Scottish Orienteering Association Development Conference

'Community 'O' and the Club Night Concept'

Steve Vernon

Community 'O'

- Sport England – Whole Sport Plan (WSP)
- Weekly, local, regular activity
- Accessible to all
- Stepping stone into mainstream Orienteering

Community ‘O’

- Familiar areas – Park, School etc
- Non intimidating (Internal Participation Survey)
- Family Orientated/Social Atmosphere

Participation ‘Club Nights’ in England

EMOA – 7
NWOA – 7
NEOA – 2
YHOA – 2
SWOA - 3

SCOA – 2
EAOA – 2

Total - 25

Achieving a sustainable ‘Club Night’

- Coach Availability
- Coach Education
- Physical Training
- Shared Responsibility
- Volunteer Coordinator Course

Achieving a sustainable ‘Club Night’ continued...

- Social aspect
- Coaching....’not just for Juniors!’
- Venue
- What to charge?
- Experienced vs Newcomers

What people want....

- Newcomers – Develop skills, improve, learn the basics, social, fun.
- Club Members – Fitness, Challenge, Competition, social, fun.

What are others doing?

- **Southdowns:**
- Adventure Running theme
- Weekly Street O, Indoor Games, Park O, Score
- 2 lead coaches

- **Pendle Forest:**
- Summer Rotation
- Winter Sportshall

What are others doing?

- **Buxton (DVO):**
- Great terrain on the doorstep
- Technical most weeks
- Paid coach

- **Mansfield (NOC):**
- Beginners club
- Mentoring of coaches

Resources

- Club Coach Forum
- Club Activity Guide
- Club Physical Activity Guide
- Strength and Conditioning DVD
- Increasing Participation - Website

Questions?