11 0:46	28:57 2:37 1:39:42 0:31	30:45 1:48	36:24 5:39	48:47 12:23	51:51 3:04	----- 23:51	1:15:42 6:22	1:22:04 4:05	1:26:09 4:05	1:29:02 2:53	1:34:24 5:22
Fraser Haig MOR	mp	11:41 11:41 -----	15:02 3:21 1:58:27 21:13	23:00 7:58 1:59:23 0:56	26:14 3:14 1:59:51 0:28	36:23 10:09	42:21 5:58	55:50 13:29	59:38 3:48	1:11:58 12:20	1:24:43 12:45	1:31:49 7:06	1:37:14 5:25	-----	-----
Max Provan MOR	dnf	11:41 11:41 -----	15:09 3:28 1:47:32 24:06	24:04 8:55 1:48:38 1:06	29:22 5:18 1:49:17 0:39	41:50 12:28	-----	-----	1:23:26 41:36	-----	-----	-----	-----	-----	-----
M16B (4)															
		1(225) Finish	2(128)	3(153)	4(210)	5(116)	6(217)	7(221)	8(122)	9(123)	10(127)	11(222)	12(126)	13(143)	14(218)
1 Logan McIntyre INT	56:42	5:01 5:01 56:42 0:31	10:05 5:04	12:41 2:36	16:39 3:58	23:27 6:48	26:49 3:22	29:55 3:06	32:57 3:02	41:04 8:07	44:29 3:25	46:05 1:36	51:21 5:16	54:25 3:04	56:11 1:46
2 Lachlan Kirk GRAMP	1:04:40	3:32 3:32 1:04:40 0:30	17:08 13:36 2:36	19:44 4:21 2:36	24:05 10:43 4:21	34:48 10:43 3:13	38:01 2:05	40:06 2:05	43:01 2:55	48:53 5:52	52:43 3:50	54:52 2:09	1:00:25 5:33	1:02:38 2:13	1:04:10 1:32
3 Ben Brown ESOC	1:47:55	12:52 12:52 1:47:55 0:36	21:37 8:45	28:03 6:26	36:36 8:33	49:14 12:38	56:54 7:40	1:00:36 3:42	1:06:03 5:27	1:16:43 10:40	1:23:26 6:43	1:26:24 2:58	1:38:51 12:27	1:44:53 6:02	1:47:19 2:26
4 Joseph Bartlett INT	1:56:25	4:54 4:54 1:56:25 0:29	27:34 22:40	33:17 5:43	40:43 7:26	48:30 7:47	53:28 4:58	56:00 2:32	59:48 3:48	1:24:09 24:21	1:31:00 6:51	1:34:47 3:47	1:45:36 10:49	1:54:10 8:34	1:55:56 1:46
M18E (11)															
		1(112) 15(226)	2(107) 16(126)	3(152) 17(149)	4(133) 18(218)	5(196) Finish	6(144)	7(209)	8(215)	9(219)	10(115)	11(117)	12(220)	13(227)	14(214)
1 Harrison McCartney OD	59:28	2:46 2:46 53:32 3:30	6:48 4:02 55:53 2:21	9:34 2:46 58:34 2:41	10:50 1:16 59:03 0:29	15:51 5:01 59:28 0:25	18:44 2:53	23:53 5:09	28:25 4:32	33:57 5:32	35:29 1:32	37:32 2:03	40:11 2:39	42:32 2:21	50:02 7:30
2 Tom Lines ECKO	1:06:52	2:48 2:48 1:01:44 3:37	7:26 4:38 1:04:12 2:28	10:28 3:02 1:05:51 1:39	11:44 1:16 1:06:22 0:31	17:38 5:54 1:06:52 0:30	20:41 3:03	26:58 6:17	32:16 5:18	39:24 7:08	41:11 1:47	44:19 3:08	46:42 2:23	48:42 2:00	58:07 9:25
3 Aidan Rigby CLOK	1:06:55	4:01 4:01 1:01:23 3:04	9:10 5:09 1:04:01 2:38	12:03 2:53 1:05:53 1:52	13:23 1:20 1:06:24 0:31	18:53 5:30 1:06:55 0:31	21:57 3:04	28:00 6:03	33:21 5:21	39:28 6:07	41:20 1:52	43:43 2:23	46:20 2:37	49:04 2:44	58:19 9:15
4 Matthew Fellbaum MDOC	1:08:13	3:18 3:18 1:02:32 3:41	8:43 5:25 1:05:29 2:57	11:41 2:58 1:07:16 1:47	13:06 1:25 1:07:45 0:29	19:02 5:56 1:08:13 0:28	22:10 3:08	28:27 6:17	33:22 4:55	40:30 7:08	41:56 1:26	44:30 2:34	47:51 3:21	50:09 2:18	58:51 8:42
5 Ewan McMillan MAROC	1:11:47	3:44 3:44 1:06:01 4:09	8:17 4:33 1:08:48 2:47	11:38 3:21 1:10:48 2:00	12:57 1:19 1:11:20 0:32	19:36 6:39 1:11:47 0:27	23:15 3:39	28:58 5:43	36:35 7:37	42:54 6:19	44:32 1:38	47:10 2:38	49:55 2:45	52:34 2:39	1:01:52 9:18
6 Freddie Carcas INT	1:13:38	3:06 3:06 1:08:38 3:48	7:55 4:49 1:11:03 2:25	11:18 3:23 1:12:44 1:41	12:36 1:18 1:13:11 0:27	18:15 5:39 1:13:38 0:27	21:54 3:39	28:11 6:17	32:45 4:34	39:12 6:27	41:21 2:09	49:09 7:48	53:18 4:09	55:43 2:25	1:04:50 9:07

Pl	Name	Time														
M18E (11)			8.2 km 460 m 18 C					<i>(cont.)</i>								
			1(112) 15(226)	2(107) 16(126)	3(152) 17(149)	4(133) 18(218)	5(196) Finish	6(144)	7(209)	8(215)	9(219)	10(115)	11(117)	12(220)	13(227)	14(214)
7	James Ackland INT	1:16:25	4:42 4:42 1:10:59 3:18	10:42 6:00 1:13:28 2:29	13:53 3:11 1:15:24 1:56	15:24 1:31 1:15:55 0:31	21:48 6:24 1:16:25 0:30	24:57 3:09	32:14 7:17	38:39 6:25	46:03 7:24	48:54 2:51	51:45 2:51	55:14 3:29	58:33 3:19	1:07:41 9:08
8	Finlay Todd INVOC	1:19:43	5:27 5:27 1:13:23 5:12	13:09 7:42 1:16:18 2:55	16:23 3:14 1:18:38 2:20	17:46 1:23 1:19:13 0:35	23:23 5:37 1:19:43 0:30	26:27 3:04	32:27 6:00	37:23 4:56	45:01 7:38	46:51 1:50	52:59 6:08	56:01 3:02	58:34 2:33	1:08:11 9:37
9	Alex Carcas INT	1:20:34	5:39 5:39 1:14:09 4:13	10:27 4:48 1:17:25 3:16	13:33 3:06 1:19:32 2:07	14:45 1:12 1:20:09 0:37	19:50 5:05 1:20:34 0:25	22:45 2:55	30:00 7:15	36:07 6:07	44:42 8:35	46:54 2:12	52:43 5:49	56:18 3:35	58:57 2:39	1:09:56 10:59
10	Callum Hunter ECKO	1:29:11	3:19 3:19 1:22:14 5:25	9:05 5:46 1:25:28 3:14	12:30 3:25 1:28:08 2:40	13:58 1:28 1:28:40 0:32	21:42 7:44 1:29:11 0:31	25:33 3:51	35:08 9:35	41:45 6:37	51:11 9:26	54:23 3:12	57:54 3:31	1:01:25 3:31	1:03:39 2:14	1:16:49 13:10
	Samuel Galloway INT	mp	5:38 5:38 ----- 55:39 50:01	----- ----- ----- 58:12 2:33	----- ----- ----- 58:53 0:41	----- ----- ----- 59:37 0:44	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----
M18L (1)			6.6 km 340 m 18 C													
			1(197) 15(228)	2(193) 16(114)	3(190) 17(146)	4(113) 18(218)	5(205) Finish	6(209)	7(116)	8(213)	9(110)	10(220)	11(118)	12(145)	13(226)	14(123)
1	Tom Nichol AYROC	1:28:58	5:06 5:06 1:15:51 1:16	11:18 6:12 1:25:22 9:31	14:15 2:57 1:26:00 0:38	15:49 1:34 1:28:24 2:24	20:36 4:47 1:28:58 0:34	29:31 8:55	35:42 6:11	37:26 1:44	47:38 10:12	50:39 3:01	52:44 2:05	58:57 6:13	1:08:14 9:17	1:14:35 6:21
M18S (1)			4.8 km 240 m 12 C													
			1(146)	2(153)	3(213)	4(221)	5(120) Finish	6(227)	7(141)	8(145)	9(228)	10(126)	11(143)	12(218)	Finish	
1	Fergus Smith AYROC	1:12:11	3:42 3:42	10:58 7:16	24:28 13:30	26:10 1:42	35:35 9:25	37:09 1:34	40:42 3:33	46:16 5:34	1:02:38 16:22	1:07:19 4:41	1:10:07 2:48	1:11:41 1:34	1:12:11 0:30	
M20E (12)			8.2 km 460 m 18 C													
			1(112) 15(226)	2(107) 16(126)	3(152) 17(149)	4(133) 18(218)	5(196) Finish	6(144)	7(209)	8(215)	9(219)	10(115)	11(117)	12(220)	13(227)	14(214)
1	Alexander Chepelin EUOC	1:01:22	3:45 3:45 53:58 2:50	7:47 4:02 58:46 4:48	10:32 2:45 1:00:24 1:38	11:39 1:07 1:00:53 0:29	16:53 5:14 1:01:22 0:29	19:48 2:55	25:14 5:26	29:37 4:23	34:59 5:22	36:20 1:21	38:22 2:02	40:26 2:04	42:42 2:16	51:08 8:26
2	William Rigg EUOC	1:02:08	3:11 3:11 56:34 3:01	8:14 5:03 59:22 2:48	11:03 2:49 1:01:10 1:48	12:18 1:15 1:01:40 0:30	17:55 5:37 1:02:08 0:28	21:08 3:13	27:13 6:05	31:40 4:27	37:08 5:28	38:26 1:18	40:24 1:58	42:32 2:08	44:45 2:13	53:33 8:48
3	Michael Adams EUOC	1:08:11	3:42 3:42 1:02:00 3:38	8:41 4:59 1:05:12 3:12	11:36 2:55 1:07:06 1:54	13:00 1:24 1:07:41 0:35	18:51 5:51 1:08:11 0:30	22:01 3:10	27:52 5:51	32:46 4:54	39:17 6:31	41:48 2:31	44:06 2:18	46:37 2:31	49:15 2:38	58:22 9:07
4	Tim Morgan EUOC	1:08:51	3:43 2:53 2:53	7:46 4:53 7:46	12:27 4:41 12:27	13:42 1:15 13:42	19:34 5:52 1:08:51	22:37 3:03	29:03 6:26	34:16 5:13	40:48 6:32	42:42 1:54	44:58 2:16	48:00 3:02	50:23 2:23	59:56 9:33
5	Alistair Masson EUOC	1:10:43	3:07 3:07 1:05:37 3:20	7:27 4:20 1:07:59 2:22	12:30 5:03 1:09:45 1:46	13:43 1:13 1:10:15 0:30	19:04 5:21 1:10:43 0:28	21:59 2:55	27:33 5:34	32:41 5:08	38:33 5:52	40:05 1:32	46:31 6:26	50:56 4:25	52:54 1:58	1:02:17 9:23
6	Thomas Wilson EUOC	1:11:16	7:42 7:42 1:05:35 3:01	13:08 5:26 1:08:10 2:35	16:16 3:08 1:10:15 2:05	17:27 1:11 1:10:47 0:32	23:51 6:24 1:11:16 0:29	26:45 2:54	32:53 6:08	38:10 5:17	44:55 6:45	46:25 1:30	48:41 2:16	51:39 2:58	54:09 2:30	1:02:34 8:25
7	Andrew Barr MOR	1:15:49	4:20 4:20 1:09:35 3:51	9:20 5:00 1:12:50 3:15	13:17 3:57 1:14:49 1:59	14:36 1:19 1:15:24 0:35	21:02 6:26 1:15:49 0:25	24:31 3:29	31:31 7:00	36:55 5:24	44:33 7:38	46:32 1:59	49:24 2:52	52:56 3:32	55:42 2:46	1:05:44 10:02
8	Matthew Galloway INT	1:17:09	3:17 3:17 1:10:52 4:32	7:52 4:35 1:13:48 2:56	11:30 3:38 1:16:05 2:17	13:03 1:33 1:16:41 0:36	19:08 6:05 1:17:09 0:28	23:14 4:06	29:20 6:06	36:33 7:13	43:09 6:36	45:18 2:09	51:36 6:18	54:25 2:49	57:19 2:54	1:06:20 9:01
9	Alistair Walker MAROC	1:24:50	5:29 5:29 1:16:35 4:23	11:06 5:37 1:20:09 3:34	14:59 3:53 1:23:27 3:18	16:39 1:40 1:24:22 0:55	23:35 6:56 1:24:50 0:28	29:22 5:47	36:13 6:51	41:54 5:41	49:11 7:17	51:39 2:28	55:14 3:35	58:28 3:14	1:01:38 3:10	1:12:12 10:34

