

ORIENTEERING STAR AWARD SCHEME CERTIFICATE

TD	Skill/technique	Target standards	Target date	Progress	Date ACHIEVED
1	Fold the map				
1	Set the map using visible features	<i>Understand what to do, how to do it, and why it matters; know what is required and usually do it without prompting.</i>			
1	Keep the map set (walk round the map)				
1	Thumb the map				
1	Know/recognise main map features & symbols		<i>Recognise and be able to describe standard symbols for path, track/road, stream, wall, fence, pond, marsh, boulder, tree, building; map <-> ground</i>		
1	Know main colours used in map	<i>Know what is meant by dark & light green, white, yellow, blue, black - and red/purple for overprint; map <-> ground. Know Start & Finish.</i>			
1	Set the map using compass	<i>Know why to do it, how to do it and usually do it. Be confident which end of compass needle points north.</i>			
1	Choose correct direction from path junction with a control	<i>Usually look at map and leave a control in the correct direction.</i>			
1	Follow line features	<i>Progress confidently along paths, tracks, fences and distinct vegetation boundaries.</i>			
1	Avoid distractions, don't follow others	<i>Usually focus on the orienteering; don't follow others willy nilly.</i>			



Date standard achieved:

Coach name:

Comments/next steps:

Coach signature:

Date:

