

Course 01 13.600km 450m

| Pos | Name | Club/Country | Age Class | Time |
|------|------------------|------------------|-----------|--------|
| 1st | Oleg Chepelin | INT (SCO) | M21 | 103:19 |
| 2nd | Ewan McCarthy | AROS (SCO) | M21 | 107:32 |
| 3rd | Clive Parry | UGLY GULLY (AUS) | M21 | 107:42 |
| 4th | James Tullie | FVO (SCO) | M21 | 121:38 |
| 5th | Andrew Llewellyn | NOC (SCO) | M21 | 125:45 |
| 6th | Will Hensman | FVO (SCO) | M21 | 134:30 |
| 7th | Ben Roberts | WIM (GBR) | M21 | 137:27 |
| 8th | Kyle Heron | FVO (SCO) | M21 | 142:30 |
| 9th | Ed Nicholas | AROS (CYM) | M21 | 150:26 |
| 10th | Anthony Lawther | BASOC (SCO) | M21 | 165:52 |
| 11th | Andrew Dalglish | ESOC (SCO) | M21 | 166:09 |
| mp | Brian McCarthy | BASOC (SCO) | M21 | |
| mp | Alasdair McLeod | EUOC (SCO) | M21 | 65:45 |
| mp | Richard Robinson | NOC (GBR) | M21 | 95:05 |

Course 02 9.000km 270m

| Pos | Name | Club/Country | Age Class | Time |
|-----|------------------|--------------|-----------|--------|
| 1st | Helen Gardner | SLOW (ENG) | W21 | 101:37 |
| 2nd | Janine Inman | FVO (SCO) | W21 | 112:18 |
| 3rd | Sarah Dunn | MAROC (SCO) | W40 | 118:56 |
| 4th | Bernadett Elmont | ZTC (HUN) | W21 | 138:09 |
| mp | Jessica Halliday | OD (GBR) | W21 | 91:03 |

Course 04 9.800km 290m

| Pos | Name | Club/Country | Age Class | Time |
|------|------------------|--------------|-----------|--------|
| 1st | Ben Hartman | INT (SCO) | M40 | 94:01 |
| 2nd | Jason Inman | FVO (SCO) | M40 | 96:21 |
| 3rd | Andrew Dale | ECKO (SCO) | M40 | 96:43 |
| 4th | Ben Stansfield | FVO (SCO) | M40 | 97:33 |
| 5th | Martin Ward | SYO (GBR) | M40 | 99:27 |
| 6th | Fraser Purves | FVO (SCO) | M40 | 99:57 |
| 7th | Bruce Duncan | AROS (GBR) | M21 | 105:11 |
| 8th | Graeme Ackland | INT (SCO) | M45 | 105:15 |
| 9th | Ross Lilley | ECKO (SCO) | M40 | 106:29 |
| 10th | Simon Gardner | EUOC (GBR) | M21 | 111:32 |
| 11th | Adam Hunter | FVO (SCO) | M21 | 113:11 |
| 12th | David Eades | INT (SCO) | M40 | 117:40 |
| 13th | Andrew McMurtrie | MAROC (SCO) | M40 | 121:18 |
| 14th | Nick Howlett | LOC (GBR) | M40 | 122:12 |
| 15th | Jon Cross | FVO (SCO) | M40 | 123:55 |
| 16th | Clive Masson | ESOC (SCO) | M40 | 126:53 |
| 17th | Craig Chapman | MAROC (SCO) | M35 | 129:18 |
| 18th | Drew Tivendale | MAROC (SCO) | M35 | 129:23 |

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|------|-------------------|-------------|-----|--------|
| 19th | Mark Wood | ESOC (SCO) | M40 | 144:22 |
| 20th | Andrew Macpherson | CLYDE (SCO) | M40 | 185:19 |
| 21st | Paul Hornsey | ESOC (SCO) | M35 | 188:09 |
| 22nd | Euan Mackenzie | ESOC (SCO) | M50 | 242:57 |
| mp | Graeme Ross | INT (SCO) | M35 | |
| mp | Roger Goddard | FVO (SCO) | M35 | 33:36 |
| mp | Alistair Hindle | ESOC (SCO) | M35 | 38:08 |
| mp | Francis Shillitoe | NATO (ENG) | M35 | 80:00 |
| mp | Brad Connor | FVO (SCO) | M40 | 111:24 |
| mp | Andy Paterson | CLYDE (SCO) | M40 | 120:35 |

Course 05 7.700km 255m

| Pos | Name | Club/Country | Age Class | Time |
|------|--------------------|--------------|-----------|--------|
| 1st | Tim Gomersall | GRAMP (SCO) | M20 | 74:24 |
| 2nd | Robert Kelly | EUOC (ENG) | M20 | 81:04 |
| 3rd | Andrew Lindsay | ESOC (SCO) | M18 | 81:30 |
| 4th | Ali Robertson | GRAMP (SCO) | M21 | 82:29 |
| 5th | Huw Stradling | EUOC (SCO) | M20 | 90:43 |
| 6th | Chris Owens | DEE (GBR) | M18 | 91:31 |
| 7th | Carl Edmonds | LOC (GBR) | M18 | 107:17 |
| 8th | Jarno Saarimaki | EUOC (FIN) | M21 | 121:36 |
| 9th | Douglas Porteous | IND (SCO) | M21 | 129:41 |
| 10th | Peter Murphy | INT (SCO) | M21 | 131:01 |
| 11th | Thomas Chapman | MOR (SCO) | M20 | 184:43 |
| mp | Dominykas Kardokas | KFO (SCO) | M21 | |
| mp | James Lyne | EUOC (GBR) | M21 | |
| mp | Heini Heikkila | EUOC (FIN) | W21 | |
| mp | Ross McLennan | FVO (SCO) | M21 | 65:04 |
| mp | Ross Sanderson | ESOC (SCO) | M21 | 69:56 |
| mp | Brian Armstrong | EUOC (GBR) | M21 | 83:00 |
| mp | Marian Schimdt | EUOC (GER) | M21 | 92:08 |
| mp | Roger Bryant | MDOC (GBR) | M20 | 113:17 |
| mp | Roderick Kong | EUOC (MAS) | M21 | 114:51 |