PI Name	Time	8.2 km 460 m				18 C		<i>(cont.)</i>							
		1(112) 15(226)	2(107) 16(126)	3(152) 17(149)	4(133) 18(218)	5(196) Finish	6(144)	7(209)	8(215)	9(219)	10(115)	11(117)	12(220)	13(227)	14(214)
M20E (12)															
Callum White EUOC	dnf	4:17 4:17 -----	14:05 9:48 -----	17:31 3:26 46:28	18:58 1:27 47:18	25:49 6:51 48:02	29:17 3:28	-----	-----	-----	-----	-----	-----	-----	-----
Daniel Stansfield FVO	dnf	3:30 3:30 43:57	9:32 6:02 47:40	12:54 3:22 49:53	14:18 1:24 50:33	20:39 6:21 50:58	23:59 3:20	31:06 7:07	38:24 7:18	-----	-----	-----	-----	-----	39:40 1:16
Dane Blomquist BAOC	dnf	4:17 -----	3:43 -----	2:13 -----	0:40 -----	0:25	-----	-----	-----	-----	-----	-----	-----	-----	-----
M21E (16)															
		1(230) 15(117) 29(145)	2(197) 16(118) 30(231)	3(107) 17(227) 31(226)	4(113) 18(121) 32(126)	5(150) 19(220) 33(143)	6(132) 20(141) 34(218)	7(133) 21(127) Finish	8(202)	9(205)	10(210)	11(211)	12(215)	13(219)	14(115) 28(216)
1 Marcus Pinker FVO	1:41:38	2:49 2:49 47:10 2:55 1:28:50	4:08 1:19 50:41 3:31 1:32:46	9:16 5:08 53:03 2:22 1:35:45	11:11 1:55 55:07 2:04 1:38:19	14:10 2:59 58:23 3:16 1:40:11	16:02 1:52 1:00:33 2:10 1:41:05	18:04 2:02 1:09:19 8:46 1:41:38	21:15 3:11 2:00 2:51	24:04 2:49 3:13 1:28	31:27 7:23 2:00 3:31	32:47 1:20 3:11 3:24	35:42 2:55 1:20 1:26	42:49 7:07 1:24 2:33	44:15 1:26 2:06 2:38
2 Anthony Squire NOC	1:47:59	3:02 3:02 48:23 2:06 1:32:43	4:29 1:27 52:01 3:38 1:38:37	9:09 4:40 54:41 2:40 1:41:55	11:42 2:33 56:50 2:09 1:44:35	14:45 3:03 1:00:17 3:27 1:46:22	16:45 2:00 1:02:22 2:05 1:47:22	18:50 2:05 1:11:28 9:06 1:47:59	22:03 3:13 1:14:44 3:16 2:11:21	26:21 4:18 1:16:27 1:43 2:11:21	33:11 6:50 1:20:05 3:38 2:11:21	34:57 1:46 1:23:54 3:49 2:11:21	38:07 3:10 1:25:31 1:37 2:11:21	44:31 6:24 1:28:08 2:37 2:11:21	46:17 1:46 1:30:54 2:46 2:11:21
3 Andrew Lindsay EUOC	2:11:21	1:23 1:23 56:12 2:27 1:53:28	3:07 1:44 1:01:10 4:58 2:00:07	8:08 5:01 1:03:52 2:42 2:04:21	10:59 2:51 1:06:29 2:37 2:07:34	17:11 6:12 1:11:25 4:56 2:09:50	19:10 1:59 1:13:29 2:04 2:10:57	21:41 2:31 1:24:46 11:17 2:11:21	25:26 3:45 1:29:09 4:23 2:11:21	29:10 3:44 1:31:19 2:10 2:11:21	39:03 9:53 1:36:45 5:26 2:11:21	40:37 1:34 1:41:57 5:12 2:11:21	44:27 3:50 1:44:16 2:19 2:11:21	51:39 7:12 1:47:46 3:30 2:11:21	53:45 2:06 1:51:32 3:46 2:11:21
4 Andrew Llewellyn NOC	2:11:31	1:35 1:35 1:01:57 3:17 1:53:51	3:08 1:33 1:06:25 4:28 1:59:38	8:09 5:01 1:09:03 2:38 2:04:14	10:54 2:45 1:11:25 2:22 2:07:12	18:26 7:32 1:15:23 3:58 2:09:31	20:45 2:19 1:17:25 2:02 2:10:41	23:30 2:45 1:28:02 10:37 2:11:31	30:47 7:17 1:31:21 3:19 2:11:31	35:52 5:05 1:32:59 1:38 2:11:31	44:45 8:53 1:37:46 4:47 2:11:31	46:20 1:35 1:42:41 4:55 2:11:31	49:56 3:36 1:44:35 1:54 2:11:31	56:46 6:50 1:47:25 2:50 2:11:31	58:40 1:54 1:51:13 3:48 2:11:31
5 Simon Gardner CLYDE	2:12:17	1:38 1:38 53:18 2:34 1:53:26	3:27 1:49 58:18 5:00 2:00:17	8:17 4:50 1:01:31 3:13 2:04:40	11:05 2:48 1:04:15 2:44 2:08:09	15:26 4:21 1:10:40 6:25 2:10:31	17:36 2:10 1:13:16 2:36 2:11:44	19:52 2:16 1:26:38 13:22 2:12:17	23:30 3:38 1:31:17 4:39 2:12:17	26:29 2:59 1:33:18 2:01 2:12:17	35:27 8:58 1:38:24 5:06 2:12:17	37:05 1:38 1:43:11 4:47 2:12:17	41:16 4:11 1:44:54 1:43 2:12:17	48:35 7:19 1:47:51 2:57 2:12:17	50:44 2:09 1:51:38 3:47 2:12:17
6 Calum McLeod EUOC	2:15:40	6:32 6:32 56:31 2:17 1:59:10	7:57 1:25 1:00:52 4:21 2:04:27	13:17 5:20 1:03:43 2:51 2:08:41	15:32 2:15 1:06:09 2:26 2:12:02	20:11 4:39 1:19:05 12:56 2:14:11	22:13 2:02 1:21:10 2:05 2:15:17	24:30 2:17 1:32:34 11:24 2:15:40	28:39 4:09 1:36:31 3:57 2:15:40	31:17 2:38 1:38:53 2:22 2:15:40	39:05 7:48 1:44:11 5:18 2:15:40	40:55 1:50 1:49:20 5:09 2:15:40	44:15 3:20 1:50:57 1:37 2:15:40	52:22 8:07 1:54:07 3:10 2:15:40	54:14 1:52 1:57:15 3:08 2:15:40
7 Joe Taunton NOC	2:20:10	5:57 5:57 1:09:57 7:31 2:02:47	8:18 2:21 1:14:08 4:11 2:08:05	13:07 4:49 1:17:17 3:09 2:12:20	15:29 2:22 1:19:39 2:22 2:15:34	25:51 10:22 1:23:29 3:50 2:18:07	27:53 2:02 1:25:31 2:02 2:19:29	32:34 4:41 1:36:39 11:08 2:20:10	36:44 4:10 1:40:09 3:30 2:20:10	39:42 2:58 1:42:23 2:14 2:20:10	47:13 7:31 1:47:35 5:12 1:06:09	49:00 1:47 1:52:03 4:28 *121	53:02 4:02 1:53:54 1:51 3:14	1:00:30 7:28 1:57:08 3:14 3:50	1:02:26 1:56 2:00:58 3:50 2:00:58
8 Janne Heikkinen AUOC	2:26:49	6:49 6:49 1:04:59 6:29 2:07:03	8:07 1:18 1:10:28 5:29 2:13:18	13:01 4:54 1:13:20 2:52 2:17:28	16:31 3:30 1:16:00 2:40 2:22:16	20:53 4:22 1:20:34 4:34 2:25:12	22:58 2:05 1:23:18 2:44 2:26:15	25:50 2:52 1:37:26 14:08 2:26:49	29:30 3:40 1:43:29 6:03 2:26:49	34:56 5:26 1:45:49 2:20 2:26:49	42:53 7:57 1:51:56 6:07 2:26:49	44:39 1:46 1:56:33 4:37 2:26:49	48:13 3:34 1:58:44 2:11 2:26:49	56:39 8:26 2:01:59 3:15 2:26:49	58:30 1:51 2:05:14 3:15 2:26:49
9 Tim Gomersall GRAMP	2:32:12	4:32 4:32 1:06:56 3:09 2:12:01	6:03 1:31 1:12:09 5:13 2:18:15	10:49 4:46 1:14:34 2:25 2:23:10	13:33 2:44 1:17:12 2:38 2:28:00	26:51 13:18 1:21:34 4:22 2:30:21	28:54 2:03 1:23:55 2:21 2:31:35	31:24 2:30 1:36:51 12:56 2:32:12	35:43 4:19 1:41:44 4:53 2:32:12	39:20 3:37 1:44:30 2:46 2:32:12	48:12 8:52 1:51:14 6:44 2:32:12	49:52 1:40 1:57:05 5:51 2:32:12	54:16 4:24 2:00:44 3:39 2:32:12	1:01:46 7:30 2:04:32 3:48 2:32:12	1:03:47 2:01 2:09:34 5:02 2:32:12
10 Clement Claret EUOC	2:33:10	3:37 3:37 1:07:34 3:38 2:12:47	5:24 1:47 1:12:19 4:45 2:19:21	11:10 5:46 1:15:02 2:43 2:25:03	17:06 5:56 1:18:12 3:10 2:28:52	22:59 5:53 1:24:48 6:36 2:31:29	24:48 1:49 1:29:47 4:59 2:32:36	30:11 5:23 1:40:34 10:47 2:33:10	34:37 4:26 1:45:24 4:50 2:33:10	37:48 3:11 1:47:48 2:24 2:33:10	46:47 8:59 1:55:08 5:16 2:33:10	49:11 2:24 2:00:24 3:10 2:33:10	52:36 3:25 2:03:34 3:10 2:33:10	1:01:03 8:27 2:06:59 3:25 2:33:10	1:03:56 2:53 2:10:59 4:00 2:33:10

PI Name	Time														
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2 Colin McArthur MOR	1:15:05	5:13 5:13 1:15:05 0:33	12:12 6:59	21:27 9:15	30:53 9:26	42:19 11:26	43:32 1:13	48:18 4:46	53:51 5:33	1:00:09 6:18	1:02:18 2:09	1:03:57 1:39	1:11:40 7:43	1:13:13 1:33	1:14:32 1:19
3 Neil McMillan ELO	2:03:33	6:45 6:45 2:03:33 0:57	16:13 9:28	25:37 9:24	47:38 22:01	1:01:47 14:09	1:04:59 3:12	1:13:48 8:49	1:25:57 12:09	1:37:08 11:11	1:42:00 4:52	1:43:52 1:52	1:57:31 13:39	2:00:31 3:00	2:02:36 2:05
M35L (7)		8.2 km 460 m 18 C													
		1(112) 15(226)	2(107) 16(126)	3(152) 17(149)	4(133) 18(218)	5(196) Finish	6(144)	7(209)	8(215)	9(219)	10(115)	11(117)	12(220)	13(227)	14(214)
1 Will Hensman FVO	1:08:17	3:33 3:33 1:02:52 3:11	8:30 4:57 1:05:21 2:29	11:41 3:11 1:07:15 1:54	12:58 1:17 1:07:46 0:31	19:28 6:30 1:08:17 0:31	22:44 3:16	29:04 6:20	33:47 4:43	40:26 6:39	42:51 2:25	45:42 2:51	48:37 2:55	51:31 2:54	59:41 8:10
2 Steve Feltbower FVO	1:08:46	3:27 3:27 1:03:17 4:29	7:55 4:28 1:05:52 2:35	12:47 4:52 1:07:45 1:53	14:01 1:14 1:08:17 0:32	19:33 5:32 1:08:46 0:29	22:37 3:04	28:20 5:43	33:04 4:44	39:11 6:07	40:46 1:35	44:49 4:03	47:35 2:46	50:35 3:00	58:48 8:13
3 Laurence Cload INVOC	1:24:21	5:26 5:26 1:17:36 6:01	12:55 7:29 1:20:47 3:11	16:27 3:32 1:23:03 2:16	18:05 1:38 1:23:45 0:42	25:20 7:15 1:24:21 0:36	28:50 3:30	35:46 6:56	40:56 5:10	48:59 8:03	50:50 1:51	53:56 3:06	56:51 2:55	1:01:12 4:21	1:11:35 10:23
4 Mark Stockton GRAMP	1:31:38	5:10 5:10 1:23:31 5:25	13:06 7:56 1:27:07 3:36	17:39 4:33 1:29:59 2:52	19:11 1:32 1:31:00 1:01	27:00 7:49 1:31:38 0:38	31:43 4:43	39:07 7:24	46:05 6:58	55:26 9:21	57:34 2:08	1:00:21 2:47	1:04:14 3:53	1:07:20 3:06	1:18:06 10:46
5 Ross McLennan FVO	1:33:32	5:06 5:06 1:25:38 5:03	14:46 9:40 1:29:02 3:24	19:50 5:04 1:32:09 3:07	21:43 1:53 1:32:52 0:43	28:58 7:15 1:33:32 0:40	32:41 3:43	40:19 7:38	46:43 6:24	54:47 8:04	57:14 2:27	1:00:43 3:29	1:04:45 4:02	1:08:37 3:52	1:20:35 11:58
6 Gordon Urquhart GRAMP	1:35:29	4:36 4:36 1:26:48 4:18	10:58 6:22 1:30:23 3:35	16:45 5:47 1:33:56 3:33	18:27 1:42 1:34:50 0:54	27:58 9:31 1:35:29 0:39	32:08 4:10	38:55 6:47	45:05 6:10	57:06 12:01	1:00:42 3:36	1:04:44 4:02	1:08:56 4:12	1:12:35 3:39	1:22:30 9:55
Johannes Felter BASOC	mp	6:30 6:30 1:15:58 3:36	11:37 5:07 ----- 7:28	17:44 6:07 1:23:26 0:35	19:27 1:43 1:24:01 0:28	27:18 7:51 1:24:29 0:28	30:19 3:01	36:44 6:25 1:20:36 *146	42:11 5:27	48:48 6:37	51:11 2:23	56:02 4:51	59:15 3:13	1:01:33 2:18	1:12:22 10:49
M40L (12)		8.2 km 460 m 18 C													
		1(112) 15(226)	2(107) 16(126)	3(152) 17(149)	4(133) 18(218)	5(196) Finish	6(144)	7(209)	8(215)	9(219)	10(115)	11(117)	12(220)	13(227)	14(214)
1 David Godfree FVO	1:07:42	3:25 3:25 1:01:42 3:14	8:05 4:40 1:04:12 2:30	11:26 3:21 1:06:38 2:26	13:02 1:36 1:07:11 0:33	19:37 6:35 1:07:42 0:31	23:21 3:44	29:12 5:51	34:01 4:49	40:00 5:59	41:57 1:57	44:56 2:59	47:38 2:42	50:27 2:49	58:28 8:01
2 Roger Goddard FVO	1:13:43	3:43 3:43 1:08:04 3:17	9:19 5:36 1:10:50 2:46	13:54 4:35 1:12:41 1:51	16:22 2:28 1:13:12 0:31	22:57 6:35 1:13:43 0:31	26:37 3:40	32:46 6:09	38:07 5:21	45:18 7:11	47:20 2:02	50:11 2:51	53:10 2:59	55:58 2:48	1:04:47 8:49
3 Drew Tivendale MAROC	1:21:48	4:17 4:17 1:14:59 4:34	10:25 6:08 1:18:19 3:20	14:33 4:08 1:20:36 2:17	16:05 1:32 1:21:16 0:40	23:25 7:20 1:21:48 0:32	26:34 3:09	34:03 7:29	39:52 5:49	47:27 7:35	49:36 2:09	52:33 2:57	56:32 3:59	59:32 3:00	1:10:25 10:53
4 Brian Corbett CORK O	1:26:04	6:44 6:44 1:19:32 4:11	12:41 5:57 1:22:36 3:04	16:03 3:22 1:24:52 2:16	17:38 1:35 1:25:31 0:39	25:11 7:33 1:26:04 0:33	28:40 3:29	35:30 6:50	42:24 6:54	49:25 7:01	51:51 2:26	58:24 6:33	1:01:42 3:18	1:04:29 2:47	1:15:21 10:52
5 Alec Keith INVOC	1:29:12	5:03 5:03 1:22:17 3:52	11:42 6:39 1:25:08 2:51	15:48 4:06 1:27:50 2:42	18:10 2:22 1:28:40 0:50	25:12 7:02 1:29:12 0:32	29:12 4:00	35:28 6:16	41:57 6:29	49:03 7:06	51:21 2:18	54:20 2:59	1:04:56 10:36	1:08:31 3:35	1:18:25 9:54
6 Gavin Miles BASOC	1:30:41	4:49 4:49 1:22:27 4:42	10:38 5:49 1:25:56 3:29	15:42 5:04 1:29:20 3:24	17:31 1:49 1:30:05 0:45	24:53 7:22 1:30:41 0:36	28:27 3:34	35:56 7:29	46:05 10:09	53:50 7:45	55:52 2:02	59:36 3:44	1:03:06 3:30	1:06:43 3:37	1:17:45 11:02
7 Graeme Ross INT	1:38:34	5:12 5:12 1:30:02 5:17	12:03 6:51 1:34:14 4:12	17:10 5:07 1:37:26 3:12	19:24 2:14 1:38:04 0:38	30:11 10:47 1:38:34 0:30	33:43 3:32	40:51 7:08	50:37 9:46	58:32 7:55	1:01:16 2:44	1:04:54 3:38	1:08:55 4:01	1:13:35 4:40	1:24:45 11:10
8 Mark Johnston FVO	1:39:28	4:09 4:09 1:32:25 10:30	10:38 6:29 1:35:45 3:20	14:38 4:00 1:38:11 2:26	17:48 3:10 1:38:52 0:41	24:35 6:47 1:39:28 0:36	27:35 3:00	34:16 6:41	42:34 8:18	49:43 7:09	51:56 2:13	1:02:06 10:10	1:06:06 4:00	1:10:36 4:30	1:21:55 11:19

