

Selection Opportunities for Scottish Juniors

There are lots of opportunities for Scottish Juniors to be selected to compete for their country (Scotland and Britain) and/or to attend training camps. This document attempts to put information about all these opportunities into one place, highlighting which age groups can be considered for selection for each.

1. Junior Regional O Squads (JROS) Camps

These camps are organised by the Association of Junior Regional Squads (JROS) aimed at giving experience to as many juniors as possible across the age groups.

Full details of all these camps are available at jros.org.uk. The website also has details and videos showing previous camps and how much fun they are.

LAGGANLIA		Selection Races and Criteria		
Date:	18 th – 25 th July 2020	Juniors being nominated will have achieved championship standard* in at least one of the following races.		
Location	Lagganlia, Feshiebridge			
Eligibility:	2 nd Year M/W 14 (Born 2006)	Scottish Championships	25 th May 2019	
How to apply?	ScotJOS Management Team will nominate all juniors who meet the eligibility criteria. JROS selectors will then allocate places.	Midland Championships	26 th May 2019	TBC 2020
		Northern Championships	10 th March 2019	10 th May 2020
		Southern Championships	1 st Dec. 2019	26 th Jan. 2020
		JK Day 2	20 th April 2019	11 th April 2020
		JK Day 3	21 st April 2019	12 th April 2020
		British Long Championships	5 th May 2019	21 st March 2020
		British Middle Championships	15 th Sept. 2019	9 th May 2020
		<i>*Their time will be within 1.25 times the winner's time</i>		

DEESIDE		Selection Races and Criteria		
Date:	18 th – 25 th July 2020	Best 3 results (based on their average percentage of time behind the winner) at the following races:-		
Location	Deeside, Templars Park			
Eligibility:	M/W 16 (Born 2004 or 2005)	British Long Distance Champs	21 st March 2020	
How to apply?	No application needs to be made, JROS selectors will automatically consider any juniors who meet the selection and eligibility criteria.	JK Day 1 Sprint	10 th April 2020	
		JK Day 2	11 th April 2020	
		JK Day 3	12 th April 2020	
		Blakeholme Middle Distance	25 th April 2020	
		Windermere Sprint	26 th April 2020	
		Please note that any athlete may count ONLY one sprint race as one of their best three results.		

STOCKHOLM		Selection Races and Criteria														
Date:	18 th – 30 th August 2020	<p>Athletes wishing to be selected will probably have achieved 125% or less of the winner's time as averaged over four of the following races.</p> <table> <tr> <td>British Night Champs*</td> <td>22nd February 2020</td> </tr> <tr> <td>British Long Distance Champs</td> <td>21st March 2020</td> </tr> <tr> <td>JK Day 1 Sprint*</td> <td>10th April 2020</td> </tr> <tr> <td>JK Day 2</td> <td>11th April 2020</td> </tr> <tr> <td>JK Day 3</td> <td>12th April 2020</td> </tr> <tr> <td>Blakeholme Middle Distance</td> <td>25th April 2020</td> </tr> <tr> <td>Windermere Sprint*</td> <td>26th April 2020</td> </tr> </table> <p>*ONLY one of the British Night Champs OR JK Day 1 Sprint OR Windermere Sprint can count in the average</p>	British Night Champs*	22 nd February 2020	British Long Distance Champs	21 st March 2020	JK Day 1 Sprint*	10 th April 2020	JK Day 2	11 th April 2020	JK Day 3	12 th April 2020	Blakeholme Middle Distance	25 th April 2020	Windermere Sprint*	26 th April 2020
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Blakeholme Middle Distance	25 th April 2020															
Windermere Sprint*	26 th April 2020															
Location	Stockholm, Sweden															
Eligibility:	<p>1st Year M/W 18 (Born 2003) and some top 2nd Year M/W16s (born 2004)</p> <p>Athletes will not be selected for both the Deeside and the Stockholm camps.</p>															
How to apply?	No application needs to be made, JROS selectors will automatically consider any juniors who meet the selection and eligibility criteria.															