Course 06 6.200km 200m

| Pos | Name | Club/Country | Age Class | Time |
|------|-----------------|--------------|-----------|-------|
| 1st | Barry Veitch | RR (SCO) | M40 | 67:32 |
| 2nd | Heather Hartman | INT (SCO) | W40 | 70:20 |
| 3rd | David Sloan | TAY (SCO) | M35 | 75:28 |
| 4th | Mary Ross | INT (SCO) | W35 | 79:14 |
| 5th | Jen Leonard | FVO (SCO) | W40 | 91:30 |
| 6th | Lorna Eades | INT (SCO) | W40 | 93:02 |
| 7th | Doug Flint | FVO (SCO) | M45 | 96:06 |
| 8th | Cathy Tilbrook | FVO (SCO) | W40 | 96:33 |
| 9th | Peggy Purves | FVO (SCO) | W35 | 97:46 |
| 10th | Rona Molloy | FVO (SCO) | W40 | 98:01 |
| 11th | Heather Thomson | ESOC (SCO) | W35 | 98:18 |

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|------|--------------------|------------------|-----|--------|
| 12th | Lorna Graham | GRAMP (SCO) | W40 | 99:03 |
| 13th | Richard Harper | TAY (SCO) | M40 | 100:16 |
| 14th | Alastair Dunlop | CLYDE (SCO) | M35 | 102:13 |
| 15th | Jason Simpson | STAG (SCO) | M35 | 106:04 |
| 16th | Lynne Thomas | WCOC (SCO) | W40 | 107:06 |
| 17th | Lesley Ward | SYO (GBR) | W40 | 113:43 |
| 18th | Derek Jamieson | TAY (SCO) | M40 | 116:15 |
| 19th | Jonathan Molloy | FVO (SCO) | M40 | 120:44 |
| 20th | Susannah Macmillan | ECKO (SCO) | W40 | 131:00 |
| 21st | Lars Hodin | Arsunda IF (SWE) | M40 | 136:03 |
| 22nd | Tony Hedlin | Arsunda IF (SWE) | M40 | 145:15 |
| 23rd | Simon Firth | ESOC (SCO) | M35 | 150:41 |
| mp | Beccy Osborn | FVO (SCO) | W35 | |

Course 07 5.000km 170m

| Pos | Name | Club/Country | Age Class | Time |
|------|--------------------|--------------|-----------|--------|
| 1st | Jo Shepherd | EUOC (GBR) | W20 | 44:05 |
| 2nd | Kirstin Maxwell | EUOC (SCO) | W20 | 46:25 |
| 3rd | Alice Leake | EUOC (GBR) | W20 | 46:35 |
| 4th | Rona Lindsay | ESOC (SCO) | W18 | 54:54 |
| 5th | Rozy Shepherd | INVOC (SCO) | W18 | 57:29 |
| 6th | Rosie Watson | WCOC (GBR) | W18 | 60:09 |
| 7th | Sarah Tullie | RR (SCO) | W20 | 61:01 |
| 8th | Victoria Longhurst | FVO (SCO) | W21 | 61:22 |
| 9th | Katrina McLeod | GRAMP (SCO) | W18 | 61:34 |
| 10th | Kate Robertson | GRAMP (SCO) | W21 | 67:46 |
| 11th | Helen Cromie | GRAMP (SCO) | W21 | 68:50 |
| 12th | Amy Williamson | TAY (SCO) | W21 | 84:00 |
| 13th | Martina Lejskova | TJN (CZE) | W18 | 85:30 |
| 14th | Rose Lord | WAROC (GBR) | W21 | 93:02 |
| 15th | Claire Macpherson | CLYDE (SCO) | W21 | 93:48 |
| 16th | Vanessa McMillan | ELO (SCO) | W21 | 107:12 |
| 17th | Neil McMillan | ELO (SCO) | M21 | 109:38 |
| 18th | Jane Lenton | MAROC (SCO) | W18 | 109:50 |
| 19th | Jean Bain | EUOC (SCO) | W21 | 117:56 |
| mp | Una Finnegan | EUOC (SCO) | W21 | 109:20 |

Course 08 8.200km 255m

| Pos | Name | Club/Country | Age Class | Time |
|-----|-------------------|--------------|-----------|-------|
| 1st | Martin Bagness | WAROC (GBR) | M50 | 72:15 |
| 2nd | Charlie Adams | SYO (GBR) | M45 | 72:27 |
| 3rd | Jonathan Musgrave | MAROC (SCO) | M45 | 74:28 |
| 4th | Robert Lee | INT (SCO) | M45 | 78:13 |
| 5th | Dave Robertson | CLYDE (SCO) | M45 | 78:30 |
| 6th | Martin Dean | FVO (SCO) | M50 | 83:29 |
| 7th | John Tullie | RR (SCO) | M50 | 84:37 |
| 8th | Donald Petrie | CLYDE (SCO) | M50 | 86:21 |

