



# Scottish Orienteering Star Awards

The Star Award scheme is Scottish Orienteering's personal performance reward scheme aimed at encouraging and recognising skills development. The scheme has 4 different levels which will develop orienteering skills in a structured and progressive format. The levels are broadly aligned with the British Orienteering [Step system and colour schemes](#):

Level 1 - white / Technical Difficulty 1

Level 2 - yellow / TD 2

Level 3 - orange / TD3

Level 4 - light green / TD4

The Level 1 Star Award can be achieved through participating in orienteering at school, after-school clubs, or youth groups such as scouts. This award should be achievable after a block of 4-6 orienteering sessions. Levels 2, 3 and 4 usually require participation in coached club training sessions. For each level of Star Award a progression document is used by coaches to monitor participants' development against a range of skills linked to the systematic orienteering framework of "Plan, Direction, Picture, Distance and Mental".

The detailed content of Star Awards can be modified to suit differing needs of participants, and / or the environment in which they are orienteering, through working 1:1 with a club coach.

[Star Award resources for coaches are available here](#)