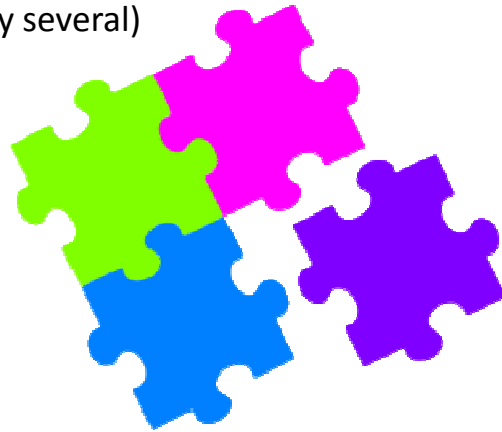


Connect Your Learning



What other terrain would today's learning be useful in?
(There are normally several)



Contrast Your Learning



How are the tactics in this terrain different to the tactics you might use
in another terrain?



Arrange Your Learning



List three key areas you need to improve on from this session.
Which is the most important?



Challenge Your Learning



Think of a tough question regarding what you have learnt today.
THEN..... Ask your question to somebody nearby.



Replace Your Learning



Think of something that you have used in today's session you did not like.

Replace it.... BUT ... you need to be able to explain how you would make the activity better.



Reduce Your Learning



Use three words to describe what we did in today's session.

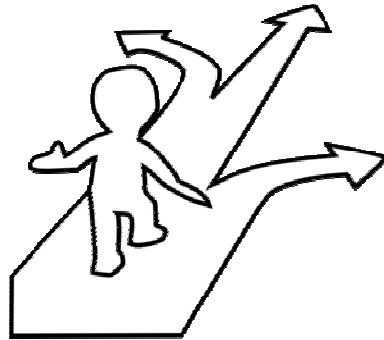
<input checked="" type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____



Develop Your Learning



Choose something from today's session you are going to use every time you compete THEN Be ready to explain how it will improve you.



Deconstruct Your Learning



Break down one skill that you have used in this session today into its key steps .



Prioritise Your Learning



Identify three things you are going to do better in your next session.



Change Your Learning



If you were the coach today how would you have changed the session to achieve today's objective?