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|------|--------------------|-------------|-----|--------|
| 9th | Tim Griffin | GRAMP (SCO) | M45 | 89:35 |
| 10th | Alastair Mackenzie | CLOK (SCO) | M50 | 93:05 |
| 11th | Evgueni Chepelin | GRAMP (SCO) | M50 | 93:25 |
| 12th | Mike Greenwood | GRAMP (SCO) | M50 | 97:35 |
| 13th | Graham McIntyre | INT (SCO) | M50 | 98:21 |
| 14th | Alex Campbell | BASOC (SCO) | M50 | 99:26 |
| 15th | Bob Cherry | AYROC (SCO) | M50 | 104:14 |
| 16th | Sam Gomersall | GRAMP (SCO) | M50 | 106:11 |
| 17th | David Weir | MOR (SCO) | M50 | 107:04 |
| 18th | Pete Lawrence | GRAMP (SCO) | M45 | 107:32 |
| 19th | Robert Daly | GRAMP (SCO) | M50 | 109:36 |
| 20th | Kenneth Daly | INT (SCO) | M45 | 110:21 |
| 21st | Roger Coombs | MAROC (SCO) | M50 | 110:28 |
| 22nd | Graham Watson | WCOC (GBR) | M45 | 111:13 |
| 23rd | Iain Shepherd | INVOC (SCO) | M45 | 112:11 |
| 24th | Andrew Hyslop | BASOC (SCO) | M50 | 114:07 |
| 25th | Andrew Bradley | WCOC (GBR) | M45 | 116:32 |
| 26th | Gary Longhurst | FVO (SCO) | M50 | 119:05 |
| 27th | Colin Salisbury | INVOC (SCO) | M45 | 120:53 |
| 28th | Rupert Parkinson | FVO (SCO) | M45 | 123:13 |
| 29th | Andrew Armstrong | RR (SCO) | M50 | 124:53 |
| 30th | Doug Cook | STAG (SCO) | M50 | 127:41 |
| 31st | Adrian Chapman | MOR (SCO) | M45 | 128:41 |
| 32nd | Ian Howells | RAFO (SCO) | M45 | 128:52 |
| 33rd | Trevor Hoey | FVO (SCO) | M45 | 129:38 |
| 34th | Davie Frame | TAY (SCO) | M50 | 131:27 |
| 35th | John Mason | MAROC (SCO) | M45 | 131:29 |
| 36th | Colin Ledlie | INT (SCO) | M45 | 138:16 |
| 37th | Nicholas Barr | MOR (SCO) | M50 | 139:40 |
| 38th | Paul McMillan | MAROC (SCO) | M45 | 145:04 |
| 39th | Pete Owens | DEE (GBR) | M50 | 146:40 |
| 40th | Paul Frost | ECKO (SCO) | M50 | 152:14 |
| 41st | David Summers | INVOC (SCO) | M50 | 171:35 |
| mp | Robert Bloor | INT (SCO) | M50 | 76:02 |
| mp | Neil Campbell | MAROC (SCO) | M45 | 116:24 |
| mp | Mark Kassyk | ESOC (SCO) | M50 | 140:39 |

Course 09 7.500km 255m

| Pos | Name | Club/Country | Age Class | Time |
|------|----------------------|--------------|-----------|-------|
| 1st | Robert Hickling | GRAMP (SCO) | M55 | 86:48 |
| 2nd | Dave Armitage | GRAMP (SCO) | M60 | 88:02 |
| 3rd | Eddie Harwood | MOR (SCO) | M55 | 89:19 |
| 4th | Christopher Galloway | INT (SCO) | M16 | 89:29 |
| 5th | Calum McLeod | GRAMP (SCO) | M16 | 90:11 |
| 6th | John Britton | MDOC (ENG) | M60 | 90:42 |
| 7th | Andy Lewsley | BL (SCO) | M55 | 92:09 |
| 8th | Paul Duley | GRAMP (SCO) | M55 | 95:12 |
| 9th | Craig Nolan | ESOC (SCO) | M16 | 95:23 |
| 10th | Douglas McKeith | INVOC (SCO) | M55 | 96:39 |

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|------|------------------|--------------|-----|--------|
| 11th | Joshua Dudley | MAROC (SCO) | M16 | 100:28 |
| 12th | Martin Wilson | BKO (SCO) | M60 | 106:56 |
| 13th | Mike Godfree | DVO (GBR) | M60 | 107:00 |
| 14th | Andy Tivendale | MAROC (SCO) | M65 | 108:08 |
| 15th | Callum Scott | BASOC (SCO) | M55 | 108:33 |
| 16th | Ian Turner | SOLWAY (SCO) | M60 | 109:14 |
| 17th | Paul Taylor | CLOK (GBR) | M60 | 109:37 |
| 18th | Michael Adams | SYO (GBR) | M16 | 111:58 |
| 19th | Derek Fryer | LOC (GBR) | M55 | 112:18 |
| 20th | Crawford Lindsay | ESOC (SCO) | M55 | 113:08 |
| 21st | Alan Partridge | ECKO (SCO) | M60 | 115:03 |
| 22nd | David Kershaw | ESOC (SCO) | M60 | 116:47 |
| 23rd | Colin Matheson | FVO (SCO) | M55 | 117:14 |
| 24th | Dougie Condy | AYROC (SCO) | M60 | 119:37 |
| 25th | Peter Halling | CLYDE (SCO) | M60 | 122:21 |
| 26th | Murray Peden | ECKO (SCO) | M16 | 122:27 |
| 27th | Ted Finch | FVO (SCO) | M55 | 123:25 |
| 28th | Steve Buckley | LOC (GBR) | M60 | 134:37 |
| 29th | Donald Smith | TAY (SCO) | M60 | 145:47 |
| 30th | Roger Jackson | WCOC (GBR) | M60 | 150:40 |
| 31st | Leslie Dalgleish | ESOC (SCO) | M60 | 151:42 |
| 32nd | Chris Rostron | MDOC (GBR) | M60 | 152:09 |
| 33rd | Tom McKeith | INVOC (SCO) | M16 | 152:30 |
| 34th | John Nash | LOC (GBR) | M60 | 156:42 |
| 35th | Pete Younger | ELO (SCO) | M55 | 178:41 |
| 36th | John Coon | ECKO (SCO) | M60 | 190:58 |
| mp | Mark Holliday | FVO (SCO) | M55 | |
| mp | Callum Roberts | MAROC (SCO) | M16 | |
| mp | Ranald Macdonald | DVO (GBR) | M55 | |
| mp | Nicholas Maxwell | DEVON (GBR) | M55 | 83:19 |
| mp | Barry Owen | INT (SCO) | M60 | 93:35 |
| mp | Andrew Campbell | MAROC (SCO) | M16 | 112:38 |
| mp | Robin Strain | ELO (SCO) | M60 | 132:59 |

