

STONEHAVEN BEACH

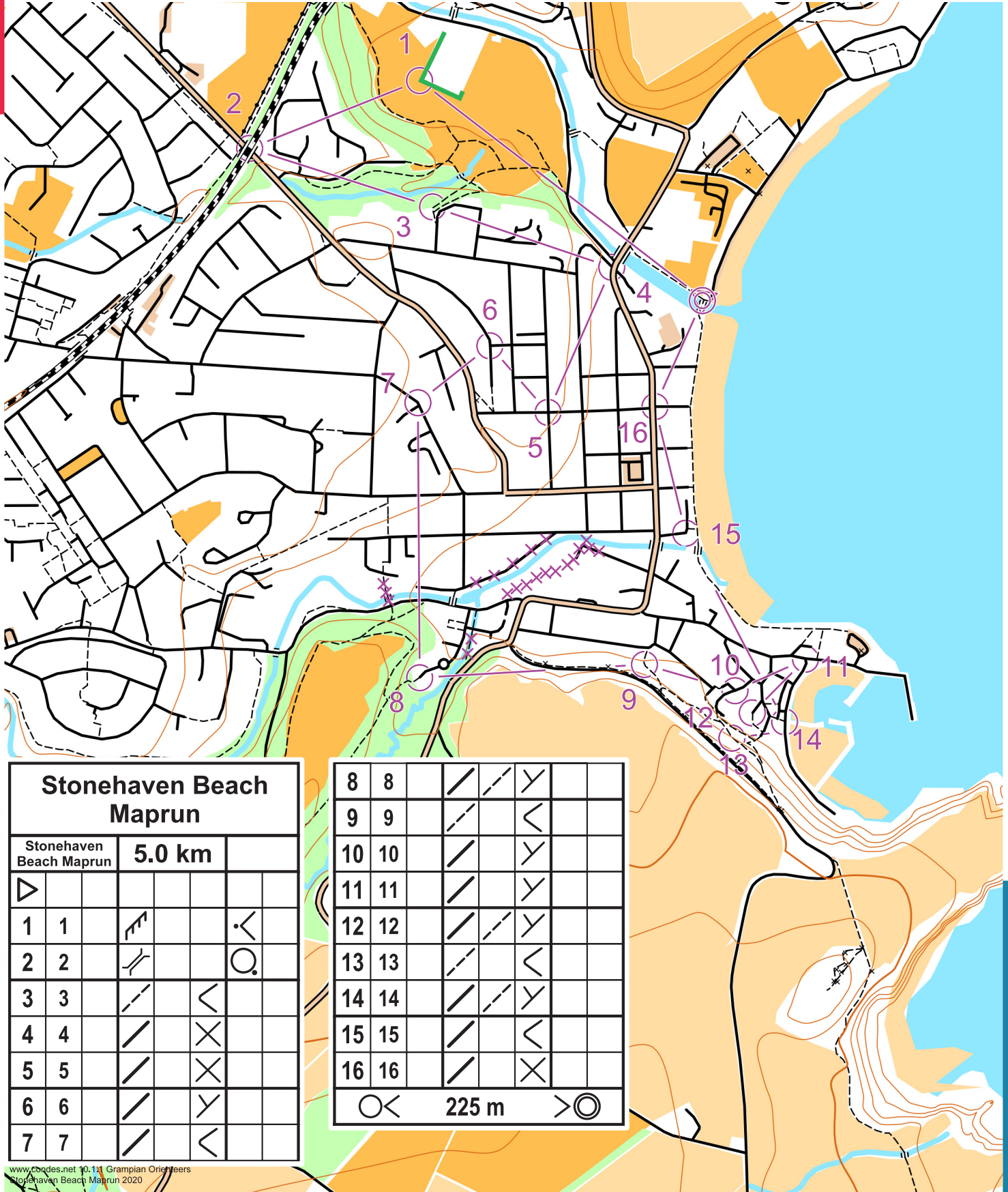
scale 1:10000, contours 10m
500m



Visit <https://grampoc.com/maprun/> for instructions on downloading the MapRun app, how to find courses in it and how to use it.

Start and Finish are both at the north end of the bridge crossing the River Cowie on Stonehaven Beach.

Visit the Start (triangle), then the controls (circles) in the order shown and then the Finish (double circle) to stop the clock. The distance shown is the straight line distance between the controls so allow ~1.5 times this for running distance depending on which route you take.



www.cordes.net 10.11.11 Grampian Orienteers
Stonehaven Beach Maprun 2020

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OOM created by Oliver O'Brien. Make your own: <http://oomap.co.uk/>

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