GOTHENBURG		Selection Races and Criteria												
Date:	22 nd – 31 st August 2020	<p>Athletes wishing to be selected will be ordered based on the average of the best three ranking scores that they achieved under the British Orienteering ranking scheme at the following races.</p> <table> <tr> <td>British Long Distance Champs</td> <td>21st March 2020</td> </tr> <tr> <td>JK Day 1 Sprint</td> <td>10th April 2020</td> </tr> <tr> <td>JK Day 2</td> <td>11th April 2020</td> </tr> <tr> <td>JK Day 3</td> <td>12th April 2020</td> </tr> <tr> <td>Blakeholme Middle Distance</td> <td>25th April 2020</td> </tr> <tr> <td>Windermere Sprint</td> <td>26th April 2020</td> </tr> </table> <p>Athletes wishing to be selected will be ordered based on the average of the best three ranking scores that they achieved under the British Orienteering ranking scheme at the following races. Please note that any athlete may count ONLY one sprint race as one of their best three results.</p>	British Long Distance Champs	21 st March 2020	JK Day 1 Sprint	10 th April 2020	JK Day 2	11 th April 2020	JK Day 3	12 th April 2020	Blakeholme Middle Distance	25 th April 2020	Windermere Sprint	26 th April 2020
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Windermere Sprint	26 th April 2020													
Location	Gothenburg, Sweden													
Eligibility:	1 st Year M/W20 (born 2001) and top 2 nd Year M/W18s (born 2002)													
How to apply?	<p>Application for selection for this tour must in the first instance be made to the Team Manager, Mark Saunders, at Markandalice@btinternet.com</p>													

To reduce the number of selection races juniors need to attend, the Deeside, Stockholm and Gothenburg camps have tried to align their selection races to be the same as the races for the British Talent Squad.

Each November there is also a weekend at Hawkshead, Lake District for M/W16s co-ordinated through JROS. With more 16s in Scotland than places available, the ScotJOS Lead Coach co-ordinates the invitations to ensure that as many appropriately experienced* 16s as possible get to go once.

*=regularly competing in technically and physically demanding terrain

2. British Orienteering Teams and Talent Squad

British Orienteering selects juniors for the Talent Squad, invitees to training camps and teams for international junior competitions. Full details of this selection process are available at <https://www.britishorienteering.org.uk/Selection> (Look at both the Overview and the Junior Selection Document)

Opportunities - Competitions:

Selectors will be looking to decide the British teams for the following competitions:-

- **JWOC Junior World Championships**
28th June – 3rd July 2020
Turkey
The aim is to select athletes who are performance-based and have demonstrated that they can deliver top 20 targets at JWOC, either immediately or in future years.
- **EYOC European Youth Orienteering Championships**
19th – 22nd June 2020
Hungary:
The aim is to select athletes who have demonstrated strong and consistent levels of performance and is primarily aimed towards second year M/W16's and first/second year M/W18's.
- **JEC Junior European Cup**
11th – 13th September 2020
The aim is to select athletes for international experience and development and is primarily aimed towards those who have **not** been selected for EYOC/JWOC in 2020 and have demonstrated appropriate levels of performance at the nominated selection races.

Opportunities – Training Camps:

They will also be selecting juniors in M/W16 (and some 1st year M/W 18's) to attend a Talent Induction Squad training camp in Snowdonia in the summer (dates to be confirmed but provisionally during Croesco), as well as M/W 16, 18 and 20s to attend a pre-JWOC 2021 camp in Portugal.

