

## MEADOWS ORIENTEERING

IMPORTANT: This course is not part of an event, and is provided for individual training only. You use it at your own risk. During the Covid19 lockdown, ensure you adhere to government requirements around social distancing and travel.

No markers have been put out at controls. However, this course can be run using the MaprunF app to track your route and time.

For more info go to <https://www.scottish-orienteering.org/get-involved/pocs/>

For any feedback, queries and membership, email [info@interlopers.org.uk](mailto:info@interlopers.org.uk)  
Map updated by Graeme Ackland, May 2020. Scale 1:5000, contours 5m



[www.interlopers.org.uk](http://www.interlopers.org.uk)



Meadows Mapruns			
MeadowsY1	1.9 km		
▷		⋄	×
1	32	⋄	✓
2	51	⋄	✓
3	35	⋄	✓
4	47	×	
5	40	⋄	×
6	44	⋄	<
7	38	⋄	×

○ --- 200 m ---> ⊙

www.conads.net 6,7,25 Interlopers Orienteering Club  
Meadows Mapruns

