

Miscellaneous information for coaches in Scotland

This document summarises a few aspects of coaching which are covered in more detail elsewhere, but which frequently slip the memory. In most cases, a website gives further information. If there's more that you want to know, please contact Hilary Quick or Lynne Walker.

Licensing

In order to register coaching activities with British Orienteering, and thereby get them covered by British Orienteering's insurance, you must be licensed, as per

http://www.britishorienteering.org.uk/page/licenced_coaches

At time of writing (February 2012) that web page is somewhat out of date as regards First Aid: the First Aid requirement no longer links to the coach qualification, but to the area type in which the coaching activity is taking place. Confirmation is awaited from British Orienteering that First Aid certificate is not a requirement for a coach to be licensed. To be licensed you must have signed the Coach's Code of Conduct.

Code of Conduct

You should read and sign this, and send a signed copy to British Orienteering. There's a link to it from the licensing page given above; it's also included in the UKCC L1 course material.

CPD (Continuing Personal Development)

To remain licensed, you must undertake appropriate CPD and log it. Your coaching activity counts as CPD so should be recorded on your CPD log. You are required to undertake a particular amount of activity classified as "Knowledge", "Training" and "Experience" across a rolling 3-year period. Details are also available from a link on the licensing page, along with a sample log as an Excel spreadsheet.

British Orienteering Insurance cover

This is valid only for licensed coaches – see above – and only within the scope of your qualification (see below).

Qualification scope

The full scope of the UKCC qualifications is described in the appropriate documents, but can be summarised as:

UKCC Level 1, BOF Level 2: area types A and B (generally good boundaries, handrails, generally "safe", small); up to and including TD3, supervised or with use of supplied resources.

UKCC Level 2, BOF Level 3: area types A, B and C (includes "easier forests" and those with vehicular access); up to and including TD5; progressive sessions.

For "more demanding areas", you need to be qualified at least to UKCC Level 3 or BOF Level 4.

Details are in the "Area types" grid at

http://www.britishorienteering.org.uk/images/uploaded/downloads/coaching_safety_areatypes.pdf

PVG/Child Protection

In Scotland, the Protection of Vulnerable Groups Scheme has replaced the previous system of disclosures. Anyone whose normal coaching duties include undertaking “regulated work” (which includes teaching children) must join the PVG Scheme. PVG Scheme membership is no longer a prerequisite for a coach to be licensed; it is up to the organisation, club or squad that deploys the coach to ensure that PVG Scheme membership is obtained if the duties comprise “regulated work”. Details are available via the SOA website.

Regional Coach Workshops, Coach Update Days, Coaching Conference and other CPD

The SOA runs a Coaching Conference in alternate years, and Coach Update Days and/or Regional Coach Workshops in the intervening years. 6 Regional Coach Workshops are planned for 2012; the next Coaching Conference and Update Days will be held in 2013.

Consideration is being given to other one-day CPD sessions of particular interest and relevance to orienteering coaches. Suggestions or offers to speak are most welcome.

British Orienteering Coach Conference

This is usually held over the first weekend in February, at Lilleshall, Staffordshire. It's good to interact with coaches from outside Scotland and whose background and working environment are quite different from your own. Formal sessions vary according to the chosen topic for the conference, and there are usually lots of good practical activities as well as talking sessions.

British Orienteering contact all coaches with details during December.

Other resources

Various resources for coaches become available from time to time (if you have any good ideas, get in touch!). They can be found via <http://www.scottish-orienteering.org/natcen/page/information-and-resources-for-coaches> - this includes links to the licensing and CPD pages mentioned above.

Hilary Quick/Lynne Walker
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