SOA Junior Newsletter

Stay up to date with the latest, stories and opportunities for juniors

Junior Spotlight Kirsten Tinsley

Kirsten and her family have been busy this Summer orienteering including going to the JK for the first time!

How did you start orienteering?

At a local ESOC event near the Penland Hills when I was 3 years old.

What do you enjoy about orienteering?

Meeting new people, going to new places, and seeing my orienteering friends

Favourite event you have been to?

The JK 2026 Day 3 because it snowed, which was really fun.

Your Lakes 5 Days highlight?

Day 2 because it was a really nice landscape and we saw mountain rescue helicopters.

Pre race/post race fuel?

Nothing before the race because I am prone to stitches. Afterwards, peanut butter sandwiches!

If not orienteering at the weekend what are you doing?

Hill walking, spending time with my friends, and reading mystery novels



What would you say to a friend who is interested in trying an event or training outside of their local area?

Big events are really exciting and have a great atmosphere

Control Description Word Search

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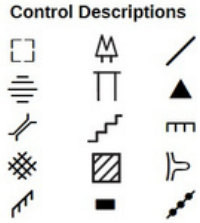

Can you find all 15 control descriptions?

Remember the map extract on the last junior newsletter? The map extract was from Arthurs Seat, Holyrood Park Edinburgh

Junior Poll

What is your favourite type of pizza?

To settle this debate we have created a poll on Mentimeter. Scan the QRcode to bring up the poll.

Event Highlight: Big Weekend Edinburgh

Held on the last weekend in January the Big Weekend is three days of orienteering in Edinburgh organised by Edinburgh University Orienteering Club incorporating indoor, urban and classic orienteering

Meet Olexiy

Olexyi was selected to attend a Junior Regional Orienteering Squad (JROS) training **camp at Lagganlia**. JROS runs camps each summer for UK juniors ages 14 to 18. Selection is determined by results at selected events.

Favourite part of lagganlia

Meeting new people

Favourite map symbol?

Path

Your recommendations for other juniors who want to go to Lagganlia in the future?

Have fun and get to know new people

If not orienteering at the weekend what are you doing instead?

When not orienteering I like to go for runs or go hiking

Biggest learning or takeaway from attending Lagganlia?

Using my compass to its full potential

Favourite area

North Granish

Find out more about junior opportunities in orienteering:





Upcoming Events

- 14-15th November, Tinto Twin, STAG
- 13th December, Christmas Score, Tay
- 28th December, Festive Frolic, ELO
- 29th December- 1st January, Christmas Cup, Masterplan
- **22nd-24th January, Big Weekend, EUOC**
- 30th January, Scottish Night Championships, FVO
- 7th February, Compass Sport Cup Heat, ESOC
- 6th March, Scottish Sprint Champs, KFO

Contributions

Want to write an article, suggest a poll question or make a game/puzzle for the next Junior newsletter? Send all contributions to **heidi@scottish-orienteering.org**