

## British Orienteering Coach Qualifications – summary of key points

This document provides only a brief summary of the British Orienteering coach qualifications. For full detail see <http://www.britishorienteering.org.uk/page/coaching>.

The previous BOF scheme of 5 levels of coach qualification is being replaced by a 4-tier scheme under UKCC (UK Coaching Certificate). At present (early 2011), UKCC levels 1 and 2 have been implemented and level 3 is being worked on.

The levels map approximately as shown:

BOF L1	BOF/1 <sup>st</sup> 4Sport L2	BOF L3	BOF L4	BOF L5
UKCC L1	UKCC L2	UKCC L3	UKCC L4	

Before you book on a course, you MUST read the relevant information pack, which you'll find via the National Centre course schedule at <http://www.scottish-orienteering.org/natcen/page/national-centre-course-schedule/> However, some key points are given below.

### Course duration and format

**UKCC L1** – 3 days including assessment. In Scotland we usually do this as 3 consecutive days.

**UKCC L2** – 3 days of tuition/assessment followed by some home tasks, mentored and logged experience, then a 4<sup>th</sup> day for your observed assessment. In Scotland we usually do the 3 days of tuition/assessment as one weekend plus a single (weekend) day 1-4 weeks later. The date for your assessment is then individually arranged when you are ready – which must be within 2 years of the course start date.

For both courses you must attend for all 3 days specified.

### Summary of key points of qualifications

	<b>TD you can coach</b>	<b>Competence required</b>	<b>First Aid required</b>	<b>What/how you can coach</b>
<b>UKCC L1</b>	TD1-3	TD4	4 hours	assisting; single sessions; safe areas
<b>UKCC L2</b>	up to TD5	TD5	2 days	series of sessions; work alone/mentor others

Before you do the L2 course, you must be qualified at least at UKCC L1 or equivalent.