

National Orienteering Centre Offerings

National Centre offerings

- Coach education
- Training for club/event officials
- Coaching

Typical year – Coach education

- | | |
|--------------------------------|-------|
| • UKCC Level 1 | 4 |
| • UKCC Level 2 | 1-2 |
| • Teaching Orienteering Part 1 | 2 + 8 |
| • Teaching Orienteering Part 2 | 1-2 |
| • Train coach educators (CTS) | ? |
| • Train assessors (IAPS) | ? |

Typical year – Event officials

- | | |
|--------------------------|---|
| • Grade 3 Controllers | 2 |
| • Grade 2 Controllers | 1 |
| • Planning and Condes | 1 |
| • OCAD | 1 |
| • Controllers' Updates | 2 |
| • Coaching Conference | 1 |
| • Development Conference | 1 |

Typical year – coaching

- Adults' coaching weekends 4
- Club/squad etc. trips/weekends 12
- Introductory sessions for groups 10

= approx. 26 weekends most years

Weekends to avoid (usually)

- SOLs 7
- Scottish Champs 1
- 6 Days 2
- British Champs 1
- JK 1
- Depths of winter 4
- Christmas/New Year 2

18

Others required sporadically:

- First Aid
- Child Protection

Local Sports Councils run:

- Generic coaching skills workshops
- Generic training for club officials

What else?