

SCOTTISH ORIENTEERING ASSOCIATION



Health and Safety Policy

HEALTH & SAFETY POLICY STATEMENT:

The Scottish Orienteering Association (SOA) is strongly committed to encouraging members of constituent clubs to take part, but the health, well-being and safety of each individual is always our paramount concern. We recommend levels of training dependent on age and ability, and expect our athletes to participate within these boundaries.

HEALTH & SAFETY POLICY:

To support our Health & Safety policy statement we are committed to the following duties:

- Undertake recorded risk assessment of all events and activities undertaken by member clubs
- Encourage clubs to create a safe environment by putting health & safety measures in place as identified by the assessment
- Encourage all club members to undertake the appropriate level of training and competition by regularly assessing individual ability dependant on age, maturity and development
- Encourage all club members to be aware of, understand and follow the SOA's health & safety policy
- Encourage all clubs to implement appropriate emergency operating procedures and make them known to all members
- Ensure that clubs and individual officials are aware of their responsibility to provide access to adequate first aid facilities, telephone and qualified first aider at all times
- Ensure that all clubs and individual officials are aware of their responsibility to report any injuries or accidents sustained during any club event or activity
- Ensure that the implementation of the policy is reviewed regularly and monitored for effectiveness.

ENSURE THAT CLUB MEMBERS ARE AWARE OF THEIR A DUTY TO:

- Take reasonable care for their own health & safety and that of others who may be affected by what they do or not do
- Co-operate with the club on health & safety issues
- Correctly use all equipment provided by the club
- Not interfere with or misuse anything provided for their health, safety or welfare.