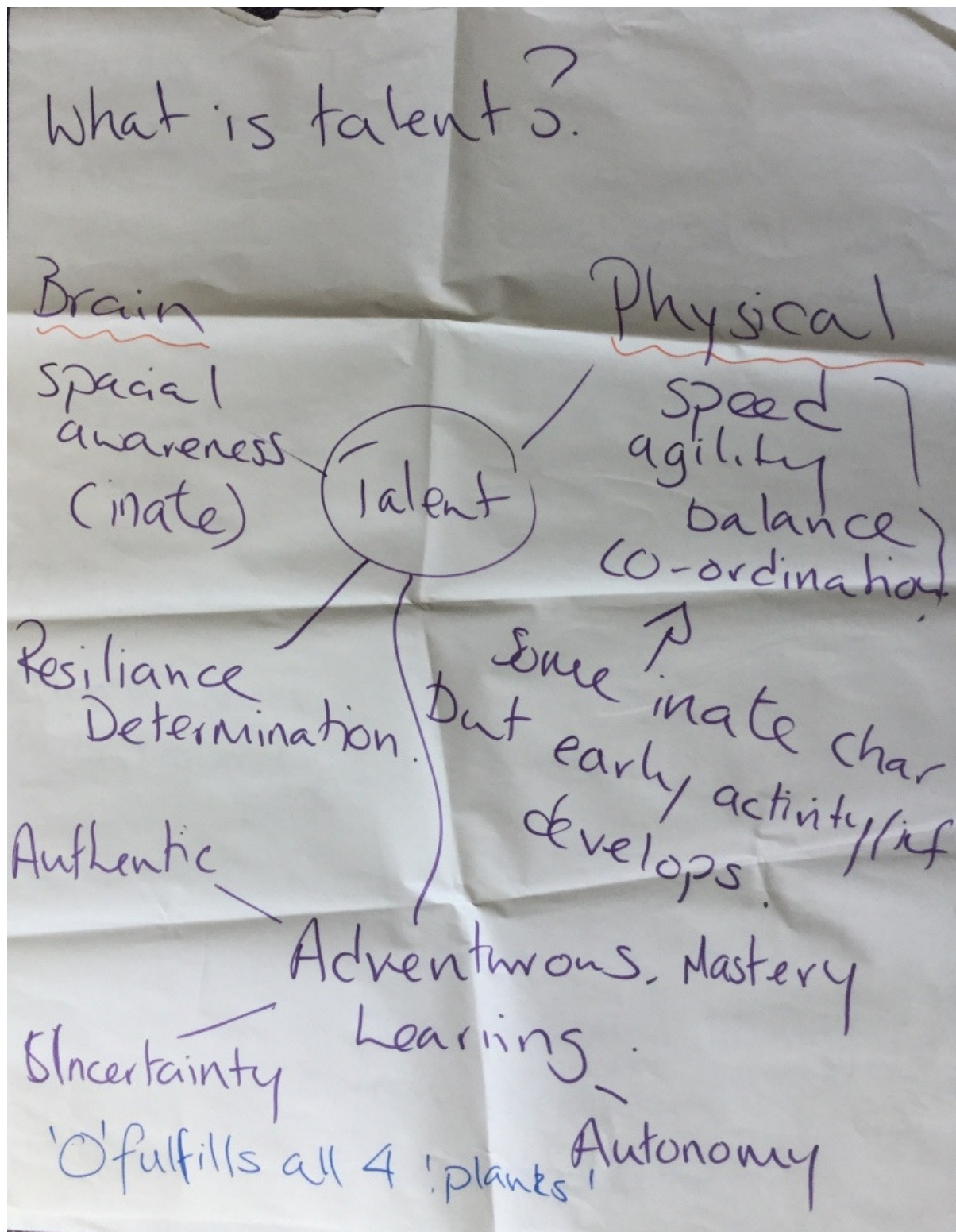


## Talent - how to identify and nurture it in clubs

workshop facilitated and annotated by Suzanne Robins-Bird



# Nurturing Talent.

How?

Who?

Where?

After school clubs

club coaches /  
parents

small local  
areas - easily  
accessible.

Through ASCs

Outdoor Learning

social, having fun  
encouragement

Club coaching

Club clusters

Junior regional squads

scorjos at a

disadvantage as

both regional + national.



would be useful to  
have regional training w/fe  
non-selective.

(Lakeside weekend)

# Training programme.

9/10 recruit. - weekly session. ★

TD 1/2. - social, fun, groups, teams

12  
TD 3 Progression - incentive schemes ★  

- regular club coaching
- take ownership of development.

14  
TD 4 } psychological issues.  
- more opportunity }  
- unfamiliar areas }  
as far as - bigger competitions }  
athlete wishes. - more individual coaching.  
- mentoring (role model)

16  
TD 5

+ increasing distance (stamina / endurance).

feedback

Coaching information  
(personal contact)

recruitment

Club - inclusivity  
(non-judgemental)

Social  
(hall after events)

+ve feedback  
(mentor figure)

parent support

encouragement  
financial  
physical

regular sessions  
progression

peer groups  
social

incentive schemes

nurturing activity, room for all  
(inclusivity)  
family activity