Pl	Name	Time														
M45L (23)			7.2 km	365 m	16 C	<i>(cont.)</i>										
			1(229) 15(129)	2(112) 16(218)	3(193) Finish	4(113)	5(196)	6(144)	7(210)	8(213)	9(115)	10(110)	11(121)	12(227)	13(146)	14(143)
10	Iain Smith-ward LOC	1:20:50	2:47 2:47 1:19:08 1:19	4:33 1:46 1:20:14 1:06	11:40 7:07 1:20:50 0:36	15:44 4:04	20:49 5:05	24:52 4:03	32:50 7:58	38:17 5:27	52:23 14:06	54:51 2:28	57:41 2:50	59:58 2:17	1:14:53 14:55	1:17:49 2:56
11	James Laird INVOC	1:22:02	4:13 4:13 1:20:17 1:07	6:21 2:08 1:21:20 1:03	13:25 7:04 1:22:02 0:42	18:56 5:31	23:07 4:11	27:57 4:50	36:22 8:25	42:42 6:20	51:04 8:22	57:08 6:04	59:46 2:38	1:01:47 2:01	1:17:03 15:16	1:19:10 2:07
12	Andrew Campbell MOR	1:26:38	2:17 2:17 1:25:07 1:02	3:58 1:41 1:26:07 1:00	11:28 7:30 1:26:38 0:31	15:13 3:45	21:15 6:02	25:42 4:27	37:00 11:18	42:07 5:07	55:35 13:28	57:48 2:13	1:01:50 4:02	1:04:01 2:11	1:22:05 18:04	1:24:05 2:00
13	Alan Irving WCOG	1:29:54	3:09 3:09 1:28:02 1:19	4:54 1:45 1:29:13 1:11	12:24 7:30 1:29:54 0:41	18:22 5:58	23:57 5:35	28:09 4:12	39:33 11:24	45:15 5:42	53:33 8:18	1:00:44 7:11	1:03:23 2:39	1:05:44 2:21	1:24:03 18:19	1:26:43 2:40
14	John Emeleus KFO	1:31:58	3:09 3:09 1:30:00 1:31	4:50 1:41 1:31:13 1:13	12:52 8:02 1:31:58 0:45	17:07 4:15	23:11 6:04	27:33 4:22	39:30 11:57	46:10 6:40	54:56 8:46	58:00 3:04	1:00:54 2:54	1:03:34 2:40	1:23:38 20:04	1:28:29 4:51
15	Barry Veitch RR	1:35:28	4:56 4:56 1:33:43 2:16	10:12 5:16 1:34:48 1:05	16:33 6:21 1:35:28 0:40	29:05 12:32	33:25 4:20	36:53 3:28	46:03 9:10	51:33 5:30	59:10 7:37	1:02:03 2:53	1:04:25 2:22	1:06:35 2:10	1:29:07 22:32	1:31:27 2:20
16	Nick Collins MAROC	1:40:51	3:04 3:04 1:38:55 1:53	6:48 3:44 1:40:15 1:20	14:49 8:01 1:40:51 0:36	20:56 6:07	27:53 6:57	32:34 4:41	42:53 10:19	49:17 6:24	1:03:15 13:58	1:07:20 4:05	1:11:29 4:09	1:15:01 3:32	1:34:33 19:32	1:37:02 2:29
17	Max Carcas INT	1:41:40	3:52 3:52 1:40:11 1:21	6:00 2:08 1:41:12 1:01	13:01 7:01 1:41:40 0:28	20:27 7:26	26:38 6:11	30:50 4:12	39:17 8:27	46:19 7:02	54:26 8:07	1:13:17 18:51	1:17:08 3:51	1:19:48 2:40	1:36:12 16:24	1:38:50 2:38
18	David Kirk GRAMP	1:42:41	3:45 3:45 1:40:53 1:55	6:13 2:28 1:42:04 1:11	15:13 9:00 1:42:41 0:37	21:50 6:37	29:22 7:32	35:04 5:42	45:41 10:37	53:11 7:30	1:02:09 8:58	1:05:20 3:11	1:12:11 6:51	1:15:35 3:24	1:35:29 19:54	1:38:58 3:29
19	Pat Bartlett INT	1:44:45	12:57 12:57 1:42:51 1:27	15:34 2:37 1:44:03 1:12	22:59 7:25 1:44:45 0:42	27:29 4:30	32:26 4:57	37:19 4:53	48:24 11:05	54:54 6:30	1:04:26 9:32	1:15:11 10:45	1:17:58 2:47	1:20:27 2:29	1:38:47 18:20	1:41:24 2:37
20	Andy Paterson CLYDE	1:48:24	3:48 3:48 1:46:12 1:40	6:23 2:35 1:47:34 1:22	16:41 10:18 1:48:24 0:50	22:17 5:36	30:30 8:13	35:28 4:58	50:26 14:58	58:57 8:31	1:09:15 10:18	1:13:28 4:13	1:16:54 3:26	1:19:56 3:02	1:40:38 20:42	1:44:32 3:54
21	Stuart Graham SOLWAY	1:51:09	7:03 7:03 1:49:08 1:52	9:42 2:39 1:50:26 1:18	19:01 9:19 1:51:09 0:43	24:09 5:08	31:41 7:32	37:04 5:23	48:52 11:48	58:39 9:47	1:09:01 10:22	1:12:31 3:30	1:18:32 6:01	1:22:24 3:52	1:43:31 21:07	1:47:16 3:45
22	Chris Slattery FINGAL	2:18:56	3:35 3:35 2:16:44 2:07	6:15 2:40 2:18:13 1:29	22:34 16:19 2:18:56 0:43	29:09 6:35	38:01 8:52	44:52 6:51	1:00:15 15:23	1:11:27 11:12	1:23:20 11:53	1:27:48 4:28	1:33:09 5:21	1:37:26 4:17	2:09:52 32:26	2:14:37 4:45
	David Eades INT	mp	7:29 7:29 1:43:21 1:19	15:38 8:09 1:44:18 0:57	----- 1:44:58 0:40	28:12 12:34	34:10 5:58	38:09 3:59	50:53 12:44	59:04 8:11	1:07:19 8:15	1:09:59 2:40	1:12:15 2:16	1:18:16 6:01	1:39:15 20:59	1:42:02 2:47
																<i>*107</i>
M45S (7)			4.9 km	280 m	14 C											
			1(128) Finish	2(127)	3(116)	4(115)	5(117)	6(121)	7(141)	8(122)	9(214)	10(123)	11(228)	12(143)	13(129)	14(218)
1	Brad Connor FVO	45:57	3:13 3:13 45:57 0:36	7:55 4:42	11:15 3:20	18:03 6:48	20:47 2:44	21:29 0:42	24:37 3:08	28:51 4:14	34:14 5:23	36:36 2:22	37:28 0:52	43:05 5:37	44:28 1:23	45:21 0:53
2	Paul Murgatroyd LOG	58:25	11:12 11:12 58:25 0:39	15:42 4:30	20:34 4:52	27:31 6:57	31:19 3:48	32:25 1:06	35:59 3:34	41:14 5:15	46:16 5:02	48:19 2:03	49:18 0:59	55:15 5:57	56:45 1:30	57:46 1:01
3	Pascal Lardet FVO	1:06:11	4:37 4:37 1:06:11 0:37	11:04 6:27	17:26 6:22	26:09 8:43	32:23 6:14	34:25 2:02	39:36 5:11	45:39 6:03	52:23 6:44	55:07 2:44	56:14 1:07	1:02:30 6:16	1:04:18 1:48	1:05:34 1:16
4	Mark Wood ESOC	1:08:49	4:16 4:16 1:08:49 0:44	10:37 6:21	18:57 8:20	27:42 8:45	33:27 5:45	35:16 1:49	40:01 4:45	45:44 5:43	52:47 7:03	56:46 3:59	57:54 1:08	1:05:25 7:31	1:06:53 1:28	1:08:05 1:12

PI Name	Time															
M45S (7)		4.9 km 280 m			14 C			<i>(cont.)</i>								
		1(128) Finish	2(127)	3(116)	4(115)	5(117)	6(121)	7(141)	8(122)	9(214)	10(123)	11(228)	12(143)	13(129)	14(218)	
5 Jonathan Molloy FVO	1:09:37	4:53 4:53 1:09:37 0:39	12:05 7:12	18:15 6:10	25:54 7:39	30:13 4:19	31:39 1:26	36:03 4:24	43:38 7:35	49:48 6:10	54:24 4:36	55:55 1:31	1:05:22 9:27	1:07:27 2:05	1:08:58 1:31	
6 Jim O'Donoghue STAG	1:42:55	7:21 7:21 1:42:55 0:40	18:54 11:33	26:32 7:38	39:43 13:11	44:35 4:52	45:41 1:06	56:28 10:47	1:06:10 9:42	1:21:26 15:16	1:25:12 3:46	1:26:28 1:16	1:38:14 11:46	1:40:13 1:59	1:42:15 2:02	
Scott Reynolds MAROC	dnf	33:35 33:35	1:12:41 39:06	1:30:43 18:02	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	
M50L (29)		7.2 km 365 m			16 C											
		1(229) 15(129)	2(112) 16(218)	3(193) Finish	4(113)	5(196)	6(144)	7(210)	8(213)	9(115)	10(110)	11(121)	12(227)	13(146)	14(143)	
1 Quentin Harding SROC	1:02:53	2:03 2:03 1:01:28 1:02	3:32 1:29 1:02:17 0:49	8:59 5:27 1:02:53 0:36	12:25 3:26	16:28 4:03	20:14 3:46	28:03 7:49	32:50 4:47	39:11 6:21	41:32 2:21	43:42 2:10	45:40 1:58	58:31 12:51	1:00:26 1:55	
2 Charlie Adams SYO	1:03:22	2:03 2:03	3:25 1:22	9:17 5:52	12:34 3:17	16:34 4:00	20:07 3:33	27:42 7:35	32:13 4:31	39:19 7:06	41:30 2:11	43:44 2:14	45:37 1:53	58:36 12:59	1:00:33 1:57	
3 Dave Robertson CLYDE	1:06:28	1:07 2:10	1:02 3:32	0:40 9:05	12:05 3:00	16:07 4:02	19:40 3:33	27:11 7:31	32:12 5:01	39:00 6:48	41:11 2:11	44:02 2:51	45:49 1:47	1:02:06 16:17	1:04:07 2:01	
4 Tim Griffin GRAMP	1:10:08	1:05 6:52	0:44 8:22	0:32 14:18	17:46 3:28	22:16 4:30	26:21 4:05	33:54 7:33	38:44 4:50	45:47 7:03	48:15 2:28	50:41 2:26	52:37 1:56	1:05:34 12:57	1:07:23 1:49	
5 Graeme Ackland INT	1:13:20	1:06 2:28	1:03 3:56	0:36 10:33	15:05 4:32	19:13 4:08	22:54 3:41	33:06 10:12	38:29 5:23	45:10 6:41	47:55 2:45	50:39 2:44	52:45 2:06	1:07:52 15:07	1:10:24 2:32	
6 Nicholas Lightfoot SYO	1:14:41	1:21 2:28	0:57 4:32	0:38 11:54	15:27 3:33	20:26 4:59	24:55 4:29	32:50 7:55	38:18 5:28	45:58 7:40	48:45 2:47	51:42 2:57	54:05 2:23	1:08:55 14:50	1:11:29 2:34	
7 Colin Salisbury INVOC	1:18:34	1:20 2:24	1:08 3:59	0:44 10:47	14:18 3:31	20:35 6:17	25:50 5:15	35:54 10:04	41:20 5:26	48:34 7:14	51:30 2:56	54:11 2:41	56:35 2:24	1:12:21 15:46	1:15:00 2:39	
8 Gareth Yardley GRAMP	1:19:16	1:17 3:26	0:57 5:34	0:32 12:18	15:51 3:33	21:01 5:10	25:12 4:11	34:06 8:54	40:22 6:16	48:16 7:54	51:02 2:46	54:10 3:08	57:09 2:59	1:12:55 15:46	1:16:12 3:17	
9 Steve Wilson CLYDE	1:19:29	1:20 4:26	1:08 5:54	0:36 14:35	18:37 4:02	23:44 5:07	28:06 4:22	36:30 8:24	42:06 5:36	50:14 8:08	53:09 2:55	55:40 2:31	57:54 2:14	1:14:30 16:36	1:16:42 2:12	
10 Rupert Parkinson FVO	1:24:29	1:13 2:43	0:54 4:43	0:40 12:58	16:35 3:37	21:45 5:10	27:15 5:30	36:17 9:02	42:14 5:57	52:38 10:24	56:10 3:32	59:10 3:00	1:01:35 2:25	1:18:43 17:08	1:21:25 2:42	
11 Jari Pekkarinen KFO	1:25:04	1:22 2:37	1:23 4:31	1:24 12:44	17:31 4:47	22:36 5:05	27:23 4:47	37:24 10:01	43:29 6:05	52:31 9:02	55:34 3:03	58:24 2:50	1:00:57 2:33	1:19:37 18:40	1:22:01 2:24	
12 Colin Smith SYO	1:26:11	1:24 2:36	1:01 4:23	0:38 11:09	16:31 5:22	21:55 5:24	25:46 3:51	35:50 10:04	41:45 5:55	49:21 7:36	52:17 2:56	1:00:10 7:53	1:02:38 2:28	1:20:02 17:24	1:22:27 2:25	
13 Paul Fox SN	1:28:48	1:24 2:38	1:03 4:39	0:38 12:57	18:52 5:55	25:13 6:21	29:45 4:32	39:50 10:05	46:14 6:24	54:30 8:16	57:59 3:29	1:01:19 3:20	1:04:23 3:04	1:22:06 17:43	1:25:34 3:28	
14 Iain Shepherd INVOC	1:29:49	1:24 4:57	1:25 6:56	1:26 15:28	20:21 4:53	25:35 5:14	30:35 5:00	39:54 9:19	45:46 5:52	1:00:00 14:14	1:02:44 2:44	1:05:07 2:23	1:07:05 1:58	1:24:36 17:31	1:26:52 2:16	
15 Steve Dempsey MDOC	1:30:18	1:28 6:02	1:29 10:57	1:29 19:24	25:13 5:49	31:08 5:55	35:22 4:14	43:31 8:09	49:55 6:24	1:00:08 10:13	1:03:01 2:53	1:06:02 3:01	1:08:33 2:31	1:24:22 15:49	1:27:33 3:11	