Selection Races:

There are six selection races and juniors seeking selection are expected to attend **all** 6 races. The selection races are open to all juniors

British Championships	21 st March 2020	Golden Valley & Cogner Woods, Hampshire
JK Sprint (Day 1)	10 th April 2020	Stockton Riverside
JK Middle (Day 2)	11 th April 2020	Sneaton Forest West
JK Long (Day 3)	12 th April 2020	Pickering Forest
Blakeholme Middle	25 th April 2020	(Spring in the Lakes Weekend)
Windermere Sprint	26 th April 2020	Special Junior Sprint Selection Race

Selection Criteria

Junior athletes are given the opportunity to show strong and consistent form over two (2) nominated races in each discipline, as listed above, in the early competitive season. Form will be assessed via a range of variables including race position, time, pace and percentage behind the winning time. To determine progress, results from selection races and international competitions will also be analysed from the previous year. If an athlete has a valid reason for not racing in any of the above races, they should write to the Head Coach for Talent, explaining the reason for their absence, so that they may still be considered for selection.

Whilst it may be desirable to take a full team, the selectors may not select for all positions, at a specific competition, if they feel that the standard of athlete will not contribute towards the overall aims and objectives of the programme.

The selectors will also consider:

- Race disciplines, terrain and nature of the courses both within the selection criteria and at the relevant international competitions;
- Exceptional young athletes who will benefit from the experience and are considered prospects to achieve top 20 positions in future JWOCs;
- Athletes that can or have demonstrated commitment to their own development;
- The opportunities that athletes may have had and the fatigue they may experience across the programme as a whole;
- The demonstration to performance staff their readiness to compete, including appropriate physical, mental and technical competence;
- Adherence to the Code of Conduct and any outstanding disciplinary matters.

The criteria above are not listed in any order of priority and the selection panel will exercise discretion fairly and without bias in making selection decisions.

Timeline:

Selections for training camps, EYOC, JWOC and the preliminary team for JEC will be announced at the beginning of May. After the summer training camps, the final team for JEC will be decided and the Talent squad for 2020 will be confirmed.

3. Junior Home International and Junior Inter Regional

Event	Date	Location	Eligibility
Junior Inter Regionals (JIRC)	26 th – 27 th September 2020	South Central (Southampton Area)	M/W 14 M/W 16 M/W 18
Junior Home Internationals (JHI)	10 th – 11 th October 2020	Haslemere (South Downs)	M/W 14 M/W 16 M/W 18

Eligibility: Scotland can take a team of 4 athletes in each age group, M/W 14, 16, 18, all of whom must be resident in Scotland, born in Scotland or have a parent who was born in Scotland.

Selection Criteria: Scotland aims to take the strongest possible team to the Junior Home Internationals (Top 4 juniors in each age class) but for the Junior Inter Regionals will spread the selections where appropriate to select the top 2 juniors, plus 5th and 6th in each age class. Selectors will consider performance of juniors over the season and all known form. They will look at performance at a range of events, placing most emphasis on results achieved at major national events. Events which will be considered are:-

JK, British Champs, Scottish Champs – first choice

SOLs, Jamie Stevenson, Scottish 6-Days (when happening) – second choice

4. Scottish Junior Orienteering Squad

The Scottish Junior Orienteering Squad (ScotJOS) exists to provide a coaching and development programme for young Scottish orienteers, M/W14 – 18, who show talent in the sport and commitment to improve their performance. The squad is selected each September and aims to focus resources on those who show potential to be top performers at national level in the future.

ScotJOS 2021 selection – the aim is to select a squad containing juniors who have performed at a high level at top races in Britain and have shown a commitment to the ethos of consistent training and striving for improvement.

Selectors will consider performance of juniors over the season and all known form. They will look at performance at a range of events, placing most emphasis on results achieved at major national events. Events which will be considered are:-

JK, British Champs, Scottish Champs – first choice

SOLs, Jamie Stevenson – second choice

Late starters and late developers who are deemed to have a high potential may be selected despite results not being as good as others in their age class. Please inform the ScotJOS coach (Jon Musgrave) of any injuries (especially long term ones) to allow informed decisions to be made

As the selection takes place midway through the year, please note that second year M/W12s will not be selected.