

# SOA anti-doping policy

Issue 3, September 2022

## 1. Scope

This policy and procedure addresses clean orienteering for and by participants, supporting staff and volunteers: this requires avoidance of consuming banned substances (wittingly or unwittingly) to enhance performance or for recreational use.

The British Orienteering anti-doping policy is in place across Britain for orienteering: it includes coverage of elite athletes both in and those aspiring to be in GB orienteering teams and all members of British Orienteering. This policy addresses aspects of particular application to members of the Scottish Orienteering Association (people with club and SOA only membership), to non-members taking part in competitions in Scotland and to the junior performance squad. It aligns with the British Orienteering policy.

The basis of the policy is the World Anti-Doping code 2021 issued by the World Anti-Doping Agency (WADA) and adopted by UK Anti-Doping (UKAD) and the International Orienteering Federation (IOF).

## 2. Policy

- 2.1. The Scottish Orienteering Association adopts the UK Anti-Doping rules in full and without any amendments.
- 2.2. All club and SOA members, athlete support personnel associated with them and any non-members participating in a competition run by an SOA affiliated club are required to abide by the WADA 2021 anti-doping code and the UKAD rules that derive from it. The aim is for Scottish orienteering to continue as a 'clean' sport.
- 2.3. The SOA Board shall, for the areas of anti-doping that fall within their jurisdiction, ensure that implementation of the UKAD Assurance Framework Requirements (ref 5.3) and any additional requirements set out by the IOF.
- 2.4. The two lead anti-doping people mentioned below shall ensure that regular communications occur each year through a variety of routes as specified in the Clean Sport Education Strategy, addressing the importance of Clean orienteering and warning of potential issues and threats to keeping the sport clean.

2.5. Disciplinary issues arising from anti-doping related issues for club and SOA only members shall be addressed through the SOA Disciplinary Policy.

### 3. Procedures

3.1. The SOA Board shall designate a Board member to lead on anti-doping and also designate an SOA member or employee to lead on anti-doping matters in SOA, including training, general education and communication.

3.2. The nominated SOA Board member shall ensure that anti-doping is discussed at a Board meeting at least annually and a report, including an overview of SOA anti-doping activities in the previous year, is provided for the AGM.

3.3. The lead anti-doping SOA member or employee shall either appoint points of contact for different aspects on anti-doping activities and inform UKAD of the names and contact details of these people, or take on being the point of contact themselves. The second option is the default if others are not appointed.

3.4. The SOA Lead anti-doping person shall ensure that the SOA disciplinary process is used for the following circumstances involving people under SOA's jurisdiction:

- when a club and SOA only member has been conclusively shown to have breached anti-doping rules as shown by an Anti-doping rule violation,
- when a club and SOA member has failed or refused to support fully or cooperate with a code compliant anti-doping investigation or proceeding.

3.5. ScotJos leaders shall ensure that records are kept and made available for juniors attending development pathway sessions and also for the Adult Support Personnel who attend. These records should be available to share with UKAD if requested.

3.6. ScotJos leaders shall inform parents of juniors who are group members of the possibility that juniors on the development pathway may be tested for banned substances, and shall encourage the parents to take the UKAD training package for parents of young athletes.