PI Name	Time														
M50L (29)															
		1(229) 15(129)	2(112) 16(218)	3(193) Finish	4(113)	5(196)	6(144)	7(210)	8(213)	9(115)	10(110)	11(121)	12(227)	13(146)	14(143)
16 Iain Hope	1:32:12	3:40 3:40 1:30:34 1:32	9:11 5:31 1:31:34 1:00	17:01 7:50 1:32:12 0:38	20:45 3:44	25:55 5:10	30:45 4:50	40:19 9:34	48:19 8:00	57:18 8:59	59:42 2:24	1:01:53 2:11	1:04:18 2:25	1:26:03 21:45	1:29:02 2:59
17 John Lang	1:39:45	8:00 8:00 1:37:30 2:09	10:04 2:04 1:38:58 1:28	18:06 8:02 1:39:45 0:47	22:29 4:23	29:24 6:55	34:57 5:33	44:43 9:46	51:01 6:18	1:00:09 9:08	1:04:24 4:15	1:08:32 4:08	1:12:25 3:53	1:31:46 19:21	1:35:21 3:35
18 Rupert Hornby	1:40:05	6:59 6:59 1:38:07 1:30	9:43 2:44 1:39:21 1:14	19:03 9:20 1:40:05 0:44	24:44 5:41	32:04 7:20	37:58 5:54	49:01 11:03	54:57 5:56	1:03:07 8:10	1:07:04 3:57	1:11:13 4:09	1:13:59 2:46	1:33:41 19:42	1:36:37 2:56
19 Trevor Hindle	1:46:46	10:22 10:22 1:44:51 1:28	12:11 1:49 1:46:08 1:17	27:58 15:47 1:46:46 0:38	32:53 4:55	39:09 6:16	42:49 3:40	51:48 8:59	59:26 7:38	1:11:13 11:47	1:14:06 2:53	1:17:38 3:32	1:20:20 2:42	1:39:20 19:00	1:43:23 4:03
20 Keith Brown	1:47:40	15:25 15:25 1:46:22 1:12	26:14 10:49 1:47:11 0:49	36:42 10:28 1:47:40 0:29	42:36 5:54	48:16 5:40	52:24 4:08	1:00:36 8:12	1:07:06 6:30	1:17:21 10:15	1:19:51 2:30	1:23:04 3:13	1:25:29 2:25	1:43:08 17:39	1:45:10 2:02
21 Andy McCann	1:48:19	22:05 22:05 1:46:45 1:31	23:33 1:28 1:47:45 1:00	30:00 6:27 1:48:19 0:34	34:27 4:27	39:45 5:18	44:25 4:40	53:32 9:07	1:00:22 6:50	1:14:59 14:37	1:17:46 2:47	1:23:19 5:33	1:26:05 2:46	1:42:13 16:08	1:45:14 3:01
22 Donald Barrie	1:55:00	8:27 8:27 1:52:50 2:17	13:44 5:17 1:54:21 1:31	20:41 6:57 1:55:00 0:39	27:21 6:40	34:15 6:54	40:15 6:00	51:31 11:16	1:00:25 8:54	1:11:18 10:53	1:15:28 4:10	1:18:24 2:56	1:23:23 4:59	1:43:35 20:12	1:50:33 6:58
23 Murray Anderson	1:57:56	17:04 17:04 1:55:48 1:38	18:35 1:31 1:57:11 1:23	26:11 7:36 1:57:56 0:45	31:34 5:23	37:09 5:35	42:10 5:01	50:50 8:40	56:06 5:16	1:10:53 14:47	1:21:55 11:02	1:25:24 3:29	1:28:40 3:16	1:49:44 21:04	1:54:10 4:26
24 Ian Rowland	2:01:34	3:09 3:09 1:59:53 1:33	16:23 13:14 2:01:00 1:07	24:36 8:13 2:01:34 0:34	44:48 20:12	51:38 6:50	56:21 4:43	1:04:57 8:36	1:15:03 10:06	1:25:55 10:52	1:29:22 3:27	1:32:39 3:17	1:35:15 2:36	1:54:09 18:54	1:58:20 4:11
25 Jim Mailer	2:19:16	14:06 14:06 2:16:42 2:13	16:20 2:14 2:18:26 1:44	26:10 9:50 2:19:16 0:50	37:19 11:09	42:33 5:14	46:57 4:24	59:03 12:06	1:07:23 8:20	1:18:27 11:04	1:38:01 19:34	1:41:23 3:22	1:44:44 3:21	2:10:26 25:42	2:14:29 4:03
26 Tim Harding	2:20:23	3:32 3:32 2:18:38 4:42	6:03 2:31 2:19:42 1:04	14:51 8:48 2:20:23 0:41	25:48 10:57	33:09 7:21	37:53 4:44	1:11:40 33:47	1:20:39 8:59	1:31:39 11:00	1:36:58 5:19	1:43:45 6:47	1:47:29 3:44	2:10:18 22:49	2:13:56 3:38
Robin Skinner	mp	2:43 2:43 1:33:03 3:08	4:32 1:49 1:34:01 0:58	12:06 7:34 1:34:44 0:43	16:17 4:11	20:42 4:25	25:37 4:55	36:14 10:37	41:53 5:39	50:51 8:58	54:53 4:02	57:16 2:23	1:00:07 2:51	1:29:55 29:48	-----
Julian Hall	mp	6:06 6:06 1:37:08 1:33	7:54 1:48 1:38:06 0:58	16:34 8:40 1:39:04 0:41	21:35 5:01	-----	37:32 15:57	-----	54:22 16:50	-----	-----	1:10:53 16:31	1:14:16 3:23	1:32:53 18:37	1:35:35 2:42
David Robertson	dnf	5:04 5:04 -----	16:17 11:13 -----	28:07 11:50	34:30 6:23	49:26 14:56	1:03:03 13:37	1:21:42 18:39	1:32:22 10:40	-----	-----	-----	-----	-----	-----
M50S (8)															
		1(146)	2(153)	3(213)	4(221)	5(120)	6(227)	7(141)	8(145)	9(228)	10(126)	11(143)	12(218)	Finish	
1 Pete Lawrence	54:06	3:32 3:32 3:32	8:29 4:57 6:35	16:14 7:45 9:43	17:55 1:41 1:35	24:40 6:45 7:58	26:04 1:24 1:30	29:28 3:24 2:51	33:56 4:28 5:09	45:41 11:45 12:28	49:30 3:49 4:26	51:57 2:27 3:04	53:28 1:31 1:28	54:06 0:38 0:38	
2 Phil Smith	1:00:21	3:35 3:35 1:02:36 28:43 *141	9:31 5:56 9:30 5:36	19:14 9:43 19:07 9:37	20:49 1:35 2:21	28:47 7:58 10:31	30:17 1:30 1:32	33:08 2:51 3:30	38:17 5:09 5:18	50:45 12:28 11:40	55:11 4:26 4:03	58:15 3:04 2:28	59:43 1:28 1:25	1:00:21 0:38 0:41	
3 Ken Daly	1:02:36	3:54 3:54 28:43 *141	9:30 5:36 9:37	21:28 2:21 10:31	31:59 10:31	33:31 1:32	37:01 3:30	42:19 5:18	53:59 11:40	58:02 4:03	1:00:30 2:28	1:01:55 1:25	1:02:36 0:41		
4 Robert Cranston	1:11:30	3:46 3:46	10:58 7:12	22:20 11:22	24:28 2:08	33:26 8:58	35:24 1:58	38:32 3:08	44:35 6:03	58:00 13:25	1:04:02 6:02	1:08:40 4:38	1:10:45 2:05	1:11:30 0:45	
5 Ian McIntyre	1:12:51	4:07 4:07	11:15 7:08	22:12 10:57	24:31 2:19	34:10 9:39	35:50 1:40	39:54 4:04	46:14 6:20	1:01:01 14:47	1:06:45 5:44	1:10:19 3:34	1:11:59 1:40	1:12:51 0:52	
6 Alan Bennett	1:23:02	4:38 4:38	10:48 6:10	19:53 9:05	22:57 3:04	35:50 12:53	37:38 1:48	41:06 3:28	48:07 7:01	1:02:13 14:06	1:09:18 7:05	1:20:24 11:06	1:22:25 2:01	1:23:02 0:37	
7 David Anderson	1:23:32	4:02 4:02	11:35 7:33	31:16 19:41	33:31 2:15	43:07 9:36	45:00 1:53	48:23 3:23	55:17 6:54	1:10:06 14:49	1:17:22 7:16	1:21:19 3:57	1:22:50 1:31	1:23:32 0:42	
Martin Pritchett	disq	4:35	10:46	21:37	25:00	35:05	38:27	41:46	48:08	1:01:53	1:16:36	1:25:51	1:27:58	1:28:45	

PI	Name	Time	6.6 km 340 m				18 C		(cont.)								
			1(197) 15(228)	2(193) 16(114)	3(190) 17(146)	4(113) 18(218)	5(205) Finish	6(209)	7(116)	8(213)	9(110)	10(220)	11(118)	12(145)	13(226)	14(123)	
19	Keith Roberts MAROC	1:38:04	4:16 4:16 1:29:09 1:28	10:40 6:24 1:32:27 3:18	13:27 2:47 1:33:35 1:08	16:11 2:44 1:37:25 3:50	24:12 8:01 1:38:04 0:39	34:14 10:02	41:23 7:09	43:39 2:16	54:44 11:05	57:47 3:03	1:03:47 6:00	1:12:26 8:39	1:24:16 11:50	1:27:41 3:25	
20	Chris Low MAROC	1:38:38	4:40 4:40 1:29:23 1:13	12:15 7:35 1:33:03 3:40	14:27 2:12 1:34:05 1:02	19:57 5:30 1:37:53 3:48	28:00 8:03 1:38:38 0:45	37:20 9:20	47:23 10:03	49:23 2:00	1:04:22 14:59	1:06:03 1:41	1:08:22 2:19	1:15:22 7:00	1:25:10 9:48	1:28:10 3:00	
21	Paul Bradbury SYO	1:41:46	11:49 11:49 1:34:01 0:59	19:42 7:53 1:37:10 3:09	21:58 2:16 1:38:12 1:02	27:13 5:15 1:41:11 2:59	34:12 6:59 1:41:46 0:35	43:32 9:20	50:16 6:44	52:12 1:56	1:07:12 15:00	1:09:45 2:33	1:12:10 2:25	1:18:54 6:44	1:29:42 10:48	1:33:02 3:20	
22	Ian Teasdale WCOC	1:50:13	4:39 4:39 1:38:22 1:16	12:26 7:47 1:43:57 5:35	15:53 3:27 1:45:14 1:17	24:02 8:09 1:49:35 4:21	31:41 7:39 1:50:13 0:38	42:35 10:54	49:59 7:24	52:28 2:29	1:04:06 11:38	1:06:34 2:28	1:09:46 3:12	1:19:51 10:05	1:33:38 13:47	1:37:06 3:28	
23	Douglas Craig WCH	2:02:26	6:34 6:34 1:49:42 1:22	16:21 9:47 1:55:59 6:17	20:16 3:55 1:57:03 1:04	23:43 3:27 2:01:42 4:39	38:56 15:13 2:02:26 0:44	49:32 10:36	58:35 9:03	1:00:51 2:16	1:15:50 14:59	1:18:07 2:17	1:21:14 3:07	1:29:54 8:40	1:44:53 14:59	1:48:20 3:27	
24	David Summers INVOC	2:23:45	5:29 5:29 2:11:38 1:09	15:12 9:43 2:16:24 4:46	18:32 3:20 2:18:09 1:45	22:08 3:36 2:22:56 4:47	44:18 22:10 2:23:45 0:49	57:46 13:28	1:07:23 9:37	1:10:19 2:56	1:27:32 17:13	1:35:34 8:02	1:39:39 4:05	1:50:05 10:26	2:05:48 15:43	2:10:29 4:41	
25	Mark Kassyk ESOC	2:50:16	8:20 8:20 2:35:37 1:42	19:06 10:46 2:41:06 5:29	24:37 5:31 2:42:59 1:53	28:33 3:56 2:49:07 6:08	43:43 15:10 2:50:16 1:09	58:45 15:02	1:12:21 13:36	1:15:47 3:26	1:38:47 23:00	1:42:27 3:40	1:49:36 7:09	2:04:25 14:49	2:28:43 24:18	2:33:55 5:12	
	Amjad Khursheed RR	mp	8:14 8:14 1:41:16 1:22	18:37 10:23 1:47:38 6:22	21:22 2:45 1:48:46 1:08	23:47 2:25 1:53:43 4:57	33:40 9:53 1:54:29 0:46	43:13 9:33	52:55 9:42	55:25 2:30	1:07:52 12:27	-----	1:13:03 5:11	1:20:59 7:56	1:34:57 13:58	1:39:54 4:57	
	Patrick Smyth NATO	dnf	5:21 5:21 58:58 1:13	12:16 6:55 1:04:06 5:08	15:55 3:39 1:05:47 1:41	18:21 2:26 1:12:07 6:20	26:15 7:54 1:13:11 1:04	37:11 10:56	46:53 9:42	49:38 2:45	-----	-----	-----	-----	-----	57:45 8:07	
M55S (14)			4.8 km 240 m				12 C										
			1(146)	2(153)	3(213)	4(221)	5(120)	6(227)	7(141)	8(145)	9(228)	10(126)	11(143)	12(218)	Finish		
1	Martin Dean FVO	46:36	2:55 2:55	7:45 4:50	13:49 6:04	15:32	21:38	22:54	25:12	29:48	38:57	42:20	44:43	46:01	46:36		
2	Graham McIntyre INT	55:09	3:26	8:28	16:28	18:16	26:43	28:03	31:28	36:11	45:59	50:04	52:48	54:28	55:09		
3	Richard Oxlade GRAMP	1:02:07	3:41	9:27	17:45	19:53	29:59	31:18	34:35	40:29	52:12	56:36	59:49	1:01:22	1:02:07		
4	Blair Young TINTO	1:05:11	3:17	8:14	16:25	18:00	34:15	35:46	38:46	43:20	53:29	1:00:41	1:03:20	1:04:36	1:05:11		
5	Steve Smirthwaite MOR	1:10:22	3:17	4:57	8:11	1:35	16:15	1:31	3:00	4:34	10:09	7:12	2:39	1:16	0:35		
6	Mike Rodgers MOR	1:12:19	4:21	6:22	10:01	1:50	12:49	1:42	3:39	5:24	14:32	4:15	3:01	1:41	0:45		
7	Terry O'Brien STAG	1:14:00	4:10	10:25	19:47	21:30	32:02	33:49	37:25	43:37	58:52	1:06:26	1:09:34	1:11:20	1:12:19		
8	Roger Thomas WCOC	1:16:19	4:10	6:15	9:22	1:43	10:32	1:47	3:36	6:12	15:15	7:34	3:08	1:46	0:59		
9	Jonathan Lenton MAROC	1:22:02	12:46	18:29	26:39	28:45	38:53	41:02	44:48	50:23	1:03:55	1:08:29	1:11:40	1:13:20	1:14:00		
10	Stephen Fellbaum MDOC	1:25:00	4:43	11:48	22:41	25:32	34:45	36:27	39:45	46:10	1:01:33	1:08:46	1:12:56	1:15:15	1:16:19		
11	Paul Frost BASOC	1:25:18	4:43	7:05	10:53	2:51	9:13	1:42	3:18	6:25	15:23	7:13	4:10	2:19	1:04		
12	Ian Addis MOR	1:29:00	4:07	20:43	32:08	35:02	44:07	46:32	49:42	54:52	1:08:39	1:15:07	1:19:10	1:21:30	1:22:02		
13	Kenneth Anderson MOR	1:37:06	4:07	16:36	11:25	2:54	9:05	2:25	3:10	5:10	13:47	6:28	4:03	2:20	0:32		
14	David Nichol AYROC	1:45:14	4:39	16:26	29:34	31:54	43:04	45:06	48:51	55:46	1:12:53	1:18:21	1:21:42	1:24:05	1:25:00		
			4:39 5:03	11:47 14:12	13:08 28:49	2:20	11:10	2:02	3:45	6:55	17:07	5:28	3:21	2:23	0:55		
M60L (11)			6.0 km 320 m				17 C										
			1(205) 15(146)	2(112) 16(149)	3(193) 17(218)	4(190) Finish	5(113)	6(196)	7(197)	8(144)	9(210)	10(122)	11(217)	12(213)	13(214)	14(114)	
1	Eddie Harwood MOR	1:07:53	1:58 1:58 1:04:04 0:55	5:09 3:11 1:06:34 2:30	12:43 7:34 1:07:17 0:43	14:56 2:13 1:07:53 0:36	16:19 1:23	21:02 4:43	23:50 2:48	26:38 2:48	38:20 11:42	47:57 9:37	53:24 5:27	57:27 4:03	59:14 1:47	1:03:09 3:55	

