

Anti-doping information

Retirement

The focus of UK anti-doping (UKAD) is on people who are actively competing in sport – people who have retired from a sport are outside the scope of the activities, including testing.

The key factor in what constitutes being retired in the eyes of UKAD is whether the person is competing. Someone who has not competed in a Regional, National or International level event for more than 12 months is regarded as having retired from competition. Should they then compete in an event at this level they have returned from retirement and UKAS/SOA requirements and rules around anti-doping then apply to them.

When a person has a health issue or injury that requires treatment with medication that is on the anti-doping prohibited list they may opt to retire from competition. This is achieved for club and SOA only members by completing a simple google form accessed from the SOA website anti-doping page. The retirement cannot be backdated from the date of submission of the form. British Orienteering members have slightly different requirements which are set out in the google form. People wishing to return to competition need to send an email to the appropriate governing body (British Orienteering or SOA).

Access to the contents of forms submitted will be limited to a few people.

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