



**Volunteers' Activity Weekend 15-17 September 2017
Final timetable (1 Sept. 2017)**

FRIDAY lunchtime	swim, run		
FRIDAY AFTERNOON			
14:30 - 17:00	Short informal discussions including Coaches Sharing Best Practice CAIRNGORM ROOM	CONDES WORKSHOP Suzanne Robins-Bird CISTE ROOM	O available
Bar meals available (own expense)			
FRIDAY EVENING			
18:00 - 21:00	SAFEGUARDING - the stuff everyone should know and why we should know it Sally Ross, Children1st, MORLICH ROOM		
Breakfast supplied (residents only)			
SATURDAY MORNING			
09:00 - 12:00	O FOR PEOPLE WITH DISABILITIES - thinking beyond Trail-O Janice Eaglesham, Scottish Disability Sport, MORLICH ROOM & outside		COACHING FOUNDATION Lynne Walker CAIRNGORM ROOM
Buffet lunch supplied			
SATURDAY AFTERNOON			
13:30 - 16:15	MENTORING Moira Laws, Hilary Quick MORLICH ROOM	Controllers (Grade B) (start) Rob Hickling MACDUI ROOM	
Tea & cake supplied 16:15; dinner supplied 18:00 - 18:30			
SATURDAY EVENING			
19:00 - 22:00 approx.	Dark(-ish) O with optional coaching	SI TIMING - practical intro session Robin Strain CAIRNGORM ROOM/Stores	CONDES supervised play session Hilary Quick CISTE ROOM
Breakfast supplied *			
SUNDAY MORNING			
09:00 - 12:00	DEVELOPMENT SUMMIT FOLLOW-UP re. Juniors Johannes Petersen, Rona Lindsay CISTE ROOM	Controllers (Grade B) cont'd MACDUI ROOM	CONDES MASTER CLASS Hilary Quick CAIRNGORM ROOM
Buffet lunch supplied			
SUNDAY AFTERNOON			
Team O challenge for all followed by tea & cake			