Course 11 5.200km 170m

| Pos | Name | Club/Country | Age Class | Time |
|------|---------------------|--------------|-----------|-------|
| 1st | Hazel Dean | FVO (SCO) | W45 | 47:41 |
| 2nd | Richard Oxlade | GRAMP (SCO) | M50 | 50:34 |
| 3rd | Roger Thomas | WCOC (ENG) | M50 | 52:15 |
| 4th | Carolyn McLeod | GRAMP (SCO) | W45 | 53:31 |
| 5th | Julian Lailey | SROC (GBR) | M65 | 55:24 |
| 6th | Jane Ackland | INT (SCO) | W45 | 55:54 |
| 7th | Blair Young | TINTO (SCO) | M50 | 57:44 |
| 8th | Marsela McLeod | INVOC (SCO) | W45 | 58:43 |
| 9th | Ann Haley | INT (SCO) | W45 | 59:52 |
| 10th | Mike Rodgers | MOR (SCO) | M50 | 62:25 |
| 11th | Christine Patterson | CLYDE (SCO) | W50 | 62:34 |
| 12th | Keith Brown | ESOC (SCO) | M45 | 64:06 |
| 13th | Louise Longhurst | FVO (SCO) | W45 | 64:10 |

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|------|--------------------|------------------|-----|--------|
| 14th | Dave Coustick | FVO (SCO) | M65 | 64:17 |
| 15th | Iain McLeod | GRAMP (SCO) | M50 | 64:59 |
| 16th | Nick Hale | GRAMP (SCO) | M50 | 65:02 |
| 17th | Mats Hedberg | Arsunda IF (SWE) | M55 | 65:28 |
| 18th | Richard Rae | BKO (SCO) | M65 | 66:04 |
| 19th | Ian McLean | SOLWAY (SCO) | M45 | 66:15 |
| 20th | Fran Loots | TAY (SCO) | W50 | 68:54 |
| 21st | Zoe Griffin | GRAMP (SCO) | W45 | 69:10 |
| 22nd | Lars Bengtsson | Arsunda IF (SWE) | M50 | 69:11 |
| 23rd | Robert Cranston | RR (SCO) | M45 | 69:25 |
| 24th | Lindsey Knox | RR (SCO) | W50 | 70:21 |
| 25th | Janet Adams | SYO (GBR) | W45 | 71:16 |
| 26th | Debbie Watson | WCOC (GBR) | W50 | 75:17 |
| 27th | Trevor Ricketts | MAROC (SCO) | M50 | 75:29 |
| 28th | Tricia Coombs | MAROC (SCO) | W50 | 75:37 |
| 29th | Ian Pyrah | ESOC (SCO) | M65 | 75:47 |
| 30th | Robert Philp | KFO (SCO) | M65 | 78:21 |
| 31st | Eileen Maxwell | RR (SCO) | W45 | 78:30 |
| 32nd | Helena Nolan | ESOC (SCO) | W45 | 79:19 |
| 33rd | Mark Elder | CLYDE (SCO) | M50 | 79:33 |
| 34th | Terry O'Brien | STAG (SCO) | M50 | 81:30 |
| 35th | Peter Craig | MAROC (SCO) | M65 | 82:20 |
| 36th | Julian Blow | TAY (SCO) | M50 | 83:15 |
| 37th | Malcolm Aldridge | MOR (SCO) | M50 | 83:33 |
| 38th | Elaine Gillies | TAY (SCO) | W45 | 83:54 |
| 39th | Kate Thomas | CLYDE (SCO) | W50 | 84:06 |
| 40th | Phillippa Weir | MOR (SCO) | W45 | 84:23 |
| 41st | Felicity Martin | TAY (SCO) | W55 | 85:20 |
| 42nd | Jonathan Lenton | MAROC (SCO) | M50 | 86:26 |
| 43rd | Margaret Mackenzie | WCOC (SCO) | W50 | 86:41 |
| 44th | Antony Richardson | LOC (ENG) | M65 | 86:56 |
| 45th | Geoff Price | LOC (GBR) | M65 | 87:04 |
| 46th | Lucy Galloway | INT (SCO) | W45 | 88:28 |
| 47th | Siv Howard | MAROC (SCO) | W45 | 89:57 |
| 48th | Lesley Gomersall | GRAMP (SCO) | W45 | 90:12 |
| 49th | Mike Atherton | LOC (GBR) | M65 | 90:46 |
| 50th | Rachel Scott | GRAMP (SCO) | W45 | 92:04 |
| 51st | John Collyer | SOS (GBR) | M65 | 92:28 |
| 52nd | Julian Thomas | CLYDE (SCO) | M50 | 93:44 |
| 53rd | Angela Dixon | TAY (SCO) | W45 | 94:44 |
| 54th | Jane Anderson | TAY (SCO) | W45 | 96:59 |
| 55th | Nicola Gardner | WAOC (GBR) | W55 | 98:33 |
| 56th | Keith Roberts | MAROC (SCO) | M50 | 99:54 |
| 57th | Stephen Salem | BASOC (SCO) | M45 | 100:50 |
| 58th | Roy McGregor | SROC (ENG) | M45 | 102:26 |
| 59th | Caroline Mackenzie | CLOK (GBR) | W45 | 102:56 |
| 60th | David Anderson | TAY (SCO) | M45 | 107:10 |
| 61st | Alan Bothwell | TAY (SCO) | M50 | 108:04 |
| 62nd | David Nichol | AYROC (SCO) | M50 | 115:19 |
| 63rd | Melanie Bradley | WCOC (GBR) | W50 | 116:35 |
| 64th | Robert Howard | MAROC (SCO) | M45 | 123:07 |
| 65th | David Bryant | MAROC (SCO) | M45 | 187:06 |

