Scottish Junior Cup Round 1, Auchingarrich, Sunday 30th May 2021

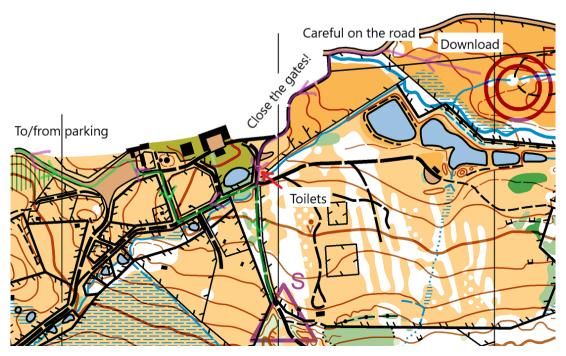
Covid-19 Information:

- 1. If you are displaying one or more Covid-19 symptoms you must not attend.
- 2. If you are in Covid-19 quarantine you must not attend.
- 3. People in higher risk categories as set out by the government should be aware that attending places you at increased risk.
- 4. The 2-metre rule applies at all times, including at controls, so please move away from controls as soon as you have punched. Please also maintain distancing on the route between parking and Start/Finish.
- 5. Please keep young children with you at all times.
- 6. You need to turn up for your starts on time. There is minimal scope for rescheduling late starters.
- 7. Please do not congregate at the start/finish/car park.
- 8. By taking part you agree to British Orienteering code of conduct (see https://www.britishorienteering.org.uk/COVID19 Safe Orienteering)

Key Points:

- There is no registration or enquiries at the event. Any changes of course, start time or dibber number must be done in advance by email to paul [at] thehammonds.org.uk.
- Any hired dibbers will be available to collect on your way to the start.
- Please use only portable toilets provided for orienteers, and not the visitor toilets in the wildlife centre.
- Please do not arrive more than 30 mins before your start, it is only a 5-10 min walk from parking.
- Please leave as soon as you and your fellow passengers have finished and downloaded, to free up parking space for others.
- Live results will be available at https://live.fvo.org.uk

Overview Map:



Transport: Please use either the main A85 through Crieff and Comrie or the B827 from Braco to get to the event. Follow the brown signs to the wildlife centre. What3words - https://w3w.co/cackling.springing.headline

Parking: Please follow the instructions of the marshals at all times. £2/car donation requested, with proceeds to the local community. Cars will be parked along one side of the access track to the Wildlife Centre. Please park tightly and as directed. No parking in the main visitor car park.

Toilets: There are two portable toilets for orienteers only located between start/finish and the parking. Please use these and not the visitor toilets in the wildlife centre. **Covid-19:** make sure you maintain 2m distancing while queueing for the toilet.

Start: Start is 600-800m from parking around the visitor car park and along tracks through the wildlife centre and up a short hill. The route will be signed and there will be tapes to follow.

Start Times: from 1000 to 1320. Your start time is now published on SiEntries: https://www.sientries.co.uk/list.php?event_id=8315 if you entered online, or will be advised by email.

Start Procedure: For those who have not been to a larger event before, there is a series of 4 boxes marked on the ground that you progress through before you start.

- 4 minutes before your start time you will be called up into the first box, your SI card (dibber) will be checked, and you should use the hand sanitiser.
- At -3 minutes you move into the next box and pick up the control descriptions for your course.
- At -2 minutes you move to the next box where you can study a blank map of the area.
- At -1 minute you move to the last box. When you hear the long beep from the start clock, you should punch the start unit, pick up the right map for your course and go!

It is a punching start, so do not forget to punch the start unit.

SIAC: SI Air will be enabled. Please ensure you check in the start boxes to activate your dibber. The start and finish controls are not contactless – you much punch these "normally".

Finish: Download is in the field immediately after the finish. Once you have downloaded you must make you way back to parking by following the signs/tapes across the fence, along the side of the road for a short distance and back into the visitor centre along the track. **Make sure you shut the gates along this track.**

Safety: All participants take part at their own risk. You may wish to carry a whistle to attract attention in an emergency. The forecast is warm and much of the area is sheltered so you are advised to drink plenty before you start. First Aid kits are located at the start and finish.

COURSES CLOSE AT 1500

Maps: All maps are A3, printed on waterproof paper. Map scale is 1:7,500 with 5m contours for all courses.

Course Lengths and Climb:

Course	Junior					Senior		
	Orange	Light Green	Green	Blue	Short Brown	Short	Medium	Long
Distance (km)	3.0	3.9	4.3	5.9	6.4	3.4	5.0	7.5
Climb (m)	45	90	110	190	205	65	215	275

All courses: Watch out for **barbed wire on some fences.** There are **compulsory crossing points** that follow the obvious route for courses into the open area towards the finish. Please report any damage to property at download.

Beware of the gorge - this is out of bounds. Black and yellow tape means danger!

There is an **out of bounds area in the middle of the map** where there is a larger stream feeding into a loch. This extends if it rains a lot.

Take care near marshes. Some are large and can be deep.

The bracken screen has been retained on the map. New bracken is not yet evident. There is some additional vegetation growth in some areas that is not marked.

Orange course: There is a compulsory stream crossing between 9 and 10 which is taped towards the next control then there is tape to the crossing point between 10 and 11. Please ensure your youngsters are familiar with description sheet symbols and map symbols. There is no legend on the map! Map symbols can be found here: https://www.maprunner.co.uk/map-symbols/, control descriptions and a quiz are at this link: https://www.maprunner.co.uk/iof-control-descriptions/

Longer courses (Blue, Short Brown, Adult Medium and Adult Long): There are no marked crossing points out to the open to the south-west, but the best line takes you over crossable points. Be aware that there is some additional unmarked gorse running along the fence/wall out to this open area.

Officials:

Organiser: Paul Hammond (paul [at] thehammonds.org.uk / 07979 432544)

• Planner: Fran Loots

• Controller: Colin Matheson