Pl	Name	Time														
M65L (27)			4.9 km 280 m		14 C		<i>(cont.)</i>									
		1(128) Finish	2(127)	3(116)	4(115)	5(117)	6(121)	7(141)	8(122)	9(214)	10(123)	11(228)	12(143)	13(129)	14(218)	
5	Dave Armitage GRAMP	58:32	4:09 4:09 58:32 0:37	9:46 5:37	14:27 4:41	24:54 10:27	28:39 3:45	29:46 1:07	33:33 3:47	38:56 5:23	45:38 6:42	47:59 2:21	49:05 1:06	55:10 6:05	56:57 1:47	57:55 0:58
6	Mike Godfree DVO	1:00:42	4:17 4:17 1:00:42 0:44	11:17 7:00	15:28 4:11	23:53 8:25	27:47 3:54	29:17 1:30	33:40 4:23	39:45 6:05	46:47 7:02	49:06 2:19	50:03 0:57	56:20 6:17	58:45 2:25	59:58 1:13
7	Phil Smithard KFO	1:01:26	3:52 3:52 1:01:26 0:36	10:17 6:25	14:14 3:57	22:31 8:17	30:00 7:29	31:01 1:01	35:26 4:25	41:25 5:59	48:03 6:38	50:35 2:32	51:49 1:14	58:01 6:12	59:39 1:38	1:00:50 1:11
8	Brian Johnson WIM	1:03:27	4:44 4:44 1:03:27 0:43	11:15 6:31	15:45 4:30	24:17 8:32	30:43 6:26	31:49 1:06	36:54 5:05	43:00 6:06	49:53 6:53	52:28 2:35	53:38 1:10	59:56 6:18	1:01:31 1:35	1:02:44 1:13
9	Peter Halling CLYDE	1:06:30	3:43 3:43 1:06:30 0:44	9:08 5:25	21:33 12:25	30:14 8:41	33:54 3:40	35:13 1:19	39:35 4:22	46:07 6:32	51:50 5:43	54:34 2:44	55:41 1:07	1:02:51 7:10	1:04:29 1:38	1:05:46 1:17
10	Guy Seaman INVOC	1:07:44	4:31 4:31 1:07:44 0:42	10:27 5:56	14:54 4:27	23:59 9:05	28:34 4:35	30:04 1:30	34:58 4:54	41:58 7:00	49:26 7:28	56:37 7:11	57:38 1:01	1:04:21 6:43	1:05:51 1:30	1:07:02 1:11
11	Peter Guillaume SYO	1:12:35	5:23 5:23 1:12:35 0:47	12:28 7:05	19:22 6:54	28:59 9:37	33:34 4:35	35:06 1:32	40:10 5:04	47:32 7:22	55:05 7:33	57:53 2:48	58:59 1:06	1:07:06 8:07	1:10:27 3:21	1:11:48 1:21
12	Geoffrey Hensman FVO	1:12:38	6:01 6:01 1:12:38 0:55	12:59 6:58	18:38 5:39	28:32 9:54	34:17 5:45	36:00 1:43	40:47 4:47	48:09 7:22	55:11 7:02	58:38 3:27	1:00:01 1:23	1:08:25 8:24	1:10:21 1:56	1:11:43 1:22
13	Phill Thompson MOR	1:13:01	5:06 5:06 1:13:01 0:51	14:26 9:20	19:03 4:37	29:20 10:17	34:13 4:53	35:24 1:11	40:12 4:48	46:42 6:30	57:14 10:32	1:00:23 3:09	1:01:34 1:11	1:08:51 7:17	1:10:30 1:39	1:12:10 1:40
14	John Coon ECKO	1:17:39	5:54 5:54 1:17:39 0:54	16:58 11:04	24:26 7:28	34:00 9:34	38:37 4:37	40:11 1:34	45:15 5:04	52:34 7:19	1:00:14 7:40	1:03:04 2:50	1:04:17 1:13	1:12:03 7:46	1:15:14 3:11	1:16:45 1:31
15	Dougie Condry AYROC	1:18:45	5:49 5:49 1:18:45 1:27	12:05 6:16	17:28 5:23	26:07 8:39	30:46 4:39	32:15 1:29	37:14 4:59	45:13 7:59	53:35 8:22	57:40 4:05	59:02 1:22	1:12:06 13:04	1:15:18 3:12	1:17:18 2:00
16	Alastair Lessells ESOC	1:20:20	4:39 4:39 1:20:20 0:36	17:09 12:30	32:01 14:52	40:14 8:13	44:50 4:36	45:54 1:04	51:03 5:09	57:15 6:12	1:06:00 8:45	1:08:43 2:43	1:09:33 0:50	1:17:11 7:38	1:18:38 1:27	1:19:44 1:06
16	Robin Strain ELO	1:20:20	5:11 5:11 1:20:20 0:41	12:29 7:18	21:56 9:27	31:20 9:24	38:05 6:45	40:17 2:12	45:56 5:39	54:00 8:04	1:03:14 9:14	1:06:32 3:18	1:07:52 1:20	1:16:31 8:39	1:18:12 1:41	1:19:39 1:27
18	Ian Turner SOLWAY	1:21:38	5:09 5:09 1:21:38 0:39	11:16 6:07	18:21 7:05	31:45 13:24	37:51 6:06	40:02 2:11	46:09 6:07	53:14 7:05	1:00:06 6:52	1:04:47 4:41	1:06:00 1:13	1:17:32 11:32	1:19:35 2:03	1:20:59 1:24
19	Brian Bullen FVO	1:23:00	7:18 7:18 1:23:00 1:33	16:21 9:03	23:23 7:02	34:45 11:22	40:33 5:48	42:22 1:49	47:50 5:28	55:31 7:41	1:03:47 8:16	1:07:08 3:21	1:08:23 1:15	1:16:48 8:25	1:19:29 2:41	1:21:27 1:58
20	Donald Smith TAY	1:23:51	5:41 5:41 1:23:51 0:50	13:39 7:58	19:52 6:13	30:40 10:48	35:31 4:51	36:59 1:28	44:24 7:25	55:17 10:53	1:04:20 9:03	1:07:40 3:20	1:09:11 1:31	1:19:51 10:40	1:21:39 1:48	1:23:01 1:22
21	Pat Squire INT	1:24:33	5:44 5:44 1:24:33 0:47	13:09 7:25	24:32 11:23	34:26 9:54	42:58 8:32	44:35 1:37	50:32 5:57	57:55 7:23	1:07:10 9:15	1:10:04 2:54	1:11:18 1:14	1:19:26 8:08	1:22:10 2:44	1:23:46 1:36
22	Roger Scrutton ESOC	1:24:50	5:16 5:16 1:24:50 0:52	12:59 7:43	20:42 7:43	30:24 9:42	44:39 14:15	46:05 1:26	51:12 5:07	1:00:15 9:03	1:07:30 7:15	1:10:24 2:54	1:11:36 1:12	1:20:30 8:54	1:22:30 2:00	1:23:58 1:28
23	Chris Aust GRAMP	1:26:00	5:44 5:44 1:26:00 0:43	14:16 8:32	21:38 7:22	31:26 9:48	39:29 8:03	40:51 1:22	47:04 6:13	55:52 8:48	1:04:00 8:08	1:08:11 4:11	1:09:43 1:32	1:21:34 11:51	1:23:43 2:09	1:25:17 1:34

Pl	Name	Time														
W18E (9)			5.0 km		300 m		14 C		<i>(cont.)</i>							
			1(153) Finish	2(116)	3(213)	4(118)	5(110)	6(117)	7(227)	8(141)	9(145)	10(226)	11(126)	12(146)	13(149)	14(218)
8	Roanne Lilley ECKO	1:13:24	5:12 5:12 1:13:24 0:32	12:36 7:24	14:29 1:53	26:42 12:13	30:58 4:16	32:50 1:52	35:52 3:02	39:46 3:54	45:16 5:30	1:02:23 17:07	1:06:15 3:52	1:09:20 3:05	1:12:03 2:43	1:12:52 0:49
9	Megan Ricketts MAROC	1:16:50	6:34 6:34 1:16:50 0:44	18:49 12:15	20:45 1:56	32:48 12:03	39:02 6:14	40:52 1:50	44:08 3:16	47:23 3:15	52:28 5:05	1:06:10 13:42	1:09:51 3:41	1:12:16 2:25	1:15:09 2:53	1:16:06 0:57
W18L (1)			4.8 km		240 m		12 C									
			1(146)	2(153)	3(213)	4(221)	5(120)	6(227)	7(141)	8(145)	9(228)	10(126)	11(143)	12(218)	Finish	
1	Rosie Getliff MAROC	1:43:55	4:37 4:37	18:41 14:04	30:31 11:50	35:07 4:36	45:16 10:09	49:30 4:14	53:39 4:09	59:56 6:17	1:16:55 16:59	1:37:11 20:16	1:41:00 3:49	1:43:21 2:21	1:43:55 0:34	
W20E (6)			5.0 km		300 m		14 C									
			1(153) Finish	2(116)	3(213)	4(118)	5(110)	6(117)	7(227)	8(141)	9(145)	10(226)	11(126)	12(146)	13(149)	14(218)
1	Beth Hanson EUOC	51:28	4:55 4:55 51:28 0:37	10:01 5:06	11:30 1:29	22:03 10:33	24:56 2:53	27:15 2:19	29:54 2:39	31:55 2:01	35:37 3:42	42:54 7:17	45:35 2:41	48:19 2:44	50:15 1:56	50:51 0:36
2	Fay Walsh EUOC	54:31	4:33 4:33 54:31 0:38	10:27 5:54	11:48 1:21	21:43 9:55	24:50 3:07	26:58 2:08	29:56 2:58	32:11 2:15	36:31 4:20	43:37 7:06	46:58 3:21	49:22 2:24	53:12 3:50	53:53 0:41
3	Jennifer Ricketts EUOC	55:19	5:07 5:07 55:19 0:35	11:11 6:04	13:00 1:49	21:43 8:43	25:01 3:18	26:50 1:49	29:25 2:35	31:43 2:18	36:17 4:34	46:20 10:03	49:27 3:07	51:57 2:30	53:59 2:02	54:44 0:45
4	Carolyn Hindle MDOC	1:16:46	6:34 6:34 1:16:46 0:35	18:45 12:11	20:46 2:01	33:00 12:14	39:47 6:47	43:00 3:13	46:35 3:35	50:09 3:34	55:06 4:57	1:06:01 10:55	1:10:23 4:22	1:12:50 2:27	1:15:12 2:22	1:16:11 0:59
5	Bronwyn Matthews MAROC	1:48:10	6:15 6:15 1:48:10 0:39	23:14 16:59	25:36 2:22	47:01 21:25	52:37 5:36	56:00 3:23	59:54 3:54	1:03:23 3:29	1:09:13 5:50	1:32:56 23:43	1:38:08 5:12	1:43:15 5:07	1:46:37 3:22	1:47:31 0:54
	Sarah Jones EUOC	dnf	5:26 5:26 33:08 0:56	13:29 8:03	14:51 1:22	-----	-----	-----	-----	-----	-----	20:49 5:58	24:47 3:58	27:18 2:31	31:13 3:55	32:12 0:59
W20L (1)			4.8 km		240 m		12 C									
			1(146)	2(153)	3(213)	4(221)	5(120)	6(227)	7(141)	8(145)	9(228)	10(126)	11(143)	12(218)	Finish	
1	Victoria Graham GUOC	1:58:58	4:36 4:36	16:12 11:36	28:38 12:26	41:41 13:03	52:15 10:34	54:26 2:11	59:12 4:46	1:08:58 9:46	1:30:28 21:30	1:50:46 20:18	1:56:00 5:14	1:58:23 2:23	1:58:58 0:35	
W20S (1)			3.2 km		120 m		10 C									
			1(128)	2(127)	3(210)	4(116)	5(213)	6(123)	7(146)	8(126)	9(143)	10(218)	Finish			
1	Rachel Hendrie FVO	54:51	5:08 5:08	12:43 7:35	20:36 7:53	27:59 7:23	30:11 2:12	37:04 6:53	44:24 7:20	47:57 3:33	52:06 4:09	54:14 2:08	54:51 0:37			
W21E (10)			8.2 km		460 m		18 C									
			1(112) 15(226)	2(107) 16(126)	3(152) 17(149)	4(133) 18(218)	5(196) Finish	6(144)	7(209)	8(215)	9(219)	10(115)	11(117)	12(220)	13(227)	14(214)
1	Charlotte Watson EUOC	1:12:46	3:54 3:54 1:06:45 3:35	9:10 5:16	13:13 4:03	14:56 1:43	21:18 6:22	24:44 3:26	31:40 6:56	36:57 5:17	44:16 7:19	46:03 1:47	48:37 2:34	51:25 2:48	54:10 2:45	1:03:10 9:00
2	Tessa Strain EUOC	1:19:32	3:57 3:57 1:13:04 4:12	8:58 5:01	15:33 6:35	17:01 1:28	23:53 6:52	28:35 4:42	35:10 6:35	41:09 5:59	48:11 7:02	50:35 2:24	53:25 2:50	56:06 2:41	59:26 3:20	1:08:52 9:26
3	Rona Lindsay ESOC	1:32:53	4:19 4:19 1:25:30 3:59	10:41 6:22	14:27 3:46	16:04 1:37	23:35 7:31	27:47 4:12	35:48 8:01	42:05 6:17	53:40 11:35	56:20 2:40	1:03:55 7:35	1:07:10 3:15	1:10:24 3:14	1:21:31 11:07
4	Chloe Haines AROS	1:35:17	4:55 4:55 1:26:58 5:04	11:50 6:55	16:04 4:14	18:04 2:00	26:37 8:33	31:33 4:56	40:03 8:30	47:14 7:11	57:41 10:27	59:58 2:17	1:03:33 3:35	1:06:58 3:25	1:10:18 3:20	1:21:54 11:36