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|----|-----------------|-------------|-----|--------|
| mp | Jane Carcas | INT (SCO) | W45 | 104:42 |
| mp | Rick Richardson | TINTO (SCO) | M50 | 127:56 |

Course 12 4.200km 160m

| Pos | Name | Club/Country | Age Class | Time |
|-------|------------------------|--------------|-----------|-------|
| 1st | Hilary Palmer | NOC (GBR) | W60 | 58:21 |
| 2nd | Rhona McMillan | MAROC (SCO) | W16 | 61:48 |
| 3rd | Sheila Strain | ELO (SCO) | W60 | 62:15 |
| 4th | Hannah Bradley | WCOC (GBR) | W16 | 62:58 |
| 5th | Bronwyn Matthews | MAROC (SCO) | W16 | 63:27 |
| 6th | Gill Berrow | ECKO (SCO) | W55 | 63:48 |
| 7th | Catriona Walker | MAROC (SCO) | W16 | 63:55 |
| 8th | Briony Kincaid | ECKO (SCO) | W16 | 64:23 |
| 9th | Mary Williams | ESOC (SCO) | W60 | 64:49 |
| 10th | Lucy Shearer | ECKO (SCO) | W40 | 65:04 |
| 11th | Josie Stansfield | FVO (SCO) | W40 | 65:41 |
| 12th | Frances Wright | MAROC (SCO) | W16 | 67:10 |
| 13th | Bill Gauld | ESOC (SCO) | M75 | 68:24 |
| 14th | Carol Burnapp | ECKO (SCO) | W40 | 69:13 |
| 15th | Chris Lates | BL (GBR) | M70 | 69:16 |
| 16th | Les Smithard | KFO (SCO) | M55 | 70:04 |
| 17th | Frances Brown | FVO (SCO) | W16 | 70:31 |
| 18th | Katherine Hunter | ECKO (SCO) | W35 | 70:54 |
| 19th | Dave Bryant | MDOC (GBR) | M60 | 72:20 |
| 20th | Pauline McAdam | STAG (SCO) | W55 | 73:51 |
| 21st | Viv Macdonald | DVO (GBR) | W55 | 74:10 |
| 22nd | Lynne Walker | ECKO (SCO) | W55 | 74:38 |
| 23rd | Joyce Brunton | INVOC (SCO) | W55 | 76:32 |
| 24th | Michael Pearson | GRAMP (SCO) | M60 | 77:23 |
| 25th | Marie Claire Shankland | SYO (GBR) | W40 | 78:06 |
| 26th | Andrew Tarr | DEE (ENG) | M70 | 78:15 |
| 27th | Cara McMurtrie | MAROC (SCO) | W16 | 78:34 |
| 28th | Trish Carmichael | TINTO (SCO) | W60 | 80:27 |
| 29th | Bill Melville | TAY (SCO) | M70 | 81:19 |
| 30th | Kate Bryant | MDOC (GBR) | W55 | 81:32 |
| 31st | Julie Watson | ECKO (SCO) | W40 | 81:38 |
| 32nd | Anne Hickling | GRAMP (SCO) | W55 | 82:00 |
| 33rd | Valerie Belton | CLYDE (SCO) | W55 | 82:39 |
| 34th | Sally Lindsay | ESOC (SCO) | W55 | 82:47 |
| 35th | Liz Drew | HH (GBR) | W60 | 84:09 |
| 36th | Joan Noble | INVOC (SCO) | W60 | 84:19 |
| 37th | Rachel Kirkland | INT (SCO) | W40 | 87:05 |
| 38th | Claire Duncan | KFO (SCO) | W40 | 88:07 |
| 39th | Pat Squire | INT (SCO) | M60 | 88:40 |
| 40th | Trina Rogerson | ELO (SCO) | W60 | 90:15 |
| 41st= | Dick Carmichael | TINTO (SCO) | M60 | 91:10 |
| 41st= | Janet Nash | LOC (GBR) | W60 | 91:10 |
| 43rd | Gordon Neilson | ESOC (SCO) | M55 | 94:02 |
| 44th | Heather Smithard | KFO (SCO) | W60 | 95:09 |

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|------|-------------------------------|------------------|-----|--------|
| 45th | Liz Godfree | DVO (SCO) | W60 | 95:37 |
| 46th | Stewart Durham | AYROC (SCO) | M60 | 99:38 |
| 47th | Susan Coon | ECKO (SCO) | W60 | 101:09 |
| 48th | Juliet Bentley | SROC (ENG) | W40 | 101:30 |
| 49th | Anne Thom | ESOC (SCO) | W60 | 103:27 |
| 50th | Amelia Petrie | CLYDE (SCO) | W55 | 103:43 |
| 51st | Lynn Easton | CLYDE (SCO) | W40 | 106:15 |
| 52nd | Diana Turner | SOLWAY (SCO) | W60 | 107:01 |
| 53rd | Kent Ingelsson | Arsunda IF (SWE) | M55 | 108:54 |
| 54th | Valerie Springett | INVOC (SCO) | W60 | 109:39 |
| 55th | Judith Bell | ESOC (SCO) | W40 | 111:46 |
| 56th | Hilary Scott | BASOC (SCO) | W55 | 112:25 |
| 57th | Foss Foster | GRAMP (SCO) | W60 | 113:33 |
| 58th | Val Finch | FVO (SCO) | W60 | 124:48 |
| 59th | Marcella McLennan | TINTO (SCO) | W60 | 126:09 |
| 60th | Donald MacLeod | FVO (SCO) | M70 | 128:04 |
| 61st | Patrick Davey | MAROC (SCO) | M70 | 132:23 |
| 62nd | Kathleen Lessells | ESOC (SCO) | W60 | 137:14 |
| 63rd | Johnstone Findlay Macpherson- | MOR (SCO) | M60 | 171:48 |
| 64th | Jim Morrison | ESOC (SCO) | M55 | 181:20 |
| mp | Karen Maxwell | RR (SCO) | W16 | |
| mp | Donald Grassie | GRAMP (SCO) | M55 | |
| mp | Fiona Findlay | ESOC (SCO) | W60 | |
| mp | Hilary Quick | BASOC (SCO) | W55 | 47:01 |
| mp | Christopher Drew | HH (GBR) | M60 | 57:16 |
| mp | David Mawdsley | MDOC (GBR) | M70 | 61:51 |
| mp | Bill Stevenson | ESOC (SCO) | M60 | 66:28 |
| mp | David Nicol | FVO (SCO) | M55 | 103:48 |

