

Management of a training camp

Athletes	Area Junior Squad 6 x M14; 8 x W14	Club Adult Participation 'Improver' weekend 14 x M/W 35 to M/W60	University group 14 x M/W 18 - 21
Specific needs	One x W14 recovering from a broken arm, one week out of plaster. Another has dyscalculia.	Two are slow over rough, physically demanding ground. Another is awaiting knee surgery (cartilage).	1 x dyslexia 1 x colour vision deficiency (but experienced and good TD5 M20)
Standard	10 x TD4 2 x TD5 2 x TD3	All TD5 Most have some weaknesses which are exposed when things do not go well!	4 x beginners, about TD3 in 'park' areas. 4 x TD4 6 x TD5
Total Transport	1 x 15 seat minibus 2 x cars	6 cars	1 x 15 seat minibus 2 x cars

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