Pl	Name	Time														
W21E (10)			8.2 km 460 m			18 C			<i>(cont.)</i>							
			1(112) 15(226)	2(107) 16(126)	3(152) 17(149)	4(133) 18(218)	5(196) Finish	6(144)	7(209)	8(215)	9(219)	10(115)	11(117)	12(220)	13(227)	14(214)
5	Hazel Wright MAROC	1:37:17	4:09 4:09 1:29:35 5:36	11:23 7:14 1:33:25 3:50	15:50 4:27 1:35:51 2:26	17:39 1:49 1:36:35 0:44	26:56 9:17 1:37:17 0:42	31:57 5:01	40:52 8:55	49:12 8:20	59:57 10:45	1:02:13 2:16	1:05:25 3:12	1:08:44 3:19	1:12:04 3:20	1:23:59 11:55
6	Katrina McLeod EUOC	1:41:23	5:15 5:15 1:33:09 5:05	12:28 7:13 1:37:17 4:08	16:52 4:24 1:40:02 2:45	18:43 1:51 1:40:44 0:42	28:43 10:00 1:41:23 0:39	33:30 4:47	42:39 9:09	52:11 9:32	1:01:38 9:27	1:04:41 3:03	1:08:17 3:36	1:12:36 4:19	1:16:36 4:00	1:28:04 11:28
7	Rozy Shepherd EUOC	1:50:31	5:38 5:38 1:41:34 5:52	10:13 10:13 1:46:20 4:46	4:59 2:02 1:49:15 2:55	22:52 8:36 1:49:57 0:42	31:28 8:36 1:50:31 0:34	35:49 4:21	45:28 9:39	54:27 8:59	1:05:51 11:24	1:08:33 2:42	1:12:57 4:24	1:17:30 4:33	1:22:10 4:40	1:35:42 13:32
8	Jo Smith EUOC	1:56:26	6:53 6:53 1:46:05 9:33	18:35 11:42 1:50:17 4:12	24:13 5:38 1:55:16 4:59	27:46 3:33 1:55:56 0:40	37:23 9:37 1:56:26 0:30	41:09 3:46	51:35 10:26	57:59 6:24	1:08:16 10:17	1:12:26 4:10	1:16:21 3:55	1:20:01 3:40	1:24:32 4:31	1:36:32 12:00
9	Isla Simmons EUOC	1:57:53	7:04 7:04 1:48:45 5:28	18:06 11:02 1:53:23 4:38	23:48 5:42 1:56:20 2:57	25:49 2:01 1:57:08 0:48	36:26 10:37 1:57:53 0:45	42:26 6:00	52:08 9:42	59:20 7:12	1:09:28 10:08	1:12:26 2:58	1:18:47 6:21	1:23:03 4:16	1:27:00 3:57	1:43:17 16:17
	Zoe Harding EUOC	dnf	3:55 3:55 25:18 4:48	----- ----- 28:52 3:34	----- ----- 31:32 2:40	----- ----- 32:19 0:47	----- ----- 33:07 0:48	6:14 2:19	13:21 7:07	18:25 5:04	----- -----	----- -----	----- -----	----- -----	----- -----	20:30 2:05
W21L (7)			6.6 km 340 m			18 C										
			1(197) 15(228)	2(193) 16(114)	3(190) 17(146)	4(113) 18(218)	5(205) Finish	6(209)	7(116)	8(213)	9(110)	10(220)	11(118)	12(145)	13(226)	14(123)
1	Gemma Karatay BASOC	1:30:20	3:51 3:51 1:22:57 0:43	9:42 5:51 1:25:51 2:54	11:44 2:02 1:26:52 1:01	13:22 1:38 1:29:45 2:53	31:25 18:03 1:30:20 0:35	39:55 8:30	45:13 5:18	47:16 2:03	57:21 10:05	1:03:05 5:44	1:05:01 1:56	1:10:39 5:38	1:19:38 8:59	1:22:14 2:36
2	Sarah McAdam RR	1:33:08	4:26 4:26 1:23:15 0:58	11:36 7:10 1:28:03 4:48	13:59 2:23 1:28:58 0:55	16:19 2:20 1:32:24 3:26	24:26 8:07 1:33:08 0:44	33:32 9:06	44:03 10:31	45:56 1:53	56:15 10:19	58:42 2:27	1:01:02 2:20	1:09:15 8:13	1:18:55 9:40	1:22:17 3:22
3	Fiona Berrow FVO	1:38:16	4:54 4:54 1:29:21 1:11	12:39 7:45 1:32:25 3:04	15:48 3:09 1:33:24 0:59	17:36 1:48 1:37:30 4:06	24:23 6:47 1:38:16 0:46	34:49 10:26	42:03 7:14	44:29 2:26	58:44 14:15	1:03:26 4:42	1:06:16 2:50	1:14:02 7:46	1:24:59 10:57	1:28:10 3:11
4	Rachel Scott GRAMP	2:05:55	5:31 5:31 1:52:01 1:20	14:50 9:19 1:58:04 6:03	17:52 3:02 1:59:37 1:33	23:03 5:11 2:04:56 5:19	31:32 8:29 2:05:55 0:59	44:14 12:42	52:26 8:12	55:08 2:42	1:12:58 17:50	1:16:02 3:04	1:19:01 2:59	1:28:16 9:15	1:42:32 14:16	1:50:41 8:09
5	Elizabeth Loffill STAG	2:12:05	6:33 6:33 1:58:02 1:29	15:41 9:08 2:05:22 7:20	18:41 3:00 2:07:05 1:43	23:56 5:15 2:11:23 4:18	34:52 10:56 2:12:05 0:42	46:55 12:03	56:42 9:47	1:00:26 3:44	1:20:22 19:56	1:22:54 2:32	1:26:27 3:33	1:37:10 10:43	1:52:54 15:44	1:56:33 3:39
6	Michaela Kolistanik AUOC	2:31:49	4:20 4:20 2:20:21 2:51	12:41 8:21 2:24:45 4:24	15:37 2:56 2:26:30 1:45	23:21 7:44 2:31:10 4:40	36:03 12:42 2:31:49 0:39	46:49 10:46	1:00:46 13:57	1:03:06 2:20	1:19:22 16:16	1:23:23 4:01	1:48:27 25:04	1:58:25 9:58	2:10:30 12:05	2:17:30 7:00
	Alison Fryer MDOC	dnf	5:59 5:59 1:19:23 1:33	15:01 9:02 1:24:19 4:56	18:45 3:44 1:25:54 1:35	23:21 4:36 1:31:01 5:07	35:49 12:28 1:32:02 1:01	49:38 13:49	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	1:17:50 28:12
W21S (3)			4.8 km 240 m			12 C										
			1(146)	2(153)	3(213)	4(221)	5(120)	6(227)	7(141)	8(145)	9(228)	10(126)	11(143)	12(218)	Finish	
1	Kirsty McArthur MOR	1:08:20	3:30 3:30	9:50 6:20	22:39 12:49	24:41 2:02	34:09 9:28	35:31 1:22	38:37 3:06	43:00 4:23	54:56 11:56	1:03:05 8:09	1:06:11 3:06	1:07:44 1:33	1:08:20 0:36	
2	Lucy Fryer AROS	2:05:08	6:34 6:34	14:36 8:02	34:42 20:06	40:53 6:11	56:22 15:29	59:04 2:42	1:04:06 5:02	1:13:09 9:03	1:39:57 26:48	1:54:00 14:03	2:01:32 7:32	2:04:00 2:28	2:05:08 1:08	
	Emma Young TINTO	mp	4:31 4:31	----- -----	30:45 26:14	34:32 3:47	49:32 15:00	52:20 2:48	56:39 4:19	1:02:33 5:54	1:19:29 16:56	1:29:58 10:29	1:34:23 4:25	1:36:36 2:13	1:37:21 0:45	
W21V (2)			3.2 km 120 m			10 C										
			1(128)	2(127)	3(210)	4(116)	5(213)	6(123)	7(146)	8(126)	9(143)	10(218)	Finish			
1	Laura Hendrie FVO	58:23	6:44 6:44	15:05 8:21	21:04 5:59	29:18 8:14	31:49 2:31	41:27 9:38	47:40 6:13	51:16 3:36	55:22 4:06	57:47 2:25	58:23 0:36			
2	Lynsey Thomson STAG	1:51:51	12:42 12:42	33:27 20:45	49:44 16:17	1:05:18 15:34	1:10:07 4:49	1:19:37 9:30	1:29:43 10:06	1:41:29 11:46	1:47:57 6:28	1:50:56 2:59	1:51:51 0:55			

Pl	Name	Time	5.0 km		300 m		14 C									
			1(153)	2(116)	3(213)	4(118)	5(110)	6(117)	7(227)	8(141)	9(145)	10(226)	11(126)	12(146)	13(149)	14(218)
W35L (2)			Finish													
1	Janine Inman FVO	59:51	5:15 5:15 59:51 0:43	8:53	15:57 1:49	25:06 9:09	28:50 3:44	30:58 2:08	34:27 3:29	37:18 2:51	41:52 4:34	50:03 8:11	53:29 3:26	55:49 2:20	58:31 2:42	59:08 0:37
2	Kathy Taylor MOR	2:03:15	20:22 20:22 2:03:15 0:41	28:01 7:39	30:21 2:20	45:25 15:04	52:58 7:33	1:07:25 14:27	1:12:03 4:38	1:16:51 4:48	1:23:13 6:22	1:43:31 20:18	1:53:42 10:11	1:56:39 2:57	2:01:29 4:50	2:02:34 1:05
W35S (2)			Finish													
1	Iryna Bogachova AYROC	1:05:12	4:05 4:05	8:55 4:50	14:45 5:50	16:37 1:52	26:06 9:29	31:30 5:24	37:17 5:47	40:36 3:19	46:56 6:20	49:52 2:56	1:02:50 12:58	1:04:32 1:42	1:05:12 0:40	
2	Tereza maria Rush BOK	1:38:03	4:45	25:33	31:33	33:22	54:47	1:03:08	1:08:37	1:11:50	1:19:04	1:22:03	1:35:35	1:37:24	1:38:03	
W40L (6)			Finish													
1	Heather Thomson ESOC	1:06:56	5:49 5:49 1:06:56 0:34	14:38 8:49	16:32 1:54	26:08 9:36	31:58 5:50	34:28 2:30	38:44 4:16	42:12 3:28	46:50 4:38	56:15 9:25	1:00:39 4:24	1:03:00 2:21	1:05:42 2:42	1:06:22 0:40
2	Mary Ross INT	1:07:49	5:58 5:58 1:07:49 0:40	12:44 6:46	14:52 2:08	24:59 10:07	29:33 4:34	35:09 5:36	38:40 3:31	41:35 2:55	46:20 4:45	56:08 9:48	1:00:27 4:19	1:03:12 2:45	1:06:32 3:20	1:07:09 0:37
3	Alice Bedwell BOK	1:10:41	6:02 6:02 1:10:41 0:45	13:53 7:51	16:05 2:12	26:41 10:36	31:34 4:53	34:26 2:52	38:54 4:28	42:13 3:19	47:53 5:40	57:45 9:52	1:02:04 4:19	1:05:40 3:36	1:08:50 3:10	1:09:56 1:06
4	Beccy Osborn FVO	1:13:02	6:39 6:39 1:13:02 0:58	14:07 7:28	16:15 2:08	29:03 12:48	34:03 5:00	36:19 2:16	39:53 3:34	43:56 4:03	49:49 5:53	1:01:06 11:17	1:05:43 4:37	1:08:10 2:27	1:11:05 2:55	1:12:04 0:59
5	Esther Gooch MAROC	1:47:53	22:58 22:58 1:47:53 0:42	32:39 9:41	35:45 3:06	49:58 14:13	1:01:36 11:38	1:04:29 2:53	1:10:25 5:56	1:14:19 3:54	1:21:10 6:51	1:33:27 12:17	1:38:49 5:22	1:42:45 3:56	1:46:21 3:36	1:47:11 0:50
6	Alison Wiseman MOR	1:54:00	8:31 8:31 1:54:00 0:46	19:54 11:23	22:47 2:53	39:45 16:58	48:32 8:47	52:52 4:20	1:02:58 10:06	1:08:18 5:20	1:16:24 8:06	1:34:38 18:14	1:42:46 8:08	1:46:47 4:01	1:51:40 4:53	1:53:14 1:34
W40S (5)			Finish													
1	Morag McLuckie MOR	59:53	5:43 5:43	14:44 9:01	17:16 2:32	23:28 6:12	29:40 6:12	33:53 4:13	41:28 7:35	52:24 10:56	55:00 2:36	59:15 4:15	59:53 0:38			
2	Nikki Howard MOR	1:03:34	5:44 5:44	12:23 6:39	14:32 2:09	23:35 9:03	30:48 7:13	34:35 3:47	42:23 7:48	54:17 11:54	58:31 4:14	1:02:49 4:18	1:03:34 0:45			
3	Anita Laidlaw KFO	1:09:45	6:07 6:07	18:24 12:17	20:41 2:17	27:55 7:14	34:19 6:24	39:21 5:02	47:48 8:27	1:02:36 14:48	1:05:13 2:37	1:08:53 3:40	1:09:45 0:52			
	Katherine Hunter ECKO	dnf	----	----	----	----	----	----	----	----	----	----	----			
nc	Jane Pottie BASOC	57:59	5:25 5:25	14:37 9:12	16:53 2:16	22:30 5:37	26:40 4:10	31:10 4:30	38:45 7:35	51:11 12:26	53:52 2:41	57:16 3:24	57:59 0:43			
W45L (15)			Finish													
1	Sarah Dunn MAROC	47:14	3:13 3:13 47:14 0:34	8:06 4:53	11:35 3:29	18:47 7:12	21:52 3:05	22:48 0:56	26:19 3:31	30:59 4:40	36:03 5:04	38:40 2:37	39:27 0:47	44:26 4:59	45:35 1:09	46:40 1:05
2	Susan Blackwood INVOC	57:34	4:32 4:32 57:34 0:31	9:18 4:46	15:45 6:27	22:55 7:10	26:41 3:46	27:46 1:05	31:33 3:47	36:35 5:02	46:03 9:28	47:59 1:56	48:59 1:00	54:52 5:53	56:07 1:15	57:03 0:56
3	Jen Leonard FVO	1:02:32	4:05 4:05 1:02:32 0:44	11:23 7:18	15:50 4:27	24:30 8:40	28:43 4:13	30:08 1:25	34:58 4:50	40:36 5:38	47:14 6:38	49:50 2:36	50:56 1:06	58:16 7:20	1:00:30 2:14	1:01:48 1:18
4	Lorna Eades INT	1:04:43	4:09 4:09 1:04:43 0:50	10:12 6:03	14:23 4:11	22:22 7:59	27:23 5:01	28:30 1:07	32:38 4:08	38:38 6:00	50:17 11:39	53:27 3:10	54:30 1:03	1:01:01 6:31	1:02:39 1:38	1:03:53 1:14