Course 13 3.900km 110m

| Pos | Name | Club/Country | Age Class | Time |
|------|-------------------|--------------|-----------|-------|
| 1st | Gillian Hale | CLOK (GBR) | W45 | 51:01 |
| 2nd | Pat Flanagan | AYROC (SCO) | M65 | 52:52 |
| 3rd | Jane Cherry | AYROC (SCO) | W45 | 71:01 |
| 4th | Brian Spoonley | DEE (ENG) | M75 | 73:22 |
| 5th | Karen Blackburn | BL (ENG) | W65 | 73:47 |
| 6th | Jenny Collyer | SOS (GBR) | W65 | 76:35 |
| 7th | Sonia Armitage | GRAMP (SCO) | W50 | 76:50 |
| 8th | Rachel Fawthrop | ESOC (SCO) | W45 | 77:26 |
| 9th | Eleanor Pyrah | ESOC (SCO) | W65 | 78:00 |
| 10th | Marion MacCormick | BASOC (SCO) | W65 | 78:57 |
| 11th | Ceana Heron | FVO (SCO) | W20 | 79:29 |
| 12th | Heather Hale | GRAMP (SCO) | W20 | 79:31 |
| 13th | Marjory Craig | MAROC (SCO) | W65 | 79:55 |
| 14th | Jennifer Murphy | INT (SCO) | W21 | 81:41 |
| 15th | John Palmer | NOC (GBR) | M65 | 83:03 |
| 16th | Norma Coutts | ESOC (SCO) | W70 | 83:08 |
| 17th | Sheelagh Nichol | AYROC (SCO) | W50 | 84:15 |
| 18th | Megan Owens | DEE (GBR) | W50 | 88:26 |

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|------|--------------------|-------------|-----|--------|
| 19th | Christine Mahony | FVO (SCO) | W50 | 91:14 |
| 20th | Lorna Young | TINTO (SCO) | W50 | 96:02 |
| 21st | Janet Clark | ESOC (SCO) | W70 | 96:40 |
| 22nd | Patricia Alston | INT (SCO) | W45 | 98:19 |
| 23rd | Jim Clark | ESOC (SCO) | M75 | 101:30 |
| 24th | Fiona Downie | TAY (SCO) | W45 | 103:31 |
| 25th | Sue Birkinshaw | MDOC (GBR) | W70 | 106:18 |
| 26th | Erik Van Der Kam | GRAMP (SCO) | M65 | 107:35 |
| 27th | Carole Chapman | MOR (SCO) | W45 | 109:10 |
| 28th | Caz Dudley | MAROC (SCO) | W45 | 110:11 |
| 29th | Marguerite Pennell | WCOC (SCO) | W70 | 120:20 |
| 30th | Moira Laws | TAY (SCO) | W65 | 123:55 |
| mp | Ann Robertson | CLYDE (SCO) | W45 | |
| mp | Adrian Hope | BASOC (SCO) | M80 | |
| mp | Anne Hoy | GRAMP (SCO) | W50 | 87:02 |
| mp | Brian Yates | ESOC (SCO) | M65 | 118:48 |

Course 14 2.900km 100m

| Pos | Name | Club/Country | Age Class | Time |
|------|---------------------|--------------|-----------|--------|
| 1st | Stella Lewsley | BL (GBR) | W55 | 41:22 |
| 2nd | Oonagh Grassie | GRAMP (SCO) | W55 | 49:08 |
| 3rd | Janice Nisbet | ESOC (SCO) | W55 | 53:39 |
| 4th | Wendy Taylor | CLOK (GBR) | W55 | 61:21 |
| 5th | Katharine Melville | TAY (SCO) | W65 | 61:34 |
| 6th | Jayne MacGregor | GRAMP (SCO) | W55 | 73:54 |
| 7th | Lucile MacLeod | FVO (SCO) | W70 | 78:12 |
| 8th | Peter Howlett | LOC (ENG) | M70 | 78:55 |
| 9th | Maureen Brown | FVO (SCO) | W60 | 90:01 |
| 10th | Pat Spoonley | DEE (ENG) | W75 | 93:19 |
| 11th | Liz Fraser | TAY (SCO) | W65 | 97:07 |
| 12th | Ursula Oxburgh | WAOC (GBR) | W75 | 103:28 |
| 13th | Brigid Flanagan | AYROC (SCO) | W65 | 106:36 |
| 14th | Anne Pearson | GRAMP (SCO) | W55 | 110:46 |
| mp | Patricia McLaughlin | STAG (SCO) | W60 | |
| mp | Norma Atherton | LOC (GBR) | W65 | 79:15 |

Course 15 4.700km 90m

| Pos | Name | Club/Country | Age Class | Time |
|-----|--------------------|--------------|-----------|--------|
| 1st | Perrine Ponthenier | CLYDE (SCO) | | 81:59 |
| 2nd | Lisa Petrie | CLYDE (SCO) | W20 | 84:07 |
| 3rd | Saartje Drijver | ELO (SCO) | W45 | 143:38 |
| 4th | Margret Blow | TAY (SCO) | W50 | 176:53 |
| 5th | Nikolaus Blow | TAY (SCO) | M18 | 176:54 |
| mp | Will Gallier | IND (GBR) | | 107:18 |
| mp | Chris Furse | IND (SCO) | M40 | 111:23 |
| mp | Katarina Blow | TAY (SCO) | W16 | 135:27 |