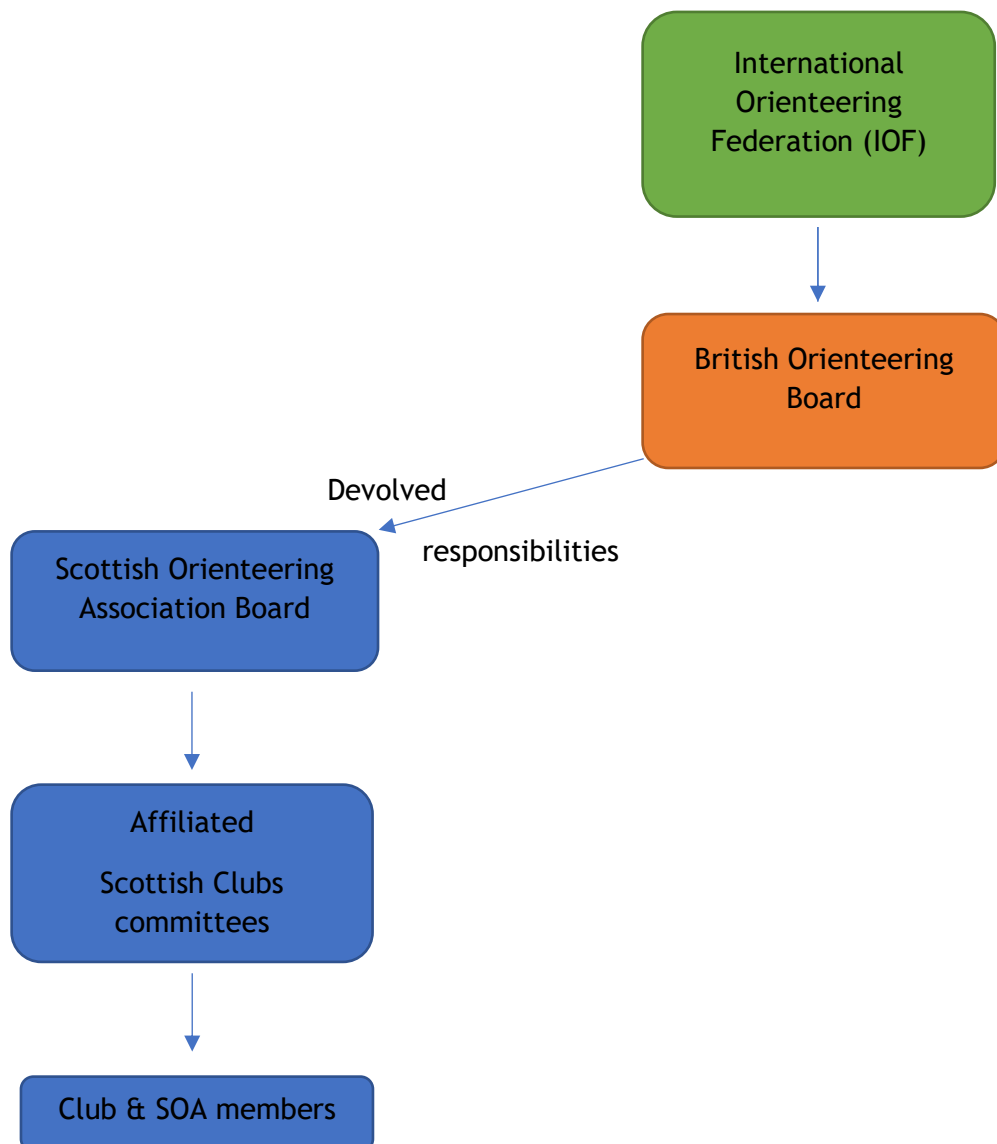
## 4. Guidance

- 4.1. UKAD have produced a summary of the major changes that are included in the 2021 Code - see reference 5.1.
- 4.2. Anyone competing in an orienteering event can be tested: testing mainly occurs for elite competitors and also for people on the development pathway towards being elites. Testing is more likely to occur at major international competitions: this could include competitions like the World Masters and the World Schools championships. Out of competition testing can also occur. Consent for testing arises from adoption of the UKAD anti-doping rules.
- 4.3. Information on component substances in readily available medications and their status in relation to whether their use is allowed by athletes can be found on the Global Drug Reference Online (Global DRO) website in reference 5.2.
- 4.4. Information on components of known food supplements can be found on the Informed Sport website.
- 4.5. Should recreational drug use be detected in testing the finding will be reported even if the substance(s) involved does not enhance performance.
- 4.6. Therapeutic use exemptions (TUEs) are used at times when specific circumstances allow use of a prohibited substance without providing advantage to the users. Elite and National Pool competitors are able to apply for TUEs in advance of their use: this is part of British Orienteering's anti-doping remit for orienteering. Other competitors may make a retroactive TUE application to UKAD within 5 days of receipt of an adverse analytical finding: the requirements for being granted a TUE remain unchanged and can be found on the UKAD website.
- 4.7. Club and SOA only members are deemed to have retired from competition when they are no longer included in the British Orienteering national rankings tables, which will occur 12 months after their last competition, or have not participated in a regional or national event for 12 months. People who have retired from competition are no longer subject to anti-doping requirements.
- 4.8. Club and SOA only members of may also invoke retirement from competition for periods when they are unable to compete, normally arising

from injury or health conditions where their medication may contain one or more substances on the prohibited list. The appropriate form can be accessed through the SOA website anti-doping page.

The retirement becomes active from the date of the request - it cannot be backdated. It ends when the person sends an email to the SOA office indicating their return to competition.

4.9. Jurisdictional links and the membership structure for the SOA are shown in the extract below from the SOA Anti-doping Education Strategy.



4.10. The SOA has jurisdiction over clubs and club members - a condition of affiliation. Athlete Support Personnel are SOA club members. Non-members who sign up to participate in one or more individual competitions come under the SOA jurisdiction from the competition date(s) (which lasts for 12 months from this date) for compliance with this Anti-doping policy.

4.11. Participation records in competitions are held in the British Orienteering website Results section and are normally also included in host club websites.

## 5. References

5.1. Major changes included in the 2021 code:

[https://www.ukad.org.uk/sites/default/files/2020-10/UKAD%202021%20Code%20-%20Summary%20of%20Major%20Changes\\_FINAL.pdf](https://www.ukad.org.uk/sites/default/files/2020-10/UKAD%202021%20Code%20-%20Summary%20of%20Major%20Changes_FINAL.pdf)

5.2. The 2021 UKAD Rules: <https://www.ukad.org.uk/sites/default/files/2020-11/2021%20UK%20Anti-Doping%20Rules%20v1.0%20FINAL.pdf>

5.3. Global Drug Reference Online: <https://www.globaldro.com/Home>

5.4. Supplements information: <https://sport.wetestyoustrust.com>

5.5. UKAD Assurance Framework Requirements:

<https://www.ukad.org.uk/sites/default/files/2021-04/24%20Requirements%20Summary%20.pdf>

Custodian: Performance Director

Revision No.	Date	Pages changed and brief outline
Issue 1	08/12/2021	Full rewrite of the policy incorporating the WADA 2021 code.
2	11/02/2022	Addition of item 4.9 on temporary retirement.
3	06/08/2022	Alteration of scope to club and SOA only members plus adjustments to text to align with this.