Pl	Name	Time													
W45L (15)			4.9 km 280 m			14 C			<i>(cont.)</i>						
		1(128) Finish	2(127)	3(116)	4(115)	5(117)	6(121)	7(141)	8(122)	9(214)	10(123)	11(228)	12(143)	13(129)	14(218)
5	Susannah Macmillan ECKO	1:05:42 6:02 6:02 1:05:42 0:35	16:28 10:26	21:12 4:44	29:04 7:52	33:36 4:32	35:07 1:31	39:38 4:31	46:40 7:02	52:15 5:35	56:31 4:16	57:28 0:57	1:02:35 5:07	1:04:06 1:31	1:05:07 1:01
6	Josie Stansfield FVO	1:06:17 4:25 4:25 1:06:17 0:43	10:34 6:09	15:27 4:53	26:18 10:51	31:30 5:12	32:48 1:18	37:22 4:34	44:25 7:03	51:32 7:07	54:33 3:01	55:34 1:01	1:02:48 7:14	1:04:23 1:35	1:05:34 1:11
7	Katy McNeil MOR	1:09:25 5:47 5:47 1:09:25 0:48	12:10 6:23	17:33 5:23	26:38 9:05	31:31 4:53	32:56 1:25	37:50 4:54	46:28 8:38	53:06 6:38	55:43 2:37	57:08 1:25	1:05:27 8:19	1:07:16 1:49	1:08:37 1:21
8	Lynne Thomas WCOG	1:14:09 5:04 5:04 1:14:09 0:42	20:20 15:16	24:49 4:29	34:54 10:05	40:07 5:13	41:42 1:35	46:06 4:24	52:53 6:47	59:04 6:11	1:02:25 3:21	1:03:27 1:02	1:10:40 7:13	1:12:12 1:32	1:13:27 1:15
9	Elizabeth Barr MOR	1:16:23 4:57 4:57 1:16:23 0:40	11:11 6:14	19:10 7:59	29:23 10:13	37:25 8:02	38:57 1:32	44:18 5:21	53:34 9:16	1:00:26 6:52	1:03:00 2:34	1:04:13 1:13	1:12:37 8:24	1:14:23 1:46	1:15:43 1:20
10	Lucy Shearer ECKO	1:17:38 6:28 6:28 1:17:38 0:51	14:14 7:46	20:01 5:47	31:01 11:00	34:52 3:51	35:51 0:59	40:13 4:22	47:48 7:35	57:02 9:14	1:01:53 4:51	1:04:41 2:48	1:13:17 8:36	1:15:01 1:44	1:16:47 1:46
11	Rachel Kirkland INT	1:18:48 6:52 6:52 1:18:48 0:37	14:16 7:24	25:26 11:10	34:32 9:06	40:22 5:50	41:40 1:18	46:55 5:15	53:49 6:54	1:02:12 8:23	1:05:16 3:04	1:06:53 1:37	1:15:17 8:24	1:16:52 1:35	1:18:11 1:19
12	Tracy Craig No club	1:23:06 5:21 5:21 1:23:06 0:45	12:22 7:01	19:12 6:50	28:46 9:34	36:47 8:01	37:56 1:09	43:31 5:35	51:44 8:13	1:05:06 13:22	1:07:43 2:37	1:08:52 1:09	1:19:08 10:16	1:20:59 1:51	1:22:21 1:22
13	Alison Matheson INVOC	1:27:57 6:53 6:53 1:27:57 0:40	14:57 8:04	21:14 6:17	33:11 11:57	39:36 6:25	41:17 1:41	49:06 7:49	57:48 8:42	1:07:17 9:29	1:11:20 4:03	1:13:05 1:45	1:22:41 9:36	1:25:11 2:30	1:27:17 2:06
14	Carol Burnapp ECKO	1:36:41 5:58 5:58 1:36:41 0:57	14:10 8:12	25:23 11:13	36:21 10:58	51:41 15:20	53:21 1:40	59:07 5:46	1:07:46 8:39	1:15:51 8:05	1:19:03 3:12	1:20:28 1:25	1:30:32 10:04	1:33:56 3:24	1:35:44 1:48
15	Jane Exley WAROC	2:41:23 43:52 43:52 2:41:23 0:48	50:05 6:13	1:19:02 28:57	1:43:08 24:06	1:54:07 10:59	1:55:08 1:01	2:01:22 6:14	2:10:54 9:32	2:21:59 11:05	2:25:17 3:18	2:26:59 1:42	2:36:31 9:32	2:38:36 2:05	2:40:35 1:59
W45S (8)			4.1 km 180 m			10 C									
		1(128)	2(209)	3(210)	4(127)	5(116)	6(217)	7(216)	8(146)	9(119)	10(218)	Finish			
1	Fiona Weir INT	1:06:26 5:17 5:17 1:06:26 0:45	11:57 6:40	14:30 2:33	22:51 8:21	34:56 12:05	39:17 4:21	46:39 7:22	1:00:33 13:54	1:02:47 2:14	1:05:41 2:54	1:06:26 0:45			
2	Judith Bell ESOC	1:08:25 5:54 5:54 1:08:25 0:45	12:09 6:15	15:46 3:37	21:54 6:08	30:47 8:53	35:21 4:34	42:58 7:37	1:00:51 17:53	1:03:59 3:08	1:07:40 3:41	1:08:25 0:45			
3	Rachel Provan MOR	1:14:48 10:09 10:09 1:14:48 0:46	17:55 7:46	21:37 3:42	28:42 7:05	36:36 7:54	43:21 6:45	52:54 9:33	1:06:29 13:35	1:09:40 3:11	1:14:02 4:22	1:14:48 0:46			
4	Julie Watson ECKO	1:24:35 7:20 7:20 1:24:35 0:54	16:02 8:42	18:36 2:34	32:19 13:43	42:09 9:50	48:17 6:08	58:03 9:46	1:15:31 17:28	1:19:16 3:45	1:23:41 4:25	1:24:35 0:54			
5	Sheila McMurtrie MAROC	1:25:46 8:47 8:47 1:25:46 0:52	16:00 7:13	19:28 3:28	29:05 9:37	41:19 12:14	46:55 5:36	58:38 11:43	1:15:57 17:19	1:21:00 5:03	1:24:54 3:54	1:25:46 0:52			
6	Leonne Hutchinson ESOC	1:43:57 6:15 6:15 1:43:57 1:04	19:39 13:24	22:14 2:35	33:58 11:44	59:41 25:43	1:06:03 6:22	1:17:09 11:06	1:33:44 16:35	1:37:22 3:38	1:42:53 5:31	1:43:57 1:04			
7	Hanne Robertson ESOC	1:54:55 10:15 10:15 1:54:55 0:44	17:03 6:48	20:54 3:51	27:19 6:25	35:55 8:36	1:08:20 32:25	1:25:16 16:56	1:39:52 14:36	1:49:24 9:32	1:54:11 4:47	1:54:55 0:44			
8	Diane Mailer ECKO	1:58:55 6:08 6:08 1:58:55 0:50	13:47 7:39	16:56 3:09	26:21 9:25	1:08:20 41:59	1:13:25 5:05	1:22:48 9:23	1:51:56 29:08	1:54:12 2:16	1:58:05 3:53	1:58:55 0:50			
W50L (22)			4.9 km 280 m			14 C									
		1(128) Finish	2(127)	3(116)	4(115)	5(117)	6(121)	7(141)	8(122)	9(214)	10(123)	11(228)	12(143)	13(129)	14(218)
1	Hazel Dean FVO	52:30 3:25 3:25 52:30 0:39	8:53 5:28	12:45 3:52	20:16 7:31	23:47 3:31	24:49 1:02	28:32 3:43	33:51 5:19	39:56 6:05	42:28 2:32	43:29 1:01	48:46 5:17	50:47 2:01	51:51 1:04
2	Carolyn McLeod GRAMP	1:00:25 4:59 4:59 1:00:25 0:37	11:52 6:53	17:29 5:37	24:20 6:51	27:38 3:18	29:18 1:40	33:18 4:00	42:58 9:40	48:02 5:04	50:32 2:30	51:25 0:53	57:13 5:48	58:43 1:30	59:48 1:05

Pl	Name	Time	1(128) Finish	2(127)	3(116)	4(115)	5(117)	6(121)	7(141)	8(122)	9(214)	10(123)	11(228)	12(143)	13(129)	14(218)
W50L (22)																
				4.9 km 280 m 14 C (cont.)												
3	Alison Cunningham ESOC	1:04:43	5:09 5:09 1:04:43 0:47	11:11 6:02	16:12 5:01	24:33 8:21	29:40 5:07	30:39 0:59	34:52 4:13	40:44 5:52	48:35 7:51	51:13 2:38	53:59 2:46	1:01:16 7:17	1:02:43 1:27	1:03:56 1:13
4	Marsela McLeod INVOC	1:07:06	4:06 4:06 1:07:06 1:00	13:23 9:17	18:08 4:45	25:57 7:49	30:26 4:29	36:29 6:03	40:21 3:52	45:53 5:32	52:12 6:19	54:57 2:45	55:51 0:54	1:03:12 7:21	1:04:46 1:34	1:06:06 1:20
5	Ann Haley INT	1:07:11	4:08 4:08 1:07:11 0:45	10:10 6:02	14:46 4:36	23:27 8:41	30:32 7:05	31:33 1:01	36:28 4:55	43:10 6:42	50:04 6:54	54:10 4:06	55:21 1:11	1:03:19 7:58	1:05:07 1:48	1:06:26 1:19
6	Lesley Gomersall GRAMP	1:07:12	4:17 4:17 1:07:12 0:45	10:21 6:04	15:12 4:51	23:53 8:41	28:17 4:24	29:28 1:11	35:00 5:32	44:49 9:49	52:22 7:33	55:19 2:57	56:36 1:17	1:03:48 7:12	1:05:13 1:25	1:06:27 1:14
7	Denise Wright MAROC	1:08:51	5:13 5:13 1:08:51 0:43	11:43 6:30	16:52 5:09	25:53 9:01	30:32 4:39	31:59 1:27	37:11 5:12	44:21 7:10	51:58 7:37	55:05 3:07	56:19 1:14	1:04:34 8:15	1:06:36 2:02	1:08:08 1:32
8	Jane Ackland INT	1:09:02	5:41 5:41 1:09:02 0:43	11:50 6:09	19:39 7:49	30:50 11:11	34:38 3:48	37:20 2:42	41:43 4:23	48:52 7:09	54:57 6:05	57:45 2:48	59:07 1:22	1:05:56 6:49	1:07:15 1:19	1:08:19 1:04
9	Helen Rowlands GRAMP	1:10:21	5:26 5:26 1:10:21 0:39	12:27 7:01	17:42 5:15	27:00 9:18	31:56 4:56	33:29 1:33	38:36 5:07	45:31 6:55	53:30 7:59	56:28 2:58	57:56 1:28	1:06:43 8:47	1:08:18 1:35	1:09:42 1:24
10	Denise Main MOR	1:10:31	4:11 4:11 1:10:31 0:33	19:39 15:28	24:26 4:47	32:03 7:37	36:30 4:27	42:28 5:58	46:30 4:02	51:56 5:26	57:54 5:58	1:01:08 3:14	1:01:58 0:50	1:06:59 5:01	1:08:53 1:54	1:09:58 1:05
11	Louise Longhurst FVO	1:12:00	5:02 5:02 1:12:00 0:47	11:52 6:50	17:36 5:44	26:41 9:05	34:12 7:31	35:29 1:17	40:35 5:06	48:32 7:57	55:15 6:43	58:26 3:11	59:42 1:16	1:06:59 7:17	1:09:51 2:52	1:11:13 1:22
12	Heather Fellbaum MDOC	1:16:26	5:14 5:14 1:16:26 0:40	11:51 6:37	17:00 5:09	25:03 8:03	30:20 5:17	31:30 1:10	47:46 16:16	53:42 5:56	1:00:13 6:31	1:03:10 2:57	1:04:30 1:20	1:12:35 8:05	1:14:29 1:54	1:15:46 1:17
13	Lucy Galloway INT	1:17:44	9:44 9:44 1:17:44 0:42	17:23 7:39	23:40 6:17	33:02 9:22	39:45 6:43	41:39 1:54	46:53 5:14	53:29 6:36	1:00:15 6:46	1:04:19 4:04	1:05:44 1:25	1:13:49 8:05	1:15:47 1:58	1:17:02 1:15
14	Helena Nolan ESOC	1:18:41	4:49 4:49 1:18:41 0:41	14:02 9:13	18:17 4:15	27:25 9:08	44:01 16:36	45:33 1:32	49:55 4:22	56:59 7:04	1:04:01 7:02	1:07:27 3:26	1:08:31 1:04	1:15:19 6:48	1:16:42 1:23	1:18:00 1:18
15	Roos Eisma TAY	1:20:12	6:27 6:27 1:20:12 0:40	13:54 7:27	21:47 7:53	32:00 10:13	41:57 9:57	43:16 1:19	48:41 5:25	56:00 7:19	1:04:43 8:43	1:07:40 2:57	1:08:46 1:06	1:16:14 7:28	1:18:05 1:51	1:19:32 1:27
16	Pippa Weir MOR	1:23:18	4:42 4:42 1:23:18 0:54	15:45 11:03	20:30 4:45	34:38 14:08	39:37 4:59	41:26 1:49	47:25 5:59	54:56 7:31	1:04:10 9:14	1:09:35 5:25	1:10:53 1:18	1:19:04 8:11	1:21:01 1:57	1:22:24 1:23
17	Sue Barrie MAROC	1:23:20	6:11 6:11 1:23:20 0:50	13:38 7:27	19:02 5:24	28:03 9:01	33:26 5:23	35:07 1:41	40:59 5:52	48:35 7:36	1:02:24 13:49	1:05:36 3:12	1:07:36 2:00	1:18:22 10:46	1:20:46 2:24	1:22:30 1:44
18	Rachel Wilson CLYDE	1:23:58	5:14 5:14 1:23:58 0:48	23:05 17:51	28:28 5:23	38:32 10:04	43:34 5:02	44:52 1:18	50:26 5:34	58:37 8:11	1:07:30 8:53	1:11:14 3:44	1:12:54 1:40	1:19:54 7:00	1:21:43 1:49	1:23:10 1:27
19	Jane Anderson TAY	1:33:09	6:58 6:58 1:33:09 0:54	15:58 9:00	21:40 5:42	34:07 12:27	39:49 5:42	41:39 1:50	47:58 6:19	58:42 10:44	1:08:44 10:02	1:13:11 4:27	1:14:47 1:36	1:27:53 13:06	1:30:23 2:30	1:32:15 1:52
20	Carol Graham SOLWAY	1:36:46	8:08 8:08 1:36:46 0:47	19:56 11:48	26:38 6:42	38:27 11:49	50:03 11:36	51:29 1:26	58:43 7:14	1:08:33 9:50	1:16:40 8:07	1:19:55 3:15	1:21:17 1:22	1:32:20 11:03	1:34:21 2:01	1:35:59 1:38
21	Frances Getliff MAROC	1:38:07	6:08 6:08 1:38:07 0:46	12:26 6:18	35:06 22:40	51:16 16:10	1:00:14 8:58	1:01:27 1:13	1:06:34 5:07	1:13:54 7:20	1:20:40 6:46	1:23:38 2:58	1:24:48 1:10	1:34:25 9:37	1:35:58 1:33	1:37:21 1:23