Course 16 4.600km 140m

| Pos | Name | Club/Country | Age Class | Time |
|------|-----------------------------|--------------|-----------|--------|
| 1st | Alexander Chepelin | GRAMP (SCO) | M14 | 36:08 |
| 2nd | Matthew Galloway | INT (SCO) | M14 | 42:04 |
| 3rd | Daniel Stansfield | FVO (SCO) | M14 | 43:15 |
| 4th | Callum White | INVOC (SCO) | M14 | 45:11 |
| 5th | Andrew Barr | MOR (SCO) | M14 | 46:01 |
| 6th | Johnstone Camhanach Macpher | MOR (SCO) | M14 | 48:08 |
| 7th | Samuel Galloway | INT (SCO) | M14 | 54:11 |
| 8th | Noah Howlett | LOC (GBR) | M14 | 56:00 |
| 9th | Sam Garratt | CLOK (GBR) | M14 | 58:35 |
| 10th | Alex Carcas | INT (SCO) | M14 | 63:22 |
| 11th | Iain Johnson | MAROC (SCO) | M14 | 63:56 |
| 12th | Alistair Walker | MAROC (SCO) | M14 | 66:57 |
| 13th | Stian Howard | MAROC (SCO) | M14 | 71:23 |
| 14th | Joe Cherry | AYROC (SCO) | M16 | 72:05 |
| 15th | Max Ledlie | INT (SCO) | M16 | 72:42 |
| 16th | Iain Campbell | MAROC (SCO) | M14 | 79:24 |
| 17th | Oliver Ford-Bryant | MAROC (SCO) | M16 | 80:43 |
| 18th | Ross McMurtrie | MAROC (SCO) | M14 | 80:49 |
| 19th | Andrew Nichol | AYROC (SCO) | M16 | 103:05 |
| 20th | Matthew Murray | INT (SCO) | M14 | 119:30 |

Course 17 3.100km 120m

| Pos | Name | Club/Country | Age Class | Time |
|------|-------------------|--------------|-----------|-------|
| 1st | Jennifer Ricketts | MAROC (SCO) | W14 | 31:22 |
| 2nd | Lois Jefferson | LOC (GBR) | W14 | 34:17 |
| 3rd | Louise Adams | SYO (GBR) | W14 | 36:12 |
| 4th | Pascal Lardet | FVO (SCO) | M40 | 38:07 |
| 5th | Gordon Shearer | ECKO (SCO) | M40 | 45:22 |
| 6th | Robert Findlay | ESOC (SCO) | M60 | 47:36 |
| 7th | Trevor White | INVOC (SCO) | M40 | 48:43 |
| 8th | Kieran Watts | INVOC (SCO) | M12 | 54:47 |
| 9th | Elizabeth Barr | MOR (SCO) | W40 | 55:43 |
| 10th | Morag McIntyre | INT (SCO) | W50 | 58:10 |
| 11th | Gordon Macmillan | ECKO (SCO) | M40 | 60:08 |
| 12th | Andrea Lines | ECKO (SCO) | W45 | 61:29 |
| 13th | Margit Matthews | MAROC (SCO) | W40 | 65:31 |
| 14th | Sig Olsson | AIF (SWE) | | 65:36 |
| 15th | Mieke White | INVOC (SCO) | W40 | 67:40 |
| 16th | Lars Hellstrom | AIF (SWE) | | 69:05 |
| 17th | Allan McLeod | INVOC (SCO) | M50 | 83:18 |
| 18th | Helen Parkinson | FVO (SCO) | W40 | 84:51 |
| 19th | Shena Porteous | IND (SCO) | | 95:41 |
| 20th | Chloe Bell | LOC (GBR) | W16 | 97:34 |
| mp | Jack Poole | ELO (SCO) | M14 | 40:52 |
| mp | Roderick Duncan | KFO (SCO) | M45 | 61:58 |

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|----|----------------|-------------|-----|-------|
| mp | Catherine Todd | INVOC (SCO) | W45 | 91:47 |
|----|----------------|-------------|-----|-------|

