

APPENDIX 1: LOCAL MEASURES & RESTRICTIONS

Introduction

The guidance within this appendix is applicable to sport and physical activity facilities and activities where Scottish Government have identified the requirement for local measures and restrictions to be applied.

Local measures and restrictions will come into force applying from 00:01 Saturday 10 October and run until midnight on Sunday 25th October 2020.

The restrictions currently apply to the following NHS Health Boards and local authorities, but be aware these may change if infection rates increase in other parts of Scotland;

- NHS Ayrshire & Arran (North, South and East Ayrshire),
- NHS Greater Glasgow & Clyde (Glasgow, East and West Dunbartonshire, Renfrewshire and East Renfrewshire, and Inverclyde),
- NHS Lanarkshire (North and South Lanarkshire),
- NHS Forth Valley (Clackmannanshire, Stirling and Falkirk)
- NHS Lothian (Edinburgh, East, West and Mid-Lothian).

The information outlined below should be used in conjunction with the [SOA Reactivation Phase 3 guidelines](#) published on 24th August.

It is the responsibility of the relevant club and/or COVID officer to ensure that full risk assessments, processes and mitigating actions are in place before any sport takes place and to check if the activity is in an area which is subject to additional Scottish Government localised measures and restrictions.

Where a local outbreak has been reported, sports clubs and deliverers should review their operational risk assessment and consider if additional mitigating actions should be put in place to reduce risk. This may, for example, include; suspending activity, enhancing hygiene and physical distancing measures or introducing additional activity restrictions.

SOA ask all members to comply with the Scottish Government guidelines, of particular note is the guidance around travel

Travel to or from an area with Scottish Government local measures or restrictions in place to undertake sport or physical activity should where possible be avoided.

Be aware that the Scottish Government may update or change measures and restrictions at any time, including the local areas subject to them. Therefore COVID officers should regularly check Scottish Government advice and guidance relating to local outbreaks and measures at [Coronavirus \(COVID-19\): local advice and measures](#).

Outdoor Sport & Leisure Activity – local measures

Children and young people under 18 years of age can continue to take part in organised outdoor non-contact and contact sports training, competition or events if all relevant guidance is followed.

Adults (18 years of age or older) can take part in organised outdoor non-contact sports training, competition or events if all relevant guidance is followed.

Where outdoor sports training, competition or events are planned and include multiple bubbles; facility operators, organisers and deliverers should, as part of their risk assessment, consult with relevant local authorities, environmental health, the police or other body responsible for the safety of the public. Agreement must be reached with these bodies before the training, event or competition takes place.

Organisers and deliverers (i.e coaches) should note that the situation around COVID-19 is fluid and activities may need to be cancelled at short notice should there be a change in local or national restrictions. In such circumstance's plans should be in place to notify participants of event cancellation and to ensure they do not attend the venue or activity.

Outdoor group coaching for organised sport and leisure activities including aerobics and fitness classes can continue to take place with up to 30 people at any one time, including the coach as long as physical distancing is maintained at all times.