PI	Name	Time													Finish
W60L (12)			4.7 km 215 m			12 C			<i>(cont.)</i>						
		1(146)	2(127)	3(213)	4(116)	5(115)	6(117)	7(227)	8(141)	9(145)	10(216)	11(143)	12(218)	Finish	
3	Alison Simmons BOK	1:03:11 3:41	8:16 4:35	16:10 7:54	18:12 2:02	26:10 7:58	38:33 12:23	43:10 4:37	46:28 3:18	51:40 5:12	54:06 2:26	1:01:25 7:19	1:02:34 1:09	1:03:11 0:37	
4	Amelia Petrie CLYDE	1:03:56 4:19	8:48 4:29	14:36 5:48	18:08 3:32	27:03 8:55	34:37 7:34	41:36 6:59	44:38 3:02	50:49 6:11	53:40 2:51	1:01:56 8:16	1:03:17 1:21	1:03:56 0:39	
5	Val Belton CLYDE	1:05:17 4:34	9:33 4:59	15:03 5:30	21:14 6:11	30:30 9:16	35:40 5:10	40:29 4:49	43:59 3:30	49:49 5:50	52:58 3:09	1:02:21 9:23	1:04:25 2:04	1:05:17 0:52	
6	Hilary Quick BASOC	1:05:40 4:17	9:52 5:35	14:53 5:01	16:48 1:55	26:20 9:32	34:25 8:05	39:23 4:58	42:51 3:28	50:11 7:20	53:30 3:19	1:02:59 9:29	1:04:56 1:57	1:05:40 0:44	
7	Janice Nisbet ESOC	1:13:00 4:40	9:12 4:32	15:07 5:55	17:37 2:30	27:06 9:29	41:10 14:04	45:57 4:47	49:44 3:47	56:46 7:02	1:00:14 3:28	1:10:27 10:13	1:12:13 1:46	1:13:00 0:47	
8	Joyce Brunton INVOG	1:20:41 6:14	11:44 5:30	19:22 7:38	21:49 2:27	32:52 11:03	38:49 5:57	45:17 6:28	49:37 4:20	59:34 9:57	1:03:59 4:25	1:18:16 14:17	1:20:03 1:47	1:20:41 0:38	
9	Sally Lindsay ESOC	1:20:59 5:16	11:23 6:07	17:46 6:23	20:09 2:23	33:16 13:07	42:23 9:07	48:00 5:37	57:07 9:07	1:04:13 7:06	1:07:41 3:28	1:18:15 10:34	1:20:19 2:04	1:20:59 0:40	
10	Anne Hickling GRAMP	1:21:33 5:10	11:21 6:11	19:57 8:36	23:14 3:17	36:15 13:01	42:43 6:28	48:44 6:01	53:05 4:21	1:02:03 8:58	1:05:55 3:52	1:18:01 12:06	1:20:39 2:38	1:21:33 0:54	
11	Hilary Scott BASOC	1:25:24 5:40	11:26 5:46	18:34 7:08	21:56 3:22	35:24 13:28	43:29 8:05	49:57 6:28	54:29 4:32	1:05:04 10:35	1:10:03 4:59	1:22:50 12:47	1:24:43 1:53	1:25:24 0:41	
12	Elizabeth Furness MOR	1:36:37 8:37	16:58 8:21	24:32 7:34	27:24 2:52	40:46 13:22	47:59 7:13	53:48 5:49	58:46 4:58	1:07:38 8:52	1:19:22 11:44	1:33:45 14:23	1:35:43 1:58	1:36:37 0:54	
W60S (6)			3.2 km 120 m			10 C									
		1(128)	2(127)	3(210)	4(116)	5(213)	6(123)	7(146)	8(126)	9(143)	10(218)	Finish			
1	Oonagh Grassie GRAMP	57:46 6:40	14:18 7:38	24:05 9:47	30:47 6:42	33:21 2:34	40:02 6:41	45:57 5:55	50:16 4:19	54:48 4:32	56:58 2:10	57:46 0:48			
2	Lynne Walker BASOC	59:39 5:55	14:25 8:30	21:07 6:42	28:07 7:00	32:06 3:59	38:03 5:57	44:32 6:29	48:58 4:26	55:50 6:52	58:28 2:38	59:39 1:11			
3	Pauline Smithard DEE	1:09:57 6:04	14:59 8:55	27:07 12:08	34:27 7:20	37:02 2:35	46:24 9:22	56:44 10:20	1:01:09 4:25	1:05:48 4:39	1:09:10 3:22	1:09:57 0:47			
4	Judith Guillaume SYO	1:14:19 7:13	18:07 10:54	27:10 9:03	38:16 11:06	41:33 3:17	50:31 8:58	58:59 8:28	1:03:45 4:46	1:09:41 5:56	1:12:38 2:57	1:14:19 1:41			
5	Annette Milburn WCOC	1:48:45 11:47	22:26 10:39	32:42 10:16	48:32 15:50	51:53 3:21	1:13:24 21:31	1:24:27 11:03	1:33:10 8:43	1:43:38 10:28	1:47:36 3:58	1:48:45 1:09			
	Jayne Macgregor GRAMP	dnf 11:54	34:11 22:17	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	56:27 22:16	58:31 2:04			
W65L (19)			4.1 km 180 m			10 C									
		1(128)	2(209)	3(210)	4(127)	5(116)	6(217)	7(216)	8(146)	9(119)	10(218)	Finish			
1	Miriam Rosen SROC	1:04:23 6:04	12:55 6:51	15:21 2:26	22:27 7:06	29:26 6:59	35:00 5:34	43:41 8:41	57:46 14:05	1:00:06 2:20	1:03:40 3:34	1:04:23 0:43			
2	Mary Williams ESOC	1:07:45 5:32	12:28 6:56	15:00 2:32	21:06 6:06	29:03 7:57	33:49 4:46	43:07 9:18	1:00:35 17:28	1:02:54 2:19	1:06:49 3:55	1:07:45 0:56			
3	Joan Noble INVOG	1:08:54 5:48	12:51 7:03	15:24 2:33	23:15 7:51	29:30 6:15	35:15 5:45	44:35 9:20	1:01:24 16:49	1:04:18 2:54	1:08:01 3:43	1:08:54 0:53			
4	Sheila Strain ELO	1:15:21 5:06	11:55 6:49	16:43 4:48	22:41 5:58	28:03 5:22	33:08 5:05	42:57 9:49	1:08:13 25:16	1:10:58 2:45	1:14:29 3:31	1:15:21 0:52			
5	Lindsey Hensman FVO	1:16:33 7:01	15:33 8:32	18:36 3:03	26:20 7:44	32:28 6:08	38:37 6:09	47:42 9:05	1:07:55 20:13	1:11:04 3:09	1:15:39 4:35	1:16:33 0:54			
6	Trish Carmichael TINTO	1:20:28 7:11	14:50 7:39	18:15 3:25	25:43 7:28	33:30 7:47	41:29 7:59	53:51 12:22	1:11:06 17:15	1:14:43 3:37	1:19:25 4:42	1:20:28 1:03			
7	Liz Godfree DVO	1:21:37 5:49	17:20 11:31	19:39 2:19	26:45 7:06	38:51 12:06	44:07 5:16	51:14 7:07	1:16:06 24:52	1:18:21 2:15	1:20:54 2:33	1:21:37 0:43			
8	Margaret Dearman MOR	1:23:04 7:03	17:15 10:12	22:44 5:29	31:14 8:30	38:21 7:07	45:17 6:56	56:53 11:36	1:13:41 16:48	1:17:35 3:54	1:22:01 4:26	1:23:04 1:03			
9	Trina Rogerson ELO	1:24:52 6:12	16:53 10:41	19:17 2:24	26:58 7:41	37:14 10:16	43:31 6:17	53:24 9:53	1:15:43 22:19	1:19:29 3:46	1:23:58 4:29	1:24:52 0:54			
10	Janet Nash LOC	1:26:44 6:56	19:01 12:05	21:33 2:32	37:22 15:49	48:15 10:53	53:08 4:53	1:00:34 7:26	1:19:20 18:46	1:22:03 2:43	1:25:46 3:43	1:26:44 0:58			
11	Marcella McLennan TINTO	1:28:18 7:37	17:56 10:19	21:08 3:12	29:52 8:44	40:56 11:04	48:02 7:06	59:57 11:55	1:16:54 16:57	1:20:16 3:22	1:27:20 7:04	1:28:18 0:58			
12	Anne Stevenson ESOC	1:30:10 6:07	13:21 7:14	18:24 5:03	28:43 10:19	35:43 7:00	40:55 5:12	50:25 9:30	1:19:08 28:43	1:23:28 4:20	1:29:20 5:52	1:30:10 0:50			
13	Valerie Springett INVOG	1:33:10 8:59	19:47 10:48	23:26 3:39	33:36 10:10	43:02 9:26	50:51 7:49	1:00:26 9:35	1:23:25 22:59	1:27:31 4:06	1:32:13 4:42	1:33:10 0:57			
14	Margaret Fraser MAROC	1:40:59 7:25	20:28 13:03	25:11 4:43	34:28 9:17	42:05 7:37	50:01 7:56	1:03:30 13:29	1:29:18 25:48	1:34:24 5:06	1:39:44 5:20	1:40:59 1:15			
15	Maureen Brown ESOC	1:41:20 14:10	24:07 9:57	29:41 5:34	39:44 10:03	47:02 7:18	54:39 7:37	1:06:28 11:49	1:30:24 23:56	1:34:31 4:07	1:40:19 5:48	1:41:20 1:01			
16	Helen Neild LOC	1:47:43 6:23	17:24 11:01	20:18 2:54	28:16 7:58	44:21 16:05	49:41 5:20	58:46 9:05	1:38:11 39:25	1:41:03 2:52	1:46:46 5:43	1:47:43 0:57			
17	Katy Lessells ESOC	1:50:41 16:17	26:36 10:19	32:19 5:43	43:09 10:50	57:49 14:40	1:04:52 7:03	1:19:32 14:40	1:38:29 18:57	1:43:12 4:43	1:49:36 6:24	1:50:41 1:05			
18	Anne Thom ESOC	1:56:04 8:31	21:20 12:49	28:28 7:08	38:28 10:00	1:05:18 26:50	1:13:41 8:23	1:25:16 11:35	1:43:41 18:25	1:47:54 4:13	1:54:58 7:04	1:56:04 1:06			
	Beryl Seaman INVOG	mp	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	45:48 45:48	47:32 1:44			

Pl	Name	Time														
<i>White (12)</i>			2.2 km 60 m				13 C					<i>(cont.)</i>				
			1(148)	2(147)	3(223)	4(142)	5(192)	6(194)	7(191)	8(195)	9(119)	10(200)	11(224)	12(206)	13(218)	Finish
3	Jamie Connor	31:04	2:06	5:51	9:18	11:08	13:38	17:19	19:46	21:15	23:13	25:55	27:05	28:39	30:13	31:04
	FVO		2:06	3:45	3:27	1:50	2:30	3:41	2:27	1:29	1:58	2:42	1:10	1:34	1:34	0:51
4	Hanna Brindley	31:27	1:46	5:41	8:59	10:17	11:55	14:06	17:51	20:50	22:47	24:49	26:35	28:30	30:10	31:27
	FVO		1:46	3:55	3:18	1:18	1:38	2:11	3:45	2:59	1:57	2:02	1:46	1:55	1:40	1:17
5	Cameron Stuart	31:49	1:17	5:25	8:21	9:24	11:37	14:07	17:10	20:02	22:33	24:48	27:15	29:19	30:50	31:49
	MAROC		1:17	4:08	2:56	1:03	2:13	2:30	3:03	2:52	2:31	2:15	2:27	2:04	1:31	0:59
6	Florence Bond Butl	32:27	1:18	4:43	7:47	9:45	13:06	15:33	19:23	21:52	24:16	26:29	28:17	29:56	31:20	32:27
	No club		1:18	3:25	3:04	1:58	3:21	2:27	3:50	2:29	2:24	2:13	1:48	1:39	1:24	1:07
7	Hazel Cload	32:52	2:05	5:55	9:13	10:40	12:41	15:25	18:18	21:38	23:50	25:38	27:54	29:56	31:47	32:52
	INVOC		2:05	3:50	3:18	1:27	2:01	2:44	2:53	3:20	2:12	1:48	2:16	2:02	1:51	1:05
8	Anna Howard	34:23	1:43	5:25	8:32	10:13	12:17	14:46	18:41	22:15	24:38	27:01	29:01	31:08	32:56	34:23
	MOR		1:43	3:42	3:07	1:41	2:04	2:29	3:55	3:34	2:23	2:23	2:00	2:07	1:48	1:27
nc	Hannah Wiseman	29:11	1:25	4:15	7:04	8:22	10:28	12:48	15:24	18:39	21:09	23:26	25:23	26:53	28:12	29:11
	MOR		1:25	2:50	2:49	1:18	2:06	2:20	2:36	3:15	2:30	2:17	1:57	1:30	1:19	0:59
nc	Andrew Popham	30:10	1:25	5:22	8:54	10:11	13:14	16:26	18:44	20:14	22:32	25:18	26:29	27:50	29:23	30:10
	KFO		1:25	3:57	3:32	1:17	3:03	3:12	2:18	1:30	2:18	2:46	1:11	1:21	1:33	0:47
nc	Eilidh Connor	30:30	1:43	5:46	8:39	10:15	12:33	14:50	17:14	19:12	21:49	24:11	25:38	27:18	29:24	30:30
	FVO		1:43	4:03	2:53	1:36	2:18	2:17	2:24	1:58	2:37	2:22	1:27	1:40	2:06	1:06
nc	Tom O'Donoghue	45:51	1:54	19:25	22:06	23:22	25:31	27:52	31:07	34:42	37:08	39:45	41:09	43:07	44:34	45:51
	ESOC		1:54	17:31	2:41	1:16	2:09	2:21	3:15	3:35	2:26	2:37	1:24	1:58	1:27	1:17