Course 18 3.100km 90m

| Pos | Name | Club/Country | Age Class | Time |
|------|----------------------------|--------------|-----------|--------|
| 1st | Rowan White | INVOC (SCO) | M12 | 25:38 |
| 2nd | Callum Hunter | ECKO (SCO) | M12 | 25:55 |
| 3rd | Tom Lines | ECKO (SCO) | M12 | 29:39 |
| 4th | Freddie Carcas | INT (SCO) | M12 | 30:22 |
| 5th | Alastair Thomas | WCOC (SCO) | M12 | 31:21 |
| 6th | Grace Molloy | FVO (SCO) | W12 | 31:43 |
| 7th | Clare Stansfield | FVO (SCO) | W12 | 32:11 |
| 8th | Abigail Mason | MAROC (SCO) | W12 | 32:20 |
| 9th | Megan Ricketts | MAROC (SCO) | W12 | 33:24 |
| 10th | Max Bloor | INT (SCO) | M12 | 34:26 |
| 11th | Joseph Wright | MAROC (SCO) | M12 | 34:44 |
| 12th | Lindsay Robertson | CLYDE (SCO) | W12 | 34:51 |
| 13th | Finlay Todd | INVOC (SCO) | M12 | 35:46 |
| 14th | Jake Chapman | MAROC (SCO) | M12 | 36:48 |
| 15th | Michael Jamieson | TAY (SCO) | M12 | 38:59 |
| 16th | Roanne Lilley | ECKO (SCO) | W12 | 39:09 |
| 17th | Jenny Bradley | WCOC (GBR) | W14 | 39:13 |
| 18th | Hamish Weir | MOR (SCO) | M12 | 39:28 |
| 19th | Jenny Gallier | ESOC (SCO) | | 40:58 |
| 20th | James Ackland | INT (SCO) | M12 | 40:59 |
| 21st | Kathryn Barr | MOR (SCO) | W12 | 41:49 |
| 22nd | Emma Baird | ECKO (SCO) | W12 | 43:19 |
| 23rd | Benjamin Parkinson | FVO (SCO) | M12 | 45:36 |
| 24th | Tom Nichol | AYROC (SCO) | M14 | 47:04 |
| 25th | Thomas Edmonds | LOC (GBR) | M12 | 48:02 |
| 26th | Kenneth Maciver | MOR (SCO) | M12 | 50:03 |
| 27th | Tony Condy | AYROC (SCO) | M14 | 51:42 |
| 28th | Ashleigh Howells | MOR (SCO) | W12 | 51:52 |
| 29th | William Parkinson | FVO (SCO) | M16 | 60:31 |
| 30th | Finlay Downie | TAY (SCO) | M12 | 63:00 |
| 31st | Jura Macmillan | ECKO (SCO) | W12 | 67:37 |
| 32nd | Valerie Paterson | CLYDE (SCO) | W40 | 82:28 |
| 33rd | Laura Parkinson | FVO (SCO) | W14 | 84:36 |
| 34th | Gaganmeet Singh Chadha | IND (GBR) | | 114:00 |
| mp | Thomas Wake | TAY (GBR) | | |
| mp | Jamie Fawthrop | ESOC (SCO) | M14 | |
| mp | Aubrina Macpherson-Stewart | MOR (SCO) | W14 | 49:53 |
| mp | Jessica Howells | MOR (SCO) | W14 | 62:16 |
| mp | Terence Finnegan | IND (GBR) | | 92:15 |

Course 19 2.300km 60m

| Pos | Name | Club/Country | Age Class | Time |
|-----|------------------|--------------|-----------|-------|
| 1st | Alistair Chapman | MAROC (SCO) | M10 | 17:12 |

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|------|---------------------|-------------|-----|-------|
| 2nd | Alasdair Lilley | ECKO (SCO) | M10 | 19:50 |
| 3rd | Ewan Shearer | ECKO (SCO) | M10 | 22:53 |
| 4th | Heather Welsh | MOR (SCO) | W12 | 23:06 |
| 5th | Lizzie Stansfield | FVO (SCO) | W10 | 23:13 |
| 6th | Eilidh Shearer | ECKO (SCO) | W10 | 23:43 |
| 7th | Mairi Eades | INT (SCO) | W10 | 24:52 |
| 8th | Eloise Lardet | FVO (SCO) | W12 | 25:29 |
| 9th | Robert Jenkins | (SCO) | M10 | 25:56 |
| 10th | Tegan Gregory | MOR (SCO) | W12 | 26:41 |
| 11th | Euan Mackay | ESOC (SCO) | M12 | 27:35 |
| 12th | Mairi Weir | MOR (SCO) | W10 | 28:36 |
| 13th | Kerry Wood | ESOC (SCO) | W10 | 31:25 |
| 14th | Logan McIntyre | INT (SCO) | M10 | 32:49 |
| 15th | Emily Hunter | ECKO (SCO) | W10 | 32:59 |
| 16th | Peter Molloy | FVO (SCO) | M10 | 35:10 |
| 17th | Louis Macmillan | ECKO (SCO) | M10 | 39:24 |
| 18th | Ben Brown | ESOC (SCO) | M10 | 39:26 |
| 19th | Eric Todd | INVOC (SCO) | M10 | 39:30 |
| 20th | Josie Gomersall | GRAMP (SCO) | W10 | 41:10 |
| 21st | Carys Thomas | WCOC (SCO) | W10 | 48:35 |
| 22nd | Christopher Pearson | GRAMP (SCO) | M18 | 62:38 |
| mp | Finlay Duncan | KFO (SCO) | M10 | 30:04 |

Course 20 1.800km 30m

| Pos | Name | Club/Country | Age Class | Time |
|------|---------------------------|--------------|-----------|-------|
| 1st | Sam Griffin | GRAMP (SCO) | M10 | 18:24 |
| 2nd | Rona Shearer | ECKO (SCO) | W10 | 22:09 |
| 3rd | David Downie | TAY (SCO) | M10 | 23:22 |
| 4th | Daniel Baird | ECKO (SCO) | M10 | 23:52 |
| 5th | Rachel Brown | ESOC (SCO) | W10 | 26:18 |
| 6th | Duncan Macpherson-Stewart | MOR (SCO) | | 27:03 |
| 7th | Pierre Lardet | FVO (SCO) | M10 | 27:18 |
| 8th | Pippa Carcas | INT (SCO) | W10 | 27:51 |
| 9th | Craig Sloan | TAY (SCO) | M10 | 28:13 |
| 10th | Ewan Musgrave | MAROC (SCO) | M10 | 28:47 |
| 11th | Finlay Sloan | TAY (SCO) | | 29:59 |
| 12th | Matthew Ross | INT (SCO) | M10 | 30:33 |
| 13th | Jamie Goddard | FVO (SCO) | | 31:22 |
| 14th | Fiona Eades | INT (SCO) | W10 | 35:15 |
| 15th | Megan Brown | ESOC (SCO) | W10 | 38:08 |
| 16th | Sorley Todd | INVOC (SCO) | M10 | 38:23 |
| 17th | Lucy Hensman | FVO (SCO) | W10 | 45:17 |
| 18th | Olly Murphy | (GBR) | | 63:51 |
| 19th | Ben Sanderson | IND (GBR) | | 75:15 |
| mp | Iris Macmillan | ECKO (SCO) | W10 | ----- |
| mp | Ellis Hunter | ECKO (SCO) | M10 